

BALTIMORE CITY CHILD CARE RESOURCE CENTER

# BCCCRC Professional Development Institute

RESILIENCE: THE BIOLOGY OF STRESS AND THE SCIENCE OF HOPE

# RESILIENCE THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

Please join us for our fall institute being held on Saturday, November 4, 9: a.m. to 12: noon at:

The University of Baltimore John & Frances Angelos Law Center 1319 N. Charles Street Baltimore - MD 21201

BCCCRC is excited to present the documentary film *Resilience: The Biology* of Stress and the Science of Hope followed by a panel discussion. This is a powerful documentary that explores the profound long-term effects of toxic stress,



a condition that sadly affects many of the young children in our community, and has a direct correlation to adult health problems such as heart disease, cancer and obesity.

The film documents the correlation between high ACE's (Adverse Childhood Experiences) scores to increased physical and mental health problems through life. In an entertaining format the film brings together doctors, educators and community advocates to look at the scientific data and offer solutions to help children deal with and overcome the effects of toxic stress.

After the viewing of the film a panel of local community advocates and professionals will make brief presentations and hold a Q&A session. Participants will receive 3 hours in Professionalism.

A review of the film states "Resilience" is a fascinating documentary that eloquently explains the health-care issues that confront

us directly and indirectly on a daily basis. But more than that, "Resilience" gives us the solution to this problem. Rarely do you find a documentary that highlights a problem and gives a solution. It's a film every educator, health-care provider, and lawmaker should see.

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**Training Registration Form Inside!** 

# News.

# Required Basic Health and Safety Training

The member agencies of the Maryland Child Care Resource Network, including *Baltimore City Child Care Resource Center*, have been approved by MSDE to provide a 3-hour *Basic Health and Safety Training* in-person workshop. This workshop will satisfy the pending regulation requiring all child care providers, including all center staff and family providers, to complete the training. This workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics, and Maryland Family Network, with support from the Maryland State Child Care Association. Check out the training calendar for multiple opportunities to register for the training at BCCCRC's various training sites.

# Attention Family Child Care Providers New Maryland Smoke Alarm Law

It is time for Family Child Care Providers to replace their current smoke alarms with new sealed tamper resistant smoke alarms incorporating long life batteries and a silence/hush button. All nine-volt battery-powered smoke alarms, including properly operating units, must be replaced with the new, upgraded smoke alarms by January 1, 2018. All hard-wired smoke and interconnected alarms must be replaced with the same type of alarm. The intent of the new Smoke Alarm Law was to transition away from smoke alarms with nine volt batteries and to achieve as much reliable smoke alarm coverage as possible in older dwellings. Smoke alarm technology has advanced over the years and the updates to Maryland's Smoke Alarm Law are part of a nationwide trend to ensure new and replacement smoke alarms have the most effective technology available.

# Online Trainings for Maryland Child Care Providers

The Maryland Childcare Resource Network (MCCRN), of which BCCCRC is a member, is proud to offer an online option for child care providers to meet Maryland training requirements. MCCRN provides an affordable and effective selection of courses that meet MSDE requirements. The online courses are self-paced, available 24 hours a day, 7 days a week, approved through MSDE's Office of Child Care for Core of Knowledge hours, and have printable certificates available immediately after course completion. If you are interested in trying an on-line course go to www.marylandfamilynetwork.org and look for E-leaning Options under Training for Child Care Providers.

# Important Telephone Numbers and Contacts

Baltimore City Child Care Resource Center
Main Number410-685-5150
LOCATE: Child Care (toll free)1-877-261-0060
FAX410-685-2100
Other Agencies
Office of Child Care – Region II410-554-8300
MD State Department of Education410-767-0100
Office of Child Care: Credential Branch1-866-243-8796
MSDE Early Childhood Education Help Desk1-877-605-1539
CCS Provider Helpline (toll free)1-866-243-8796
Protective Services410-361-2235
Medical Assistance/WIC410-396-9427
Child Care Food Program410-767-0214
Maryland Family Network410-659-7701
Maryland State Child Care Association (MSCCA)
Christina Peusch, Executive Director 410-820-9196
MSCCA, Baltimore City Chapter
Jennifer Dorsey, President
Baltimore Child Care Coalition
Emailbaltimorechildcarecoalition@gmail.com
Family Child Care Provider's Association, Inc.,
of Baltimore City
Florice Freeman, President410-233-2939
Bernice Diggs, Director to MSFCCA 410-325-1227



# 2017 Sandra J. Skolnik Lecture on Early Childhood Education and Advocacy

### Monday September 25 from 4:30 – 6:00 PM Johns Hopkins Bloomberg School of Public Health

Maryland Family Network welcomes author and New York Times columnist Nicholas Kristof as the speaker for the 2017 Sandra J. Skolnik Lecture on Early Childhood Education and Advocacy. A two time Pulitzer Prize winner, Kristof joined The New York Times in 1984, initially covering economics, he served as a Times correspondent in Los Angeles, Hong Kong, Beijing, and Tokyo. Kristof has also covered presidential politics and later was Associate Managing Editor of the Times, responsible for Sunday editions. His column appears every Sunday and Thursday.

Kristof has written extensively about the crucial need for early childhood education and it's economic impact on communities, bipartisan approaches to supporting children, pre-K, and poverty. With his wife, Sheryl WuDunn, he has written several books, most recently "A Path Appears" about how to make a difference in the world. Their last book, "Half the Sky: Turning Oppression into Opportunity for Women Worldwide," was a Number 1 best seller. The Kristofs are the parents of three children.

Kristof graduated Phi Beta Kappa from Harvard College and then studied law at Oxford University on a Rhodes Scholarship graduating first in his class with honors. He is known to be an engaging speaker.

This event is free and opened to the public. Seating is extremely limited so advance registration is required by September 23. A certificate for 1.5 hours of Continued Education will be awarded to early care and education professionals who attend. To register go to www.marylandfamilynetwork.org.

Special thank you to: The Bloomberg School of Public Health. The Sandra J. Skolnik Lecture is made possible by generous support from: PNC Bank, Legg Mason, M&T Bank, and Child Care Foundation, Inc.

# **Need Assistance?**

Are you ready to move up a check level in Maryland EXCELS and have questions? Do you need assistance with credentialing or accreditation? Would like guidance on professional development? Are room arrangements getting you down? Do you have concerns about behavioral or developmental issues? BCCCRC technical assistance staff members are here ready to assist you whatever your needs may be! Just call 410-685-5150, extension 258 or 272 to request assistance.

# LOCATE COMPLAINT POLICY

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint – No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: any threat to the immediate health, safety, or welfare of a child. When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/ or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, Director, LOCATE: Child Care at 410-659-7701.

# September 2017

### **WORKSHOP TRAINING SESSIONS**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9 Medication Administration
10	11 Why Play Matters	12	Supporting Language and Literacy Everyday	14 SIDS	15	Observing Infants and Toddlers
17	18 Teaching Problem Solving Throughout the Day	19	20	21 Sensory Play	22	23  Basic Health and Safety
24	25	26	27 Including All Childnre and the ADA	28	29	30  Positive Guidance for Infants and Toddlers

To register, fill out the enclosed form or go to www.bcccrc.org to register online.



1001 Eastern Avenue, 2nd Floor Baltimore, MD 21202 Office: 410-685-5150

# Training Descriptions September 2017

#### **Medication Administration (All)**

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infants, toddlers, and preschool children. This class fulfills the MSDE/ OCC requirement.

*Topic:* 6 hours Health, Safety

and Nutrition

Date: Saturday, September 9
Time: 9:00 a.m. — 3:30 p.m.
(Bring bag lunch)
Fee: \$60; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

### **Why Play Matters**

This interactive training will seek to build participants knowledge and understanding of the importance of play in the physical, cognitive and social development of children. This training will discuss the various aspects of play and the roles that each type plays in the growth and developmen in children. This training will conclude with discussing strategies for integrating developmentall appropriate practices into curriculum and daily activities to meet the individual needs of children.

Topic: 2 hours Child Development
Date: Monday, September 11
Time: 6:30 p.m. — 8:30 p.m.
Fee: \$22; Must pre-register
IMPORTANT: This class will be held at the
Baltimore Infant and Toddlers Building, 3002
Druid Park Drive, Baltimore, MD 21215

### **Supporting Language** and Literacy Everyday

In this workshop discussion will center on creating literacy rich environments in your program and how to engage young children in literacy activities to enrich their vocabulary and develop their cognitive skills.

Topic: 2 hours Curriculum; 1 hour Community Date: Wednesday, September 13 Time: 6:15 p.m. — 9:15 p.m. Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### Risk Reduction: Sudden Infant Death Syndrome

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

Date: Thursday, September 14
Time: 6:30 p.m. — 8:30 p.m.
Fee: \$22; Must pre-register

### **Observing Infants and Toddlers**

Through carefully planned observation you can learn a great deal about the development, interests, strengths and weaknesses of the very young children in your care. In this workshop we will the importance of observation, the many ways you can observe, and how to incorporate what you learn through observation into daily routines.

Topic: 4 hours Child Development Date: Saturday, September 16
Time: 9:00 a.m. — 1:00 p.m.
Fee: \$30; Must pre-register

# **Teaching Problem Solving Throughout the Day**

In this workshop discussion will center on the importance of teaching problem solving techniques to young children. We will identify problem solving steps and learn strategies to assist children as they try to solve problems.

Topic: 3 hours Child Development
Date: Monday, September 18
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register
IMPORTANT: This class will be held at
the Julie Community Center, 100 S.
Washington Street, 21231.

### **Sensory Play**

In this workshop we will explore how to enhance the young child's understanding of the world through the five senses. Strategies for providing meaningful activities that spark curiosity and help the child make sense of their surroundings will be shared.

Topic: 2 hours Curriculum
Date: Thursday, September 21
Time: 6:30 p.m. — 8:30 p.m.
Fee: \$22; Must pre-register

#### **Basic Health and Safety**

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by December 31, 2017. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety, and Nutrition

Date: Saturday, September 23
Time: 9:30 a.m. — 12:30 p.m.
Fee: \$25; Must pre-register

# Including all Children and the Americans with Disabilities Act (All)

This course fulfills the MSDE/OCC training requirement.

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

Topic: 3 hours Special Needs
Date: Wednesday, September 27
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register
IMPORTANT: This class will be held at the
Baltimore Infant and Toddlers Building, 3002
Druid Park Drive, Baltimore, MD 21215

### **Positive Guidance for Infants and Toddlers**

This class fulfills the child development requirement for first year family child care providers.

Guiding very young children with love and respect helps them develop selfesteem and self-control. In this workshop we will discuss what young children are trying to communicate through behavior and explore techniques to help develop pro-social behaviors while decreasing any negative behaviors.

Topic: 3 hours Child Development
Date: Saturday, September 30
Time: 9:30 a.m. — 12:30 p.m.
Fee: \$25; Must pre-register

### **BALTIMORE CITY CHILD CARE RESOURCE CENTER**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11 Stranger Danger	12 Helping Children Cope: Recognizing and Responding to Childhood Trauma	13	14 Medication Administration  Learning With Blocks
15	16	17	An Introduction to the ASQ-3 and the ASQ On-line	19	20	21 On Track: All Aboard for Developmental Screening
22	Supporting Breastfeeding in Child Care	FCCP: Child Development  Environments for Infants and Toddlers	Pre-School STEM	26	27	28  Emergency Preparedness
29	30  Basic Health and Safety	31  FCCP: Curriculum				

To register, fill out the enclosed form or go to www.bcccrc.org to register online.



1001 Eastern Avenue, 2nd Floor Baltimore, MD 21202 Office: 410-685-5150

# Training Descriptions October 2017

### **Stranger Danger**

This workshop will focus on teaching children about personal safety and the many ways strangers access children: outside, at home and Online. It will also delve into tips and skills to keep children safe from strangers.

Topic: 2 hours Health, Safety,

and Nutrition

Date: Wednesday, October 11 Time: 6:30 p.m. — 8:30 p.m. Fee: \$22; Must pre-register

IMPORTANT: This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

# Helping Children Cope: Recognizing and Responding to Childhood Trauma

Many of the children that you care for each day are dealing with traumatic events that impact their ability to thrive and learn. In this workshop we will look at the latest research on the impact of trauma on young children and explore concrete ways that we can help children develop coping skills to increase resilience.

Topic: 3 hours Child Development Date: Thursday, October 12
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register

#### **Medication Administration (All)**

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infants, toddlers, and preschool children. This class fulfills the MSDE/ OCC requirement.

Topic: 6 hours Health, Safety, and Nutrition

Date: Saturday, October 14
Time: 9:00 a.m. — 3:30 p.m.

(Bring bag lunch) \$60; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

### **Learning with Blocks**

Block exploration is a timeless, classic play activity that has endured through many different ideologies and theories of child development. In this workshop we will explore how playing with block from a young age provides countless opportunities for the development of language, social skills, and emergent perceptional-motor skills.

Topic: 3 hours Curriculum
Date: Saturday, October 14
Time: 9:15 a.m. — 12:15 p.m.
Fee: \$25; Must pre-register

## An Introduction to the ASQ-3 and the ASQ On-line

In this workshop discussion will center on the features of the ASQ and the ASQ Online, including administration, scoring, and referral and communicating results with families. Participants will identify the differences between different types of assessment and screening tools, including the benefits and limitations of each. Participants will discuss cultural considerations in the administration of the questionnaires, as well as in communicating results with families.

Topic: 1.5 hours Community
1.5 hours Child Development
Date: Wednesday, October 18
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25: Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

# On Track: All Aboard for Developmental Progress Overview

This course fulfills the MSDE/OCC training requirement.

This four-hour training is designed as an overview of developmental screening and its benefits. An explanation of the developmental screening MSDE/OCC regulation will be presented as well as strategies for effective communication with families and referral processes. The training will assist with the identification of developmental screening tools, appropriate collection of information and the purpose of on-going screening for children.

Topic: 2 hours Professionalism 2 hours Child Development Date: Saturday, October 21 Time: 9:00 a.m. — 1:00 p.m. Fee: \$30; Must pre-register

## **Supporting Breast Feeding** in Child Care

This class fulfills the MSDE/OCC requirement for all providers who care for infants and toddlers.

This class will focus on the new requirements and procedures for supporting the needs of families within the child care setting.

Topic: 1 hour Continuing Education
Date: Monday, October 23
Time: 6:15 p.m. — 7:15 p.m.
Fee: \$10; Must pre-register
IMPORTANT: This class will be held at
the Julie Community Center, 100 S.

Washington Street, 21231.

#### Family Child Care Pre-service Module 1 – Child Development

This workshop will cover basic child development concepts including: stages of child growth and development; an overview of leading child development theorists; and an overview of learning differences.

Topic: 4 hours Child Development Date: Tuesday, October 24
Time: 9:00 a.m. — 1:00 p.m.

Time: 9:00 a.m. — 1:00 p.m. Fee: \$30/ or \$150 for all six modules;

Must pre-register

# **Environments for Infants and Toddlers**

The physical environment where infants and toddlers spend their days is a key factor for healthy development. In this workshop we will explore the best practices for providing environments where babies thrive and grow.

*Topic:* 3 hours Child Development *Date:* Tuesday, October 24

*Time:* 6:15 p.m. — 9:15 p.m. *Fee:* \$25; Must pre-register

#### **Preschool STEM**

In this workshop STEM (Science, Technology, Engineering and Math) theory and activities will be shared. Come and learn new techniques to engage children in creative thinking and problem solving which leads to school success.

Topic: 3 hours Curriculum
Date: Wednesday, October 25
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register
IMPORTANT: This class will be held at The
Center for Jewish Education, 5708 Park
Heights Avenue, Baltimore, MD 21215

# **Emergency Preparedness – Project Security Blanket** (All)

This statewide training was developed by a team of experts from Chesapeake College on the Eastern Shore and meets the OCC required training. In this workshop discussion will center on how to be prepared for any and all emergencies. Participants will prepare a written emergency plan for their program that goes beyond the basic licensing requirements and develop an understanding of the importance of following this plan.

Topic: 6 hours Health, Safety, and Nutrition

Date: Saturday, October 28

Time: 9:00 a.m. — 3:30 p.m.

Fee: \$20; Must pre-register

### **Basic Health and Safety**

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by December 31, 2017. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety, and Nutrition

Date: Monday, October 30

Time: 6:15 pm. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at the

Baltimore Infant and Toddlers Building, 3002

### Family Child Care Pre-service Module 2 – Curriculum

Druid Park Drive, Baltimore, MD 21215

Through this workshop participants will develop a better understanding of the components of a family child care curriculum; how to create a developmentally appropriate curriculum for family child care; and how to plan and design the family child care environment.

Topic: 4 hours Curriculum
Date: Tuesday, October 31
Time: 9:00 a.m. — 1:00 p.m.

Fee: \$30/ or \$150 for all six modules;

Must pre-register

# November 2017

# WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> Dramatic Play and Young Children	FCCP: Health, Safety and Nutrition  MSDE Accreditation Orientation	3	4 Mini-conference
5	6	7	8	9 FCCP: Special Needs	10	11 Medication Administration
12	Living the Protective Factors: Build Healthy Relationships	14  Hands on Art for Infants and Toddlers	15  Basic Health and Safety	FCCP: Professionalism	17	18 Autism Spectrum Disorder
19	Including All Children and the Americans with Disabilities Act	21	22	23	24	25
26	27	28	29	30 FCCP: Community  Story Stretchers for Infants and Toddlers		

To register, fill out the enclosed form or go to www.bcccrc.org to register online.



1001 Eastern Avenue, 2nd Floor Baltimore, MD 21202 Office: 410-685-5150

# Training Descriptions November 2017

### **Dramatic Play and Young Children**

Children learn about their world through participation and imagination. Explore strategies to promote and nurture dramatic play and creativity as a way to support children as they develop higher level thinking skills.

Topic: 3 hours Curriculum
Date: Wednesday, November 1
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### Family Child Care Pre-service Module 3 – Health, Safety and Nutrition

This workshop will focus on the components of emergency preparedness, menu planning, and on health and safety concerns when caring for young children.

Topic: 4 hours Health, Safety,

and Nutrition

Date: Thursday, November 2 Time: 9:00 a.m. — 1:00 p.m.

Fee: \$30/ or \$150 for all six modules;

Must pre-register

#### **MSDE Accreditation Orientation**

This workshop is for center based child care programs.

This workshop provides an overview of the MSDE Accreditation process for child care centers. Discussion will center on the importance of accreditation as one of the components of Maryland EXCELS. Child care center directors, assistant directors, and owners should attend.

Topic: 2 hours Professionalism Date: Thursday, November 2 Time: 6:30 p.m. — 8:30 p.m. Fee: \$20; Must pre-register

# Family Child Care Pre-service Module 4 – Special Needs

This workshop will cover basic information regarding inclusive child care; the ADA requirements; and health, behavioral, and developmental issues and concerns.

Topic: 4 hours Special Needs Date: Thursday, November 9 Time: 9:00 a.m. — 1:00 p.m.

Fee: \$30/ or \$150 for all six modules;

Must pre-register

#### Risk Reduction: Sudden Infant Death Syndrome

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

Date: Thursday, November 9
Time: 6:30 p.m. — 8:30 p.m.
Fee: \$22; Must pre-register

#### **Medication Administration (All)**

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and preschool children. This class fulfills the MSDE/ OCC requirement.

Topic: 6 hours Health, Safety

and Nutrition

Date: Saturday, November 11
Time: 9:00 a.m. — 3:30 p.m.
(Bring bag lunch)
Fee: \$60; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

# Living the Protective Factors: Build Healthy Relationships

Protective factors are individual attributes that, when present, increase our well-being and ability to assist the children and families we work with on a daily basis. In this workshop we will look at "social connections" and the importance of developing strong, positive relationships.

Topic: 2 hours Community
Date: Monday, November 13
Time: 6:30 p.m. — 8:30 p.m.
Fee: \$22; Must pre-register

IMPORTANT: This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

### **Hands on Art for Infants and Toddlers**

Do you tend to shy away from art activities with the very young children in your program because you are unsure of how to keep the babies from eating paint? If so this workshop is for you! Come and explore the many ways you can provide meaningful art experiences for very young children that you can immediately begin implementing in your program.

Topic: 3 hours Curriculum

Date: Tuesday, November 14

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

### **Basic Health and Safety**

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by December 31, 2017. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety, and Nutrition

Date: Wednesday, November 15 Time: 6:15 p.m. — 9:15 p.m. Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

#### Family Child Care Pre-service Module 5 – Professionalism

This workshop will give participants the opportunity to explore and understand the importance of specific concepts and practices that will lay the foundation for a successful program including: supervision,

abuse & neglect, appropriate guidance, record keeping, marketing, contracts, policies & procedures, and developing handbooks.

Topic: 4 hours Professionalism
Date: Thursday, November 16
Time: 9:00 a.m. — 1:00 p.m.
Fee: \$30/ or \$150 for all six modules;

Must pre-register

#### **Autism Spectrum Disorder**

In this workshop, facilitated by a developmental pediatrician, information on the latest research in the field of Autism will be discussed, including the importance of early identification and intervention, Information on how to support young children on the spectrum, and their families, will be presented.

Topic: 3 hours Special Needs
Date: Saturday, November 18
Time: 9:30 a.m. — 12:30 p.m.
Fee: \$25; Must pre-register

# Including all Children and the Americans with Disabilities Act (All)

This course fulfills the MSDE/OCC training requirement.

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

Topic: 3 hours Special Needs
Date: Monday, November 20
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register
IMPORTANT: This class will be held at
the Julie Community Center, 100 S.
Washington Street, 21231.

# Family Child Care Pre-service Module 6 – Community

This workshop will focus on the importance of developing and maintaining relationships with children, families, and the larger community.

Topic: 4 hours Community
Date: Thursday, November 30
Time: 9:00 a.m. — 1:00 p.m.

Fee: \$30/ or \$150 for all six modules;

Must pre-register

# **Story Stretchers for Infants and Toddlers**

What better way to enhance a very young child's cognitive development than though books? Come to this workshop and explore the use of children's literature as a means of building your curriculum for infants and toddlers.

Topic: 3 hours Curriculum
Date: Thursday, November 30
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register

### **BALTIMORE CITY CHILD CARE RESOURCE CENTER**

# **December 2017**

### **WORKSHOP TRAINING SESSIONS**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	Basic Health and Safety
3	4	Positive Guidance and Discipline Theory	6 Fit from the Start	7	8	9 Medication Administration
10	11 Introduction to the Maryland Child Care Credential	12	13	14  Lessons from the Bowerbird and Nature	15	16  Marketing Your Family Child Care Program
17	18	19	20 Developmentally Appropriate Art	21	22	23
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To register, fill out the enclosed form or go to www.bcccrc.org to register online.



1001 Eastern Avenue, 2nd Floor Baltimore, MD 21202 Office: 410-685-5150

# **Training Descriptions December 2017**

### **Basic Health and Safety**

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by December 31, 2017. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety, and Nutrition

Date: Saturday, December 2
Time: 9:30 a.m. — 12:30 p.m.
Fee: \$25; Must pre-register

# Positive Guidance and Discipline Theory

In this workshop, facilitated by a psychologist, we will explore strategies to address behavioral concerns in a positive manner that allows the child to develop coping skills to deal with anger and frustration.

Topic: 3 hours Child Development Date: Tuesday, December 5
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register

#### **Fit from the Start**

In this workshop information on the epidemic of childhood obesity will be discussed in context of providing sound nutrition and plenty of exercise as a means of combating this disease.

Topic: 1.5 hours Health, Safety, and Nutrition

1.5 hours Curriculum

Date: Wednesday, December 6

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### **Medication Administration (All)**

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infants, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

Topic: 6 hours Health, Safety and Nutrition

Date: Saturday, December 9
Time: 9:00 a.m.-3:30 p.m.
(Bring bag lunch)
Fee: \$60; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

# **Introduction to the Maryland Child Care Credential**

If you work with children in a licensed/ registered program, you are eligible to participate in the Maryland Credential. Explore the many benefits of participation in the program - bonus money, training incentives and assistance with college degrees.

Topic: 2 hours Professionalism
Date: Monday, December 11
Time: 6:30 p.m. — 8:30 p.m.
Fee: \$22; Must pre-register
IMPORTANT: This class will be held at
the Julie Community Center, 100 S.
Washington Street, 21231

# Lessons from the Bowerbird and Nature (New)

By looking at the incredible bowerbird in nature we will discover how to incorporate natural elements inside the four walls of your program and create a world of beauty where children have many opportunities to interact with nature.

Topic: 3 hours Curriculum
Date: Thursday, December 14
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register

# **Marketing Your Family Child Care Program**

This class fulfills the professionalism requirement for first year family child care providers.

In this workshop discussion will center on the many different ways that you can market your family child care program. Strategies will be shared to help you think creatively about getting the word out regarding all your program has to offer.

Topic: 3 hours Professionalism Date: Saturday, December 16 Time: 9:30 a.m. — 12:30 p.m. Fee: \$25; Must pre-register

### **Developmentally Appropriate Art**

Learn how to make art a developmentally appropriate and integral part of the day. Explore visual arts, how to implement a variety of art experiences for children of all ages, your role in facilitating art activities and engaging children in conversation.

Topic: 2 hours Curriculum
1 hour Community
Date: Wednesday, December 20
Time: 6:15 p.m. – 9:15 p.m.
Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

# Resource Room



# Need some new ideas?

Why not stop by the Resource Room at BCCCRC and let your creative juices flow! You will find materials and ideas to enhance your program's environment.

Call 410-685-5150, ext. 258 or 269 to make an appointment.



1001 Eastern Avenue, 2nd Floor Baltimore, MD 21202 410-685-5150 Non-Profit Org. U.S. Postage **PAID** Permit No. 3812

Baltimore, MD

For more information about any of the articles in this newsletter, call BCCCRC at 410-685-5150, mention the article and we will direct your call to the BCCCRC staff member who can help you.

E-mail us at: childcare@bcccrc.org

Our mailing address is: BCCCRC 1001 Eastern Avenue 2nd Floor Baltimore, MD 21202

Our fax number is: 410-685-2100





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# **Important Registration Policies**

When registering for training classes at BCCCRC please remember the following:

- Pre-registration is required. Registration and payment must be received three days in advance of the training.
- Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration.
- Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
- A confirmation letter will be sent for all classes please read your letter carefully. You will not receive reminder cards for each class.
- Payment can be made by check, money order or credit card. No cash please.
- Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
- Workshops are for adults only. Please make child care arrangements in advance children will not be admitted to a training class.
- Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.
- In case of inclement weather, workshops held on a weeknight will be cancelled if the Baltimore County Public Schools are closed on that day. On weekends, call the Resource Center and listen to the message regarding Saturday classes.

### **TO REGISTER FOR CLASSES:**

- Complete a registration form and keep a copy for your records. Only those registrations received on a registration form will be accepted.
- Mail or deliver the completed form and payment to BCCCRC.
- Register with a credit card online at www.bcccrc.org.
- Remember registrations must be received at BCCCRC three days prior to the scheduled training.