



VOLUME 13 • ISSUE 11 • SUMMER 2017

# News

## BALTIMORE CITY CHILD CARE RESOURCE CENTER Children’s Mental Health Matters

Children’s  
Mental  
Health  
Matters.org

A MARYLAND PUBLIC  
AWARENESS CAMPAIGN

2017 COMMUNITY  
CHAMPION

WWW.CHILDRENSMENTALHEALTHMATTERS.ORG

The Children’s Mental Health Matters Campaign is a collaboration of the Mental Health Association of Maryland and the Maryland Coalition of Families with support from the Maryland Department of Health and Mental Hygiene – Behavioral Health Administration. The goal of the Campaign is to raise awareness of the importance of children’s mental health and to connect families and community members with resources.



Mental health refers to a person’s overall emotional, behavioral and psychological well-being. It impacts how a child thinks, feels and acts. Sound social emotional health is necessary for school success. Statistics show that 1 in 5 children experience a diagnosable mental health disorder each year yet only 20% are identified and receive treatment. The Campaign hopes that bringing awareness to this issue will help more Maryland families connect to the services and supports that they need.

Since 2002, Baltimore City Child Care Resource Center’s Early Intervention Project (EIP) has provided free early mental health consultation designed to help children remain in stable, quality early childhood programs and at the same time receive additional services needed to meet their mental health needs. The EIP, a part of Maryland’s Early Childhood Mental Health Consultation Project, also provides on-site support service for early childhood programs that helps programs integrate best practices for the social emotional development of children into their routines and practices. For further information on accessing the EIP support services please contact SueAnn Stottlemeyer, [ssottlemeyer@bccrc.org](mailto:ssottlemeyer@bccrc.org) or Kim Beverly-Muhammad, [kmuhammad@bccrc.org](mailto:kmuhammad@bccrc.org), or call BCCRC and ask to speak to a consultant.

Working together we can promote the importance of mental health and connect

families to the help and support that they need so that all children have the opportunity to be successful in life.

Research shows that positive social emotional development is crucial to both school readiness and a child’s lifetime ability to form relationships. When behavioral or developmental differences interfere we must work together to promote the importance of mental health and connect families to the help and support that they need so that all children have the opportunity to be successful in life.

**Inside this Issue!**

Children’s Mental Health Matters..... 1

Basic Health and Safety..... 2

Family Engagement..... 2

Good News from LOCATE Child Care.. 2

Important Telephone Numbers..... 2

2017 Emotional Wellness Conference. 3

Great Tips from for Sun Safety..... 3

Baltimore Teacher Supply SWAP..... 3

Certificate of Appreciation..... 3

Calendar..... 4-11

Important Registration Policies..... 12

**Training Registration Form Inside!**



# News

## New Required Training — Basic Health and Safety Training

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete a basic health and safety course by December 31, 2017. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations such as prevention/control of infectious diseases, SIDS, shaken baby syndrome and head trauma, food allergies, vehicle transportation safety, child abuse, building safety, and others. The Basic Health and Safety Training is being offered multiple times this summer at our various training locations. Please see the training calendar for dates and register early!

## Family Engagement

Ready At Five, in partnership with the Maryland State Department of Education, Division of Early Childhood Development, and the Institute of Innovation and Implementation University of Maryland School of Social Work, developed a Family Engagement in Early Childhood website for parents and families titled "Maryland Families Ready To Connect."

This website offers information to parents and families about what family engagement is, how to practice it and the benefits of building a partnership with providers and schools to support young children's school readiness. Website topics include school readiness, supporting transitions, partnering with providers, families as leaders and advocates, choosing quality child care, and learning from 0-3. The Family Engagement in Early Childhood website is available in both English and Spanish.

- <https://theinstitute.umaryland.edu/family-engagement/> (English)
- <https://theinstitute.umaryland.edu/family-engagement/es/> (Spanish)

## Good News from LOCATE Child Care

The LOCATE Child Care team at Maryland Family Network is happy to announce that the annual questionnaire is now available on-line for your convenience. You may complete the questionnaire on-line or print a copy to complete and mail to the LOCATE offices. See the web sites below to access additional information and the questionnaire.

### Main Questionnaire Page:

<http://www.marylandfamilynetwork.org/for-child-care-providers/provider-questionnaires/>

### Center/Group Questionnaire:

<http://www.marylandfamilynetwork.org/resources/group-program-questionnaire/>

### Family Child Care Questionnaire:

<http://www.marylandfamilynetwork.org/resources/family-child-care-questionnaire/>

## Important Telephone Numbers and Contacts

### Baltimore City Child Care Resource Center

Main Number.....410-685-5150  
LOCATE: Child Care (toll free).....1-877-261-0060  
FAX.....410-685-2100

### Other Agencies

Office of Child Care – Region II.....410-554-8300  
MD State Department of Education.....410-767-0100  
Office of Child Care: Credential Branch.....1-866-243-8796  
MSDE Early Childhood Education Help Desk...1-877-605-1539  
CCS Provider Helpline (toll free).....1-866-243-8796  
Protective Services.....410-361-2235  
Medical Assistance/WIC.....410-396-9427  
Child Care Food Program.....410-767-0214  
Maryland Family Network.....410-659-7701  
Maryland State Child Care Association (MSCCA)  
Christina Peusch, Executive Director.....410-820-9196  
MSCCA, Baltimore City Chapter  
Jennifer Dorsey, President.....443-835-0738  
Baltimore Child Care Coalition  
Email.....baltimorechildcarecoalition@gmail.com  
Family Child Care Provider's Association, Inc.,  
of Baltimore City  
Florice Freeman, President.....410-233-2939  
Bernice Diggs, Director to MSFCCA.....410-325-1227





*On March 25 the 13th Annual Emotional Wellness Conference was held at Johns Hopkins University's Charles Commons Conference Center. Thank you to all the early care and education professionals who attended and helped to make the day a success!*

## Great Tips from the Sun Safety Alliance Sun Safety Tip of the Day

**Monday:** Insect Repellants reduce sunscreen's SPF by up to 1/3. When using a combination, use a sunscreen with a higher SPF!

**Tuesday:** Over exposure to the sun's harmful rays can result in sunburns which increase your risk of developing skin cancer. Therefore, check your local UV Index which provides important information to help you plan your outdoor activities in ways that prevent overexposure to the sun. The UV Index forecast is issued each afternoon by the National Weather Service and EPA.

**Wednesday:** Seek the shade whenever possible! The sun's UV rays are strongest between 10 a.m. and 4 p.m. so remember the shadow rule when in the sun: If your shadow is short it's time to abort and seek the shade!

**Thursday:** Don't be deceived by color or cost of Sunglasses! The ability to block UV light is not dependent on the darkness of the lens or the price tag. While both plastic and glass lenses absorb some UV light, UV absorption is improved by adding certain chemicals to the lens material during manufacturing or by applying special lens coatings. Always choose sunglasses that are labeled as blocking 99-100% of UV rays. Some manufacturers' labels will say "UV absorption up to 400nm." This is the same thing as 100% UV absorption. Look before you choose!

**Friday:** Sunburn doesn't only happen during the summer! Water, snow and sand reflect the damaging rays of the sun, which can increase your chance of sunburn. Protect yourself year round by using sunscreen with protection from both UVA and UVB rays, and an SPF of 15 or greater. Wear protective clothing, such as long-sleeved shirts, pants, a wide-brimmed hat, sunglasses, and sunscreen on the exposed areas of your skin whenever possible!

**Block the Sun, Not the Fun!**

## Great Community Resource BALTIMORE Teacher Supply SWAP

The Baltimore Teacher Supply Swap equips teachers, schools, and educational programs with classroom supplies to help students learn. We do this by collecting materials that people no longer need and distributing them to those who need them. Our programmatic costs are offset through individual contributions and through selling highly-valued donations online.

The Swap is open to anyone who needs educational supplies, including teachers, parents, homeschooling families, youth programs, and child care providers. Visit the Swap to browse what's available and take what you need. Our inventory includes school supplies, arts and crafts materials, manipulatives, curriculum supplements, classroom decorations, and more. Our inventory is donation-based, so it fluctuates based on what we receive.

### Visiting Guidelines

- To get the most out of The Swap, please become a member. For information visit <http://teachersupplusswap.org>.
- Make sure to sign in when you arrive and sign out before leaving.
- If possible, bring your own bags to fill.
- No strollers are permitted in the aisles.
- Children may not play with supplies on the shelves.

### Hours

Located in south Baltimore at 1224 Wicomico Street, The Swap is opened on Thursdays from 3:00 – 5:30 & Saturdays from 11:00 – 2:00.

## Certificate of Appreciation

*In honor of*

**Child Care Provider Appreciation Day  
Baltimore City Child Care Resource Center**

invites you to use this certificate and receive a \$5.00 discount when you register for a workshop in this current calendar. Deduct \$5.00 from the registration fee, clip this certificate and mail it in with your payment and registration form.

*Thank you for your dedication to the children and families of Baltimore City.*

May 2017

May 2017

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 Building Classroom Communities	4 Mindfulness and Yoga for Young Children and Adults	5	6 Supporting Children with Disabilities and Special Health Care Needs
7	8	9 Basic Health and Safety	10 The Great Outdoors	11	12	13 Medication Administration
						Infant Toddler SEFEL: Individualized Interventions
14	15	16	17 Planning Yoga Experiences for the Early Childhood Classroom	18 Basic Health and Safety	19	20 Stress Reduction for Those Caring for Kids
21	22	23	24 Encouraging Imaginative Play	25	26	27
28	29	30	31			

To register, fill out the enclosed form or go to [www.bccrc.org](http://www.bccrc.org) to register online.



BALTIMORE CITY  
CHILD CARE  
RESOURCE  
CENTER

1001 Eastern Avenue, 2nd Floor  
Baltimore, MD 21202  
Office: 410-685-5150  
Fax: 410-685-2100

# Training Descriptions

## May 2017

### Building Classroom Communities

This training addresses the various components involved in creating a supportive classroom community. In such a classroom environment, teachers and children come to know and care about each other and develop mutual regard and concern for each other, so that everyone can learn and grow. The training explores the three major leadership styles and their impact on a classroom, and it demonstrates how to utilize essential skills for building positive relationships between all staff and children. Throughout the training, the elements of a caring classroom community are identified. It ends with practical strategies to create a personalized action plan for building a classroom community in your current classroom.

*Topic:* 1.5 hours Community;  
1.5 hours Curriculum

*Date:* Wednesday, May 3

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### Mindfulness and Yoga for Adults and Children

Research is showing that introducing young children to mindfulness activities and yoga activities helps children to focus, be calm and recognize their emotions. Come to this workshop and learn strategies to integrate yoga and mindfulness activities into your program to meet the developmental needs of the children.

*Topic:* 3 hours Curriculum

*Date:* Thursday, May 4

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$20; Must pre-register

### Supporting Children with Developmental Disabilities and Special Health Care Needs

Working with children of differing abilities is rewarding and sometimes challenging. This workshop will provide strategies to promote inclusive child care and provide support to families of children with differing abilities.

*Topic:* 3 hours Special Needs

*Date:* Saturday, May 6

*Time:* 9:15 a.m. — 12:15 p.m.

*Fee:* \$20; Must pre-register

### Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by December 31, 2017. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

*Topic:* 3 hours Health, Safety, and Nutrition

*Date:* Tuesday, May 9

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$20; Must pre-register

### The Great Outdoors

The outdoors provides an entire new learning environment for young children. In this workshop you will discover many ways to extend and enhance learning experiences in the great outdoors.

*Topic:* 3 hours Curriculum

*Date:* Wednesday, May 10

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

### Infant Toddler SEFEL Module 3: Individualized Interventions

This is the final module of the Infant Toddler SEFEL series. In this workshop we will discuss how to determine when a very young child is in need of a referral to a community resource for more intensive assessment and intervention and how to support families through this difficult time.

*Topic:* 2 hours Child Development  
4 hours Professionalism  
.5 hour Community

*Date:* Saturday, May 13

*Time:* 9:00 a.m. — 3:30 p.m.

(Bring bag lunch)

*Fee:* \$30; Must pre-register

### Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health, Safety and Nutrition

*Date:* Saturday, May 13

*Time:* 9:00 a.m. — 3:30 p.m.

(Bring bag lunch)

*Fee:* \$50; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

### Planning Yoga Experiences for the Early Childhood Program (New)

Research is showing that practicing yoga with young children provides tools to help children develop self-regulation skills. In this workshop strategies for adding yoga experiences to your daily routines will be shared.

*Topic:* 3 hours Curriculum

*Date:* Wednesday, May 17

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by December 31, 2017. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

*Topic:* 3 hours Health, Safety, and Nutrition

*Date:* Thursday, May 18

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$20; Must pre-register

### Stress Reduction for Those Caring for Kids

Early care and education is a rewarding but a demanding profession and as the saying goes “you can’t care for others if you do not care for yourself”. If you feel as though you could use a bit of a pick-me-up this workshop is for you. Come and learn easy techniques to relax and rid yourself of stress.

*Topic:* 3 hours Professionalism

*Date:* Saturday, May 20

*Time:* 9:15 a.m. — 12:15 p.m.

*Fee:* \$20; Must pre-register

### Encouraging Imaginative Play

Children use their imaginations to process the world around them and learn how to interact with others. In this workshop discussion will center on techniques and strategies to guide children’s play.

*Topic:* 3 hours Child Development

*Date:* Wednesday, May 24

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

# June 2017

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 Implementing Curriculum in Family Child Care
4	5 Basic Health and Safety	6	7 Playground Safety	8 MSDE Accreditation Orientation	9	10 Medication Administration
11	12	13 Basic Health and Safety	14 Pre-School STEM	15	16	17 Lesson Planning for Family Child Care
18	19	20	21 Stress in Early Childhood: Helping Children Cope	22 FCCP: Child Development Basic Health and Safety	23	24 On Track: All Aboard for Developmental Screening
25	26 Literacy Activities from the Mobile Literacy Lab	27	28	29 FCCP: Child Development Second Hand Smoke and Supporting Breastfeeding in Child Care	30	

To register, fill out the enclosed form or go to [www.bccrc.org](http://www.bccrc.org) to register online.



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# Training Descriptions

## June 2017

### Implementing Curriculum in Family Child Care

This is the first of a two-part training (see June 17) designed for family child care providers who are in Maryland EXCELS. In the workshop we will explore the Creative Curriculum for Family Child Care as well as discuss other strategies for designing curriculum.

**Topic:** 3 hours Professionalism

**Date:** Saturday, June 3

**Time:** 9:15 a.m. — 12:15 p.m.

**Fee:** \$20; Must pre-register

Register for this class and the class on June 17 and pay \$30 for both classes.

### Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by December 31, 2017. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

**Topic:** 3 hours Health, Safety, and Nutrition

**Date:** Monday, June 5

**Time:** 6:15 p.m. — 9:15 p.m.

**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

### Playground Safety

Keeping children safe and engaged in play while out on the playground is a crucial part of working with young children. In this workshop we will discuss best practices and regulations regarding safe outdoor play.

**Topic:** 3 hours Health, Safety and Nutrition

**Date:** Wednesday, June 7

**Time:** 6:15 p.m. — 9:15 p.m.

**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### MSDE Accreditation Orientation

This workshop provides an overview of the MSDE Accreditation process for child care centers. Discussion will center on the importance of accreditation as one of the components of Maryland EXCELS. Child care center directors, assistant directors, and owners should attend.

**Topic:** 2 hours Professionalism

**Date:** Thursday, June 8

**Time:** 6:30 p.m. — 8:30 p.m.

**Fee:** \$20; Must pre-register

### Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

**Topic:** 6 hours Health, Safety and Nutrition

**Date:** Saturday, June 10

**Time:** 9:00 a.m. — 3:30 p.m.  
(Bring bag lunch)

**Fee:** \$50; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

### Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

See description for June 5.

**Topic:** 3 hours Health, Safety, and Nutrition

**Date:** Tuesday, June 13

**Time:** 6:15 p.m. — 9:15 p.m.

**Fee:** \$20; Must pre-register

### Pre-School STEM

In this workshop STEM (Science, Technology, Engineering and Math) theory and activities will be explored. Come and learn new techniques to engage children in creative thinking and problem solving which leads to school success.

**Topic:** 3 hours Curriculum

**Date:** Wednesday, June 14

**Time:** 6:15 p.m. — 9:15 p.m.

**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

### Lesson Planning for Family Child Care

This is the second of a two-part training (see June 3) designed for family child care providers who are in Maryland EXCELS. In this workshop we will explore different methods for preparing meaningful lesson plans when working with mixed-age groups of children.

**Topic:** 3 hours Professionalism

**Date:** Saturday, June 17

**Time:** 9:15 a.m. — 12:15 p.m.

**Fee:** \$20; Must pre-register

Register for this class and the class on June 3 and pay \$30 for both classes.

### Stress in Early Childhood: Helping Children Cope (New)

In this workshop we will discuss the different degrees of stress that young children experience in their lives and explore techniques that are helpful in assisting children develop positive coping skills.

**Topic:** 2 hours Child Development

**Date:** Wednesday, June 21

**Time:** 6:30 p.m. — 8:30 p.m.

**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### Family Child Care Pre-service Module 1 – Child Development

This workshop will cover basic child development concepts including: stages of child growth and development; an overview of leading child development theorists; and an overview of learning differences.

**Topic:** 4 hours Child Development

**Date:** Thursday, June 22

**Time:** 9:00 a.m. — 1:00 p.m.

**Fee:** \$25/ or \$130 for all six modules; Must pre-register

### Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

See description for June 5.

**Topic:** 3 hours Health, Safety, and Nutrition

**Date:** Thursday, June 22

**Time:** 6:15 p.m. — 9:15 p.m.

**Fee:** \$20; Must pre-register

### On Track: All Aboard for Developmental Progress Overview

*This course fulfills the MSDE/OCC training requirement.*

This four-hour training is designed as an overview of developmental screening and its benefits. An explanation of the developmental screening tools, appropriate collection of information and the purpose of on-going screening for children.

**Topic:** 2 hours Professionalism

2 hours Child Development

**Date:** Saturday, June 24

**Time:** 9:00 a.m. — 1:00 p.m.

**Fee:** \$30; Must pre-register

### Literacy Activities from the Mobile Learning Lab

This interactive session will provide participants with ideas and strategies for using children's literature as a springboard for curriculum planning and active learning.

**Topic:** 3 hours Curriculum

**Date:** Monday, June 26

**Time:** 6:15 p.m. — 9:15 p.m.

**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

### Family Child Care Pre-service Module 2 – Curriculum

Through this workshop participants will develop a better understanding of the components of a family child care curriculum; how to create a developmentally appropriate curriculum for family child care; and how to plan and design the family child care environment.

**Topic:** 4 hours Curriculum

**Date:** Thursday, June 29

**Time:** 9:00 a.m. — 1:00 p.m.

**Fee:** \$25/ or \$130 for all six modules; Must pre-register

### Second Hand Smoke and Supporting Breastfeeding in Child Care

If you still need to complete the required breastfeeding support training come to this class and receive your required class while also participating in a newly developed training from the Baltimore City Health Department on the effects of second hand smoke on young children.

**Topic:** 1 hour Continued Education

2 hours Health, Safety & Nutrition

**Date:** Thursday, June 29

**Time:** 6:15 p.m. — 9:15 p.m.

**Fee:** \$10; Must pre-register

July 2017

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5 Basic Health and Safety	6	7	8 Early Learning Assessment, Pt 1 Medication Administration
9	10	11 Basic Health and Safety	12 Parents as Partners	13 FCCP: Health, Safety, and Nutrition	14	15 Emergency Preparedness
16	17 Basic Health and Safety	18	19 A Sense of Place: Human Geography in the Early Childhood Classroom	20 FCCP: Special Needs	21	22 Early Learning Assessment, Pt. 2
23	24	25 Lessons from the Bowerbird and Nature	26 Including All Children and the Americans with Disabilities Act	27 FCCP: Professionalism	28	29 Basic Health and Safety
30	31					

To register, fill out the enclosed form or go to [www.bccrc.org](http://www.bccrc.org) to register online.



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Baltimore, MD 21202  
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Fax: 410-685-2100

# Training Descriptions July 2017

## Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by December 31, 2017. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

**Topic:** 3 hours Health, Safety, and Nutrition

**Date:** Wednesday, July 5

**Time:** 6:15 p.m. — 9:15 p.m.

**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## Early Learning Assessment

The Early Learning Assessment (ELA) is a formative assessment tools developed by MSDE for use with children ages 36 to 72 months. In order to take the ELA training you must first complete an Interest Form by going to <http://bit.ly/elainteret>. Once your form is received and processed you will receive information from MSDE regarding registration for the training.

**Date:** Saturday, July 8  
and Saturday, July 22

**Time:** 9:00 a.m.-3:30 p.m.

**Fee:** \$45; Must pre-register

## Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

**Topic:** 6 hours Health, Safety and Nutrition

**Date:** Saturday, July 8

**Time:** 9:00 a.m. — 3:30 p.m.  
(Bring bag lunch)

**Fee:** \$50; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

## Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

See description on July 5.

**Topic:** 3 hours Health, Safety, and Nutrition

**Date:** Tuesday, July 11

**Time:** 6:15 p.m. — 9:15 p.m.

**Fee:** \$20; Must pre-register

## Parents as Partners

Research clearly indicates the positive impact of parent involvement on children's education and yet there continues to be a problem in getting parents actively engaged in early care and education programs. In this workshop discussion will center on how to form true partnerships with parents and strategies to make this

happen will be shared.

**Topic:** 3 hours Community

**Date:** Wednesday, July 12

**Time:** 6:15 p.m. — 9:15 p.m.

**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

## Family Child Care Pre-service Module 3 – Health, Safety and Nutrition

This workshop will focus on the components of emergency preparedness, menu planning, and on health and safety concerns when caring for young children.

**Topic:** 4 hours Health, Safety, and Nutrition

**Date:** Thursday, July 13

**Time:** 9:00 a.m. — 1:00 p.m.

**Fee:** \$25/ or \$130 for all six modules;  
Must pre-register

## Emergency Preparedness — Project Security Blanket (All)

This statewide training was developed by a team of experts from Chesapeake College on the Eastern Shore and meets the OCC required training. In this workshop discussion will center on how to be prepared for any and all emergencies. Participants will prepare a written emergency plan for their program that goes beyond the basic licensing requirements and develop an understanding of the importance of following this plan.

**Topic:** 6 hours Health, Safety and Nutrition

**Date:** Saturday, July 15

**Time:** 9:00 a.m.-3:30 p.m.

**Fee:** \$15; Must pre-register

## Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

See description on July 5.

**Topic:** 3 hours Health, Safety, and Nutrition

**Date:** Monday, July 17

**Time:** 6:15 p.m. — 9:15 p.m.

**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

## A Sense of Place: Human Geography in the Early Childhood Program (New)

In this workshop participants will explore some new ways to look at human geography concepts in their classrooms. The importance of communities and the need for everyone to be a part of a community will be discussed.

**Topic:** 2 hours Curriculum

**Date:** Wednesday, July 19

**Time:** 6:30 p.m. — 8:30 p.m.

**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## Family Child Care Pre-service Module 4 — Special Needs

This workshop will cover basic information regarding inclusive child care; the ADA requirements; and health, behavioral, and

developmental issues and concerns.

**Topic:** 4 hours Special Needs

**Date:** Thursday, July 20

**Time:** 9:00 a.m. — 1:00 p.m.

**Fee:** \$25/ or \$130 for all six modules;  
Must pre-register

## Lessons from the Bowerbird and Nature (New)

By looking at the incredible bowerbird in nature we will discover how to incorporate natural elements inside the four walls of your program and create a world of beauty where children have many opportunities to interact with nature.

**Topic:** 3 hours Curriculum

**Date:** Tuesday, July 25

**Time:** 6:15 p.m. — 9:15 p.m.

**Fee:** \$20; Must pre-register

## Including all Children and the Americans with Disabilities Act (All)

*This course fulfills the MSDE/OCC training requirement.*

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

**Topic:** 3 hours Special Needs

**Date:** Wednesday, July 26

**Time:** 6:15 pm — 9:15pm

**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

## Family Child Care Pre-service Module 5 — Professionalism

This workshop will give participants the opportunity to explore and understand the importance of specific concepts and practices that will lay the foundation for a successful program including: supervision, abuse & neglect, appropriate guidance, record keeping, marketing, contracts, policies & procedures, and developing handbooks.

**Topic:** 4 hours Professionalism

**Date:** Thursday, July 27

**Time:** 9:00 a.m. — 1:00 p.m.

**Fee:** \$25/ or \$130 for all six modules;  
Must pre-register

## Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

See description on July 5.

**Topic:** 3 hours Health, Safety, and Nutrition

**Date:** Saturday, July 29

**Time:** 9:15 a.m. — 12:15 p.m.

**Fee:** \$20; Must pre-register

# August 2017

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 FCCP: Community	4	5 Medication Administration
6	7 Basic Health and Safety	8	9 Beautiful Stuff: Fun with Found Materials	10	11	12 Nutrition and Active Learning
13	14	15 Basic Health and Safety	16	17	18	19 Maryland EXCELS Work Group: Moving from 1 to 2 .... 2 to 3.
20	21 Little Boy Blues	22	23 Express Yourself: How to Extend Children's Natural Forms of Self-Expression to Promote Early Literacy	24	25	26
27	28	29	30 Basic Health and Safety	31		

To register, fill out the enclosed form or go to [www.bccrc.org](http://www.bccrc.org) to register online.



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Baltimore, MD 21202  
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Fax: 410-685-2100

# Training Descriptions

## August 2017

### Family Child Care Pre-service Module 6 — Community

This workshop will focus on the importance of developing and maintaining relationships with children, families, and the larger community.

**Topic:** 4 hours Community  
**Date:** Thursday, August 3  
**Time:** 9:00 a.m. — 1:00 p.m.  
**Fee:** \$25/ or \$130 for all six modules;  
Must pre-register

### Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

**Topic:** 6 hours Health, Safety  
and Nutrition  
**Date:** Saturday, August 5  
**Time:** 9:00 a.m. — 3:30 p.m.  
(Bring bag lunch)  
**Fee:** \$50; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

### Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by December 31, 2017. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

**Topic:** 3 hours Health, Safety,  
and Nutrition  
**Date:** Monday, August 7  
**Time:** 6:15 p.m. — 9:15 p.m.  
**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

### Beautiful Stuff:

#### Fun with Found Materials

Do you have a collection of “stuff” that you are not sure what you could create with it? In this workshop we will explore how to use found materials in a creative way and engage young children in the process.

**Topic:** 3 hours Curriculum  
**Date:** Wednesday, August 9  
**Time:** 6:15 p.m. — 9:15 p.m.  
**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### Nutrition and Active Learning

Sound nutrition is extremely important for the young child’s health and well being as is purposeful activity. In this workshop principles of good nutrition and ideas for getting children up and moving will be shared.

**Topic:** 3 hours Health, Safety,  
and Nutrition  
**Date:** Saturday, August 12  
**Time:** 9:15 a.m. — 12:15 p.m.  
**Fee:** \$20; Must pre-register

### Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by December 31, 2017. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

**Topic:** 3 hours Health, Safety,  
and Nutrition  
**Date:** Tuesday, August 15  
**Time:** 6:15 p.m. — 9:15 p.m.  
**Fee:** \$20; Must pre-register

### EXCELS Work Group: Moving from Check Level 1 to 2.....or 2 to 3.

Are you participating in Maryland EXCELS and are now ready to move up to the next level? If so, this Saturday morning work group session is designed for you. Once registered you will be contacted by a technical assistance specialist to discuss what you need to bring with you to the group session.

**Date:** Saturday, August 19  
**Time:** 9:15 a.m. — 12:15 p.m.  
**Fee:** \$10; Must pre-register

### Little Boy Blues

This training reviews current statistics on the struggles boys are experiencing in the United States and recent research on why boys are not doing as well as girls. A review of current research on gender differences in development of boys, cultural expectations and the impact of the academic focus of preschool and child care programs. Strategies to address the findings are then presented.

**Topic:** 2 hours Child Development,  
1 hour Curriculum  
**Date:** Monday, August 21  
**Time:** 6:15 p.m. — 9:15 p.m.  
**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

### Express Yourself! Discovering How to Extend Children’s Natural Forms of Self-Expression to Promote Literacy Skills

In this training, participants will explore how they can use common daily activities to extend and promote pre-literacy skills and encourage the development of a positive self-image. Participants will create a plan to incorporate engaging art, music & movement, and storytelling activities that will strengthen pre-literacy skills and provide all children with the opportunity to express themselves in a free and meaningful manner.

**Topic:** 3 hours Curriculum  
**Date:** Wednesday, August 23  
**Time:** 6:30 p.m. — 8:30 p.m.  
**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by December 31, 2017. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

**Topic:** 3 hours Health, Safety,  
and Nutrition  
**Date:** Wednesday, August 30  
**Time:** 6:15 p.m. — 9:15 p.m.  
**Fee:** \$20; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD



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For more information about any of the articles in this newsletter, call BCCCRC at 410-685-5150, mention the article and we will direct your call to the BCCCRC staff member who can help you.

E-mail us at:  
[childcare@bccrc.org](mailto:childcare@bccrc.org)

Our mailing address is:  
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Our fax number is:  
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## Important Registration Policies

*When registering for training classes at BCCCRC please remember the following:*

- **Pre-registration is required. Registration and payment must be received three days in advance of the training.**
- **Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration.**
- Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
- A confirmation letter will be sent for all classes — please read your letter carefully. You will not receive reminder cards for each class.
- Payment can be made by check, money order or credit card. **No cash please.**
- Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
- Workshops are for adults only. Please make child care arrangements in advance — children will not be admitted to a training class.
- Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.
- In case of inclement weather, workshops held on a weeknight will be cancelled if the Baltimore County Public Schools are closed on that day. On weekends, call the Resource Center and listen to the message regarding Saturday classes.

### TO REGISTER FOR CLASSES:

- Complete a registration form and keep a copy for your records. Only those registrations received on a registration form will be accepted.
- Mail or deliver the completed form and payment to BCCCRC.
- Register with a credit card online at [www.bccrc.org](http://www.bccrc.org).
- Remember — registrations must be received at BCCCRC three days prior to the scheduled training.