



VOLUME 14 • ISSUE 14 • SUMMER 2018

News

BALTIMORE CITY CHILD CARE RESOURCE CENTER

Young Children and Technology

Science confirms what early care and education professionals have known for years, that infant, toddlers and preschool children learn best through exploring the environment with their whole bodies and need a great deal of one-on-one interactions, yet young children are spending more and more time engaged with screen technologies. While technology can be a tool to support early learning, technology cannot take the place of creative play and powerful interactions with caring adults. Effective uses of technology are hands-on, engaging and used as a support for children’s learning.

The National Association for the Education of Young Children and the Fred Rogers Center have published the following recommendations to guide early care and education professionals in the use of technology with young children:

1. Select, use, integrate, and evaluate technology and interactive media tools in intentional and developmentally appropriate ways, giving careful attention

to the appropriateness and the quality of the content, the child’s experience, and the opportunities for co-engagement.

2. Provide a balance of activities in programs for young children, recognizing that technology and interactive media can be valuable tools when used intentionally with children to extend and support active, hands-on, creative, and authentic engagement with those around them and with their world.

3. Prohibit the passive use of television, videos, DVDs, and other non-interactive technologies and media in early childhood programs for children younger than 2, and discourage passive and non-interactive uses with children ages 2 through 5.

4. Limit any use of technology and interactive media in programs for children younger than 2 to those that appropriately support responsive interactions between caregivers and children and that strengthen adult-child relationships.

5. Carefully consider the screen time recommendations from public health organizations for children from birth through age 5 when determining appropriate limits on technology and media use in early childhood settings.

6. Provide leadership in ensuring equitable access to technology and interactive media experiences for the children in their care and for parents and families

For additional information on the use of technology with young children check out the following web sites:

- www.naeyc.org
- www.commercialfreechildhood.org
- www.aap.org
- www.cdc.gov

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News

First Year Family Child Care Provider? If so, check this out!

Training Track and Mentoring for First Year Family Child Care Providers

First year registered family child care providers must take 18 hours of continued training during the first year of operation. In order to assist in meeting this requirement, and to offer you the opportunity to become part of a peer support group, BCCRC offers a training and mentoring track just for first year providers. For a fee of \$120 you can take eighteen- hours of training and participate in a mentoring group which will meet three times. In order to participate at the discounted rate you must register for all six classes and attend the mentoring sessions.

May 19: Nutrition and Wellness for Child Care

June 2: Building Your Parent Handbook and Contract & Mentoring Session I

June 16: Encouraging Imaginative Play

July 7: Working with Mixed Age Groups & Mentoring Session II

July 28: Helping Children Cope: Recognizing and Responding to Childhood Trauma

August 18: Supporting Children with Disabilities and Special Health Care Needs & Mentoring Session III

An Invitation from Baltimore City Child Care Coalition

The Baltimore City Child Care Coalition, a professional association made up of child care center directors, assistant directors, owners and licensed family child care providers, invites you to attend their monthly meetings and become involved in the association. The meetings are held on the last Wednesday of each month from 12: noon until 1: pm at the beautiful Park & People Foundation Center, 2100 Liberty Heights Avenue, 21217. Each meeting features a guest speaker to keep us informed of the latest issues and trends in the early childhood field. Please consider joining us for our April 25th meeting and Save the Date for our Annual Conference to be held on Saturday, August 11, at Coppin State University.

STEM in a Backpack: Teaching Science, Technology, Engineering, and Math in the Great Outdoors

Beginning in the summer of 2016 and through a generous grant from the W.R. Grace Foundation, BCCRC's Sue Penix developed an outdoor STEM education project known as STEM in a Backpack. Since the inception of this project ----- providers have participated in exploring the urban parks of Baltimore with Sue and learning how to incorporate nature based STEM activities into their preschool programs. The feedback from participants has been enthusiastic and has proven to be a "game changer" on how they introduce STEM concepts to the children in their programs and use the natural environment as a teaching tool.

Currently Sue is recruiting additional providers to join the STEM in and Backpack project. If you are interested please e-mail Sue at spenix@bccrc.org.

Important Telephone Numbers and Contacts

Baltimore City Child Care Resource Center

Main Number.....410-685-5150
LOCATE: Child Care (toll free).....1-877-261-0060
FAX.....410-685-2100

Other Agencies

Office of Child Care – Region II.....410-554-8300
MD State Department of Education.....410-767-0100
Office of Child Care: Credential Branch.....1-866-243-8796
MSDE Early Childhood Education Help Desk...1-877-605-1539
CCS Provider Helpline (toll free).....1-866-243-8796
Protective Services.....410-361-2235
Medical Assistance/WIC.....410-396-9427
Child Care Food Program.....410-767-0214
Maryland Family Network.....410-659-7701
Maryland State Child Care Association (MSCCA)
Christina Peusch, Executive Director..... 410-820-9196
MSCCA, Baltimore City Chapter
Jennifer Dorsey, President..... 443-835-0738
Baltimore Child Care Coalition
Email.....baltimorechildcarecoalition@gmail.com
Family Child Care Provider's Association, Inc.,
of Baltimore City
Florice Freeman, President.....410-233-2939
Bernice Diggs, Director to MSFCCA..... 410-325-1227



Summer Safety Tips from the Center for Disease Control and Prevention



Summer is a great time for kids to enjoy different indoor and outdoor activities. Whether they are young children or teens, learn ways to keep your kids safe and healthy while they enjoy the summer fun.

Master water safety

Water-related activities are popular for getting physical activity and have many health benefits. Here are some tips to stay safe while having fun.

Drownings are the leading cause of injury death for young children ages 1 to 4, and three children die every day as a result of drowning.

- Always supervise children when in or around water. A responsible adult should constantly watch young children.
- Teach kids to swim. Formal swimming lessons can protect young children from drowning.
- Learn cardiopulmonary resuscitation (CPR). Your CPR skills could save someone's life.
- Install a four-sided fence around home pools.

Beat the heat and sun

Heat-related illness happens when the body's temperature control system is overloaded. Infants and children up to 4 years of age are at greatest risk. Even young and healthy people can get sick from the heat if they participate in strenuous physical activities during hot weather. For heat-related illness, the best defense is prevention.

- Never leave infants, children, or pets in a parked car, even if the windows are cracked open.

- Dress infants and children in loose, lightweight, light-colored clothing.
- Schedule outdoor activities carefully, for morning and evening hours.
- Stay cool with cool showers or baths.
- Seek medical care immediate if your child has symptoms of heat-related illness.

Just a few serious sunburns can increase you and your child's risk of skin cancer later in life. Their skin needs protection from the sun's harmful ultraviolet (UV) rays whenever they're outdoors.

- Cover up. Clothing that covers your and your child's skin helps protect against UV rays.
- Use sunscreen with at least SPF (sun protection factor) 15 and UVA (ultraviolet A) and UVB (ultraviolet B) protection every time you and your child go outside.

Keep mosquitos and ticks from bugging you this summer

Protect yourself and your family by preventing bites and diseases, like Zika, West Nile virus and Lyme disease, which can be transmitted by insects.

- Use an effective insect repellent while playing outdoors.
- Make your backyard a tick-safe zone.
- Check yourself and your children for ticks. Ticks are easy to remove.

Have fun....be safe!!

Children's Mental Health Matters



Research shows that positive social emotional development is crucial to both school readiness and a child's lifetime ability to form relationships. When behavioral or developmental differences interfere we must work together to promote the importance of mental health and connect families to the help and support that they need so that all children have the opportunity to be successful in life.

The Children's Mental Health Matters Campaign 2018 is a collaboration of the Mental Health Association of Maryland and the Maryland Coalition of Families with support from the Maryland Department of Health and Mental Hygiene – Behavioral Health Administration. The goal of the Campaign is to raise awareness of the importance of children's mental health and to connect families and community members with resources. For additional information on the campaign and what you can do to promote awareness visit: www.ChildrensMentalHealthMatters.org.

News from LOCATE: Child Care

Don't forget to update your child care information with LOCATE: Child Care. The annual questionnaire is available on-line for your convenience. You may complete the questionnaire on-line or print a copy to complete and mail to the LOCATE offices. See the web sites below to access additional information and the questionnaire.

Main Questionnaire Page:

<http://www.marylandfamilynetwork.org/for-child-care-providers/provider-questionnaires/>

Center/Group Questionnaire:

<http://www.marylandfamilynetwork.org/resources/group-program-questionnaire/>

Family Child Care Questionnaire:

<http://www.marylandfamilynetwork.org/resources/family-child-care-questionnaire/>

May 2018

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5 Hands on Art for Twos
6	7	8	9 Build Your Resilience	10	11	12 Medication Administration
13	14 A Play on Literacy	15	16 Basic Health and Safety	17	18	19 Nutrition and Wellness for Child Care
20	21 Including All Children and the ADA	22	23 Summer Science Activities for Preschool Children	24	25	26
27	28	29	30 Playground Safety	31 Building Classroom Communities		

To register, fill out the enclosed form or go to www.bccrc.org to register online.



1001 Eastern Avenue, 2nd Floor
Baltimore, MD 21202
Office: 410-685-5150
Fax: 410-685-2100

Training Descriptions

May 2018

Hands on Art for Twos (NEW)

In this workshop participants will explore a variety of open ended art experiences which are age and developmentally appropriate for the young child. Discussion will center on the positive effects that art exploration provides for the developing child.

Topic: Curriculum

Date: Saturday, May 5

Time: 9:15 a.m. — 12:15 p.m.

Fee: \$25; Must pre-register

Building Your Resilience

In this workshop participants will learn how to improve resilience in their personal and professional lives. By improving resilience factors, you will be able to cope better with or recover from change, loss, adversity, and mistakes, as well as have the skills to bounce back from adverse situations.

Topic: 3 hours Professionalism

Date: Wednesday, May 9

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

Topic: 6 hours Health, Safety and Nutrition

Date: Saturday, May 12

Time: 9:00 a.m. — 3:30 p.m.
(Bring bag lunch)

Fee: \$60; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

A Play on Literacy

In this workshop discussion will center on the literacy development milestones for ages 6 months through 5 years. It is an in depth training on how to implement literacy into the classroom environment for more meaningful activities, and how to assess children's literacy development. It also includes information on how to implement adaptations for children with disabilities.

Topic: Curriculum

Date: Monday, May 14

Time: 6:30 p.m. — 8:30 p.m.

Fee: \$22; Must pre-register

IMPORTANT: This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

Basic Health and Safety

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety, and Nutrition

Date: Wednesday, May 16

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

Nutrition and Wellness for Child Care

This training is part of the First Year Family Child Care Series

Sound nutrition, proper sleep, and physical movement are all very important components for providing excellent care and programming for young children. In this workshop discussion will focus on best practices in child care and how professionals partner with families to promote wellness for young children.

Topic: Health, Safety and Nutrition

Date: Saturday, May 19

Time: 9:15 a.m. — 12:15 p.m.

Fee: \$25; Must pre-register

Including all Children and the Americans with Disabilities Act (All)

This course fulfills the MSDE/OCC training requirement.

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

Topic: 3 hours Special Needs

Date: Monday, May 21

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

Summer Science Activities for Preschool Children (NEW)

Summer is an ideal time to explore many science concepts. Flowers are in bloom, bees are gathering nectar, and animals have awoken from their sleep. This workshop explores the importance of science in the preschool classroom and looks at science activities that are related to summer.

Topic: Curriculum

Date: Wednesday, May 23

Time: 6:30 p.m. — 8:30 p.m.

Fee: \$22; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Playground Safety

Keeping children safe and engaged in play while out on the playground is a crucial part of working with young children. In this workshop we will discuss best practices and regulations regarding safe outdoor play.

Topic: Health, Safety and Nutrition

Date: Wednesday, May 30

Time: 6:15 p.m.- 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

Building Classroom Communities

This training addresses the various components involved in creating a supportive classroom community. In such a classroom environment, teachers and children come to know and care about each other and develop mutual regard and concern for each other, so that everyone can learn and grow. Practical strategies to create a personalized action plan for building a classroom community in your current classroom will be shared.

Topic: 1.5 hours Community;

1.5 hours Curriculum

Date: Thursday, May 31

Time: 6:15 p.m.-9:15 p.m.

Fee: \$25; Must pre-register

Resource Room



Need some new ideas?

Why not stop by the Resource Room at BCCRC and let your creative juices flow! You will find materials and ideas to enhance your program's environment.

Call 410-685-5150, ext. 258 or 269 to make an appointment.

June 2018

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Raindrops on Noses and Toes in the Dirt: Infants and Toddlers in the Outdoor Classroom
3	4	5	6 Basic Health and Safety	7 Math and Science Books for Babies	8	9 Medication Administration Emergency Preparedness
10	11	12	13 All Children are Gifted	14 SIDS	15	16 Encouraging Imaginative Play
17	18 Fostering a Father Friendly Environment	19	20 Exploring Social Studies Concepts with Children's Literature	21	22	23 Building Your Parent Handbook and Contract
24	25 Supporting Breastfeeding in Child Care	26	27 MSDE Accreditation Orientation	28	29	30

To register, fill out the enclosed form or go to www.bccrc.org to register online.



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Baltimore, MD 21202
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Fax: 410-685-2100

Training Descriptions

June 2018

Raindrops on Noses and Toes in the Dirt: Infants and Toddlers in the Outdoor Classroom (NEW)

This workshop takes a look at how to develop and create an outdoor classroom across all the domains of learning for infants and toddlers in your care. An outdoor classroom enables infants and toddlers to explore and experience the outdoors to increase their cognitive skills through a variety of sensory experiences

Topic: Curriculum

Date: Saturday, June 2

Time: 9:15 a.m. — 12:15 p.m.

Fee: \$25; Must pre-register

Basic Health and Safety

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety, and Nutrition

Date: Wednesday, June 6

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Math and Science Board Books for Babies (NEW)

Infants and toddlers are naturally curious about the world around them. Through the use of board books, they can begin to develop an understanding of pre-math and pre-science skills.

Topic: Curriculum

Date: Thursday, June 7

Time: 6:30 p.m. — 8:30 p.m.

Fee: \$22; Must pre-register

Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

Topic: 6 hours Health, Safety and Nutrition

Date: Saturday, June 9

Time: 9:00 a.m. — 3:30 p.m.

(Bring bag lunch)

Fee: \$60; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

Emergency Preparedness — Project Security Blanket (All)

This statewide training was developed by a team of experts from Chesapeake College on the Eastern Shore and meets the OCC required training. In this workshop discussion will center on how to be prepared for any and all emergencies. Participants will prepare a written emergency plan for their program that goes beyond the basic licensing requirements and develop an understanding of the importance of following this plan.

Topic: 6 hours Health, Safety & Nutrition

Date: Saturday, June 9

Time: 9:00 a.m. — 3:30 p.m.

Fee: \$20; Must pre-register

All Children are Gifted

This interactive workshop is designed to increase understanding of special needs children and provide strategies to develop appropriate programming and environments.

Topic: Special Needs

Date: Wednesday, June 13

Time: 6:30 p.m. — 8:30 p.m.

Fee: \$22; Must pre-register

IMPORTANT: This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

Risk Reduction: Sudden Infant Death Syndrome

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

Date: Thursday, June 14

Time: 6:30 p.m. — 8:30 p.m.

Fee: \$22; Must pre-register

Encouraging Imaginative Play

This training is part of the First Year Family Child Care Series

Children use their imaginations to process the world around them and learn how to interact with others. In this workshop discussion will center on techniques and strategies to guide children's play.

Topic: Child Development

Date: Saturday, June 16

Time: 9:15 a.m. — 12:15 p.m.

Fee: \$25; Must pre-register

Fostering a Father Friendly Environment

In this workshop discussion will center on the importance of providing opportunities to engage fathers and strategies to establish activities and routines that will allow fathers to be more actively engaged in your program.

Topic: Community

Date: Monday, June 18

Time: 6:30 p.m. — 8:30 p.m.

Fee: \$22; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

Exploring Social Studies Concepts with Children's Literature

Young children are naturally curious about the people and places in their world, this desire to learn about their world is what social studies is all about. Creating a learning environment that encourages exploration of our world and its people is an important component of early education. Children's literature that focuses on the various concepts of social studies is an ideal catalyst to help children learn about the world and its peoples.

Topic: Curriculum

Date: Wednesday, June 20

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Building Your Parent Handbook and Contract

This training is part of the First Year Family Child Care Series

This workshop is designed to assist programs in meeting the Maryland EXCELS standard. We will review components of a parent handbook and contract and work together to either create a new document or revise a current one.

Topic: 3 hours Professionalism

Date: Saturday, June 23

Time: 9:15 a.m. — 12:15 p.m.

Fee: \$25; Must pre-register

Supporting Breast Feeding in Child Care

This class fulfills the MSDE/OCC requirement for all providers who care for infants and toddlers.

This class will focus on the new requirements and procedures for supporting the needs of families within the child care setting.

Topic: 1 hour Continuing Education

Date: Monday, June 25

Time: 6:15 p.m. — 7:15 p.m.

Fee: \$10; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

July 2018

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7 Working with Mixed Age Groups
8	9	10 Mindfulness and Yoga for Young Children and Adults	11 Know Teach Love: Preschool, Part 1	12 FCCP: Child Development Loveable Ones	13	14 Medication Administration
15	16	17	18 Social Studies All Around Me	19 FCCP: Curriculum Basic Health and Safety	20	21 Terrific Twos
22	23 Working Together: The Importance of Community Helpers in Our Daily Lives	24	25 Know Teach Love: Preschool, Part 2	26 FCCP: Health, Safety & Nutrition	27	28 Helping Children Cope: Recognizing and Responding to Childhood Trauma
29	30 Including All Children and the ADA	31				

To register, fill out the enclosed form or go to www.bccrc.org to register online.



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Training Descriptions July 2018

Working with Mixed Age Groups

This training is part of the First Year Family Child Care Series

Working with mixed age groups can be a wonderful but challenging experience. In this workshop you will learn techniques that will help you work with children of all ages in your family child care home.

Topic: 3 hours Curriculum
Date: Saturday, July 7
Time: 9:15 a.m. — 12:15 p.m.
Fee: \$25; Must pre-register

Mindfulness and Yoga for Young Children and Adults

Research shows that introducing young children to mindfulness activities and yoga activities helps children to focus, be calm, and recognize their emotions. Come to this workshop and learn strategies to integrate yoga and mindfulness activities into your program to meet the developmental needs of children.

Topic: Curriculum
Date: Tuesday, July 10
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register

Know, Teach, Love: Preschool

In this workshop, which is based on the principles of social emotional learning, participants will learn the importance of program planning and how to use developmentally appropriate guidelines to plan effectively. Strategies will be explored on how to understand and meet the needs of individual children.

Topic: 2 hours Child Development
2 hours Community
2 hours Special Needs
Date: Wednesday, July 11 and July 25
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$45; Must pre-register for both dates

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Family Child Care Pre-service Module 1 – Child Development

This workshop will cover basic child development concepts including: stages of child growth and development; an overview of leading child development theorists; and an overview of learning differences.

Topic: 4 hours Child Development
Date: Thursday, July 12
Time: 9:00 a.m. — 1:00 p.m.
Fee: \$30/ or \$160 for all six modules; Must pre-register

Loveable Ones

Play based learning experiences for the "Loveable One" are based on developmentally appropriate practice and our knowledge of young toddler development across all the domains of learning. Providers will explore how to use what they know about child development to create meaningful fun learning experiences for these loveable and fun learners.

Topic: Curriculum

Date: Thursday, July 12
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register

Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

Topic: 6 hours Health, Safety and Nutrition
Date: Saturday, July 14
Time: 9:00 a.m. — 3:30 p.m.
(Bring bag lunch)
Fee: \$60; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

Social Studies All Around Me (New)

In this workshop discussion will center on tapping into the young child's natural curiosity of the world through the exploration of the community in which we live.

Topic: Curriculum
Date: Wednesday, July 18
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register

IMPORTANT: This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

Family Child Care Pre-service Module 2 — Curriculum

Through this workshop participants will develop a better understanding of the components of a family child care curriculum; how to create a developmentally appropriate curriculum for family child care; and how to plan and design the family child care environment.

Topic: 4 hours Curriculum
Date: Thursday, July 19
Time: 9:00 a.m. — 1:00 p.m.
Fee: \$30/ or \$160 for all six modules; Must pre-register

Basic Health and Safety

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety, and Nutrition
Date: Thursday, July 19
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register

Terrific Twos

The two year old is full of wonder and curiosity. They are beginning to show signs of independence. This workshop takes a look at the two year and how the environment as the "third teacher" can help terrific two year olds growth.

Topic: Curriculum
Date: Saturday, July 21
Time: 9:30 a.m. — 12:30 p.m.
Fee: \$25; Must pre-register

Working Together: The Importance of Community Helpers in Our Daily Lives (New)

Community Helpers are all around us supporting our communities and neighborhoods. In this workshop you will learn about how to introduce the people in your neighborhood to the children in your care.

Topic: 2 hours Curriculum
Date: Monday, July 23
Time: 6:30 pm — 8:30pm
Fee: \$22; Must pre-register

IMPORTANT: This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

Family Child Care Pre-service Module 3 – Health, Safety and Nutrition

This workshop will focus on the components of emergency preparedness, menu planning, and on health and safety concerns when caring for young children.

Topic: 4 hours Health, Safety, and Nutrition
Date: Thursday, July 26
Time: 9:00 a.m. — 1:00 p.m.
Fee: \$30/ or \$160 for all six modules; Must pre-register

Helping Children Cope: Recognizing and Responding to Childhood Trauma (New)

This training is part of the First Year Family Child Care Series

Many of the children that you care for each day are dealing with traumatic events that impact their ability to thrive and learn. In this workshop we will look at the latest research on the impact of trauma on young children and explore concrete ways that we can help children develop coping skills to increase resilience.

Topic: 3 hours Child Development
Date: Saturday, July 28
Time: 9:15 am — 12:15pm
Fee: \$25; Must pre-register

Including all Children and the Americans with Disabilities Act (All)

This course fulfills the MSDE/OCC training requirement.

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

Topic: 3 hours Special Needs
Date: Monday, July 30
Time: 6:15 pm — 9:15pm
Fee: \$25; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

August 2018

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 FCCP: Special Needs	3	4 Sensory Play for Infants and Toddlers
5	6	7	8 Math Activities Using Children's Literature	9 FCCP: Professionalism	10	11 Medication Administration
12	13	14 Planning Yoga Experiences for the Preschool Classroom	15	16 FCCP: Community Basic Health & Safety	17	18 Supporting Children with Disabilities and Special Health Care Needs
19	20 How to Create Meaningful Lesson Plans	21	22 Classroom Schedules and Transitions: Tricks and Tips to Help Your Day Run Smoothly	23 SIDS	24	25 Learning with Blocks
26	27 Why Play Matters	28	29	30	31	

To register, fill out the enclosed form or go to www.bccrc.org to register online.



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Office: 410-685-5150
Fax: 410-685-2100

Training Descriptions

August 2018

Family Child Care Pre-service Module 4 – Special Needs

This workshop will cover basic information regarding inclusive child care; the ADA requirements; and health, behavioral, and developmental issues and concerns.

Topic: 4 hours Special Needs

Date: Thursday, August 2

Time: 9:00 a.m. — 1:00 p.m.

Fee: \$30/ or \$150 for all six modules;
Must pre-register

Sensory Play for Infants and Toddlers

In this workshop we will explore how to enhance the young child's understanding of the world through the five senses. Strategies for providing meaningful activities that spark curiosity and help the child make sense of their surroundings will be shared.

Topic: Curriculum

Date: Saturday, August 4

Time: 9:30 a.m. — 11:30 a.m.

Fee: \$22; Must pre-register

Math Activities Using Children's Literature

This workshop explores the many ways of creating a classroom environment that stimulates mathematical thinking, and preparing fun math activities based on children's literature.

Topic: Curriculum

Date: Wednesday, August 8

Time: 6:15 p.m. - 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Family Child Care Pre-service Module 5 – Professionalism

This workshop will give participants the opportunity to explore and understand the importance of specific concepts and practices that will lay the foundation for a successful program including: supervision, abuse & neglect, appropriate guidance, record keeping, marketing, contracts, policies & procedures, and developing handbooks.

Topic: 4 hours Professionalism

Date: Thursday, August 9

Time: 9:00 a.m. — 1:00 p.m.

Fee: \$30/ or \$150 for all six modules;
Must pre-register

Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

Topic: 6 hours Health, Safety
and Nutrition

Date: Saturday, August 11

Time: 9:00 a.m. — 3:30 p.m.

(Bring bag lunch)

Fee: \$60; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

Planning Yoga Experiences for the Preschool Classroom

In this workshop strategies for adding yoga experiences to your daily routine will be shared. We will look at research that explains how practicing yoga with young children provides them with tools to develop self-regulation skills.

Topic: Curriculum

Date: Tuesday, August 14

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

Family Child Care Pre-service Module 6 – Community

This workshop will focus on the importance of developing and maintaining relationships with children, families, and the larger community.

Topic: 4 hours Community

Date: Thursday, August 16

Time: 9:00 a.m. — 1:00 p.m.

Fee: \$30/ or \$160 for all six modules;
Must pre-register

Basic Health and Safety

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety,
and Nutrition

Date: Thursday, August 16

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

Supporting Children with Disabilities and Special Health Care Needs

This training is part of the First Year Family Child Care Series

Working with children of differing abilities is rewarding and sometimes challenging. This workshop will provide strategies to promote inclusive child care and provide support to families of children with differing abilities.

Topic: Special Needs

Date: Saturday, August 18

Time: 9:15 a.m. — 12:15 p.m.

Fee: \$25; Must pre-register

How to Create Meaningful Lesson Plans (New)

In this workshop we will look at various ways to develop lesson plans that meet the individual needs of children and embrace all the domains of learning. We will move beyond the grid with activities filled in to a well-developed and logical way of lesson planning.

Topic: Curriculum

Date: Monday, August 20

Time: 6:15 p.m. - 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

Classroom Schedules and Transitions: Tricks and Tips to Help Your Day Run Smoothly (New)

As we begin a new school when could be a better time to examine strategies that will make your day run smoother and will help young children learn how to transition between activities? Come to this workshop and learn some important tips that will make those difficult transitions become part of the overall learning experience.

Topic: Curriculum

Date: Wednesday, August 22

Time: 6:15 p.m. - 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Risk Reduction:

Sudden Infant Death Syndrome

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

Date: Thursday, August 23

Time: 6:30 pm – 8:30pm

Fee: \$22; Must pre-register

Learning with Blocks

Block exploration is a timeless, classic play activity that has endured through many different ideologies and theories of child development. In this workshop we will explore how playing with block from a young age provides countless opportunities for the development of language, social skills, and emergent perceptual-motor skills.

Topic: Curriculum

Date: Saturday, August 18

Time: 9:15 a.m. — 12:15 p.m.

Fee: \$25; Must pre-register

Why Play Matters

This interactive training will seek to build participants knowledge and understanding of the importance of play in the physical, cognitive and social development of children. This training will discuss the various aspects of play and the roles that each type plays in the growth and development in children. This training will conclude with discussing strategies for integrating developmentally appropriate practices into curriculum and daily activities to meet the individual needs of children.

Topic: Child Development

Date: Monday, August 27

Time: 6:30pm — 8:30 pm

Fee: \$22; Must pre-register

IMPORTANT: This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215



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For more information about any of the articles in this newsletter, call BCCCRC at 410-685-5150, mention the article and we will direct your call to the BCCCRC staff member who can help you.

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Important Registration Policies

When registering for training classes at BCCCRC please remember the following:

- **Pre-registration is required. Registration and payment must be received three days in advance of the training.**
- **Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration.**
- Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
- A confirmation letter will be sent for all classes — please read your letter carefully. You will not receive reminder cards for each class.
- Payment can be made by check, money order or credit card. **No cash please.**
- Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
- Workshops are for adults only. Please make child care arrangements in advance — children will not be admitted to a training class.
- Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.
- In case of inclement weather, workshops held on a weeknight will be cancelled if the Baltimore County Public Schools are closed on that day. On weekends, call the Resource Center and listen to the message regarding Saturday classes.

TO REGISTER FOR CLASSES:

- Complete a registration form and keep a copy for your records. Only those registrations received on a registration form will be accepted.
- Mail or deliver the completed form and payment to BCCCRC.
- Register with a credit card online at www.bccrc.org.
- Remember — registrations must be received at BCCCRC three days prior to the scheduled training.