



VOLUME 14 • ISSUE 17 • SUMMER 2019

# News

BALTIMORE CITY CHILD CARE RESOURCE CENTER

## Children’s Mental Health Matters



What better time than the month of May to introduce BCCRC’s early childhood behavioral consultants. We are pleased that Suzanne Funk and Jade Benemerito have joined our staff and have brought with them years of experience and expertise to our program. Suzanne and Jade have truly hit the ground running and are providing early childhood mental health consultation services throughout the community.

Since 2002, Baltimore City Child Care Resource Center’s Early Intervention Project (EIP) has provided free early mental health consultation designed to help children remain in stable, quality early childhood programs and at the same time receive additional services needed to meet their mental health needs. The EIP, a part of Maryland’s Early Childhood Mental Health Consultation Project, also provides on-site support service for early childhood programs that helps programs integrate best practices for the social emotional development of children into their routines and practices. For further information on accessing the EIP support services please contact Suzanne Funk, [sfunk@bccrc.org](mailto:sfunk@bccrc.org) or Jade Benemerito, [jbenemerito@bccrc.org](mailto:jbenemerito@bccrc.org), or call BCCRC and ask to speak to a consultant.

Each May the State of Maryland promotes the Children’s Mental Health Matters Campaign. The campaign is a collaboration of the Mental Health Association of Maryland and the Maryland Coalition of Families with support from the Maryland Department of Health and Mental Hygiene – Behavioral Health Administration with the goal of raising awareness of the importance of children’s mental health and to connect families and community members with resources.

Mental health refers to a person’s overall emotional, behavioral and psychological well-being. It impacts how a child thinks, feels and acts. Sound social emotional health is necessary for school success. Statistics show that 1 in 5 children experience a diagnosable mental health disorder each year yet only 20% are identified and receive treatment. The Campaign hopes that bringing awareness to this issue will help more Maryland families connect to the services and supports that they need including BCCRC’s Early Intervention Project.  
*(Continued on page 2)*



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# News

## Children's Mental Health Matters

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Research shows that positive social emotional development is crucial to both school readiness and a child's lifetime ability to form relationships. When behavioral or developmental differences interfere we must work together to promote the importance of mental health and connect families to the help and support that they need so that all children have the opportunity to be successful in life.

## First Year Family Child Care Provider? If so, check this out!

### Training Track and Mentoring for First Year Family Child Care Providers

First year registered family child care providers must take 18 hours of continued training during the first year of operation. In order to assist in meeting this requirement, and to offer you the opportunity to become part of a peer support group, BCCRC offers a training and mentoring tract just for first year providers. For a fee of \$120 you can take eighteen- hours of training and participate in a mentoring group which will meet two times. In order to participate at the discounted rate you must register for all six classes and attend the mentoring sessions. To register please call 410-685-5150, extension 277.

May 4:	Positive Words for Positive Actions (Child Development)
June 1:	Family and Community Partnerships (Community) Mentoring Session I
June 10:	Autism Spectrum Disorder: A Child's Perspective (Special Needs)
July 15:	Nutrition and Wellness for Child Care (Health, Safety, and Nutrition)
August 3:	Making Policies and Contracts Work for Your Family Child Care (Professionalism)
August 17:	Working with Mixed Age Groups (Curriculum) Mentoring Session II

## Books.... Teaching Tools.... and Conversation



Mark your calendars and plan to attend an evening for child care professionals as The Maryland Book Bank and The Baltimore Teacher Supply Swap throw open their door on Thursday, May 16th, from 6:pm to 8:pm. These two non-profits are co-located at 1794 Union Avenue, Baltimore, 21211. BCCRC signs will be posted directing you back through the warehouses to the entrance. Light refreshments will be served and music will be playing as you search the stacks and shelves for books and materials for your program. Please join us!

### Important Telephone Numbers and Contacts

#### Baltimore City Child Care Resource Center

Main Number.....410-685-5150  
LOCATE: Child Care (toll free).....1-877-261-0060  
FAX.....410-685-2100

#### Other Agencies

Office of Child Care – Region II.....410-554-8300  
MD State Department of Education.....410-767-0100  
Office of Child Care: Credential Branch.....1-866-243-8796  
MSDE Early Childhood Education Help Desk...1-877-605-1539  
CCS Provider Helpline (toll free).....1-866-243-8796  
Protective Services.....410-361-2235  
Medical Assistance/WIC.....410-396-9427  
Child Care Food Program.....410-767-0214  
Maryland Family Network.....410-659-7701  
Maryland State Child Care Association (MSCCA)  
Christina Peusch, Executive Director..... 410-820-9196  
MSCCA, Baltimore City Chapter  
Jennifer Dorsey, President..... 443-835-0738  
Baltimore Child Care Coalition  
Email.....baltimorechildcarecoalition@gmail.com  
Family Child Care Provider's Association, Inc.,  
of Baltimore City  
Florice Freeman, President.....410-233-2939  
Bernice Diggs, Director to MSFCCA..... 410-325-1227



# Celebrating Early Childhood at the Movies! Earn two COK Training Hours & More!!

BCCRC, in partnership with MDAEYC, invites you to attend a screening of the feature-length documentary film *No Small Matter*. The film, which will open in movie theaters across the country in June, is part of a national engagement campaign to redefine the public understanding of what's going on in a child's brain from birth to age five and to push the needs of young children to the top of the national social and political agenda.

**This is a free event.** All early care and education providers who attend the film will receive two COK hours in professionalism as well as a coupon for 50% off of any class being offered at BCCRC through August. Bring a parent from your program, or a community member, and receive two coupons!

## To register for the *No Small Matter* Screening:

Where: Friends School: Forbush Auditorium  
5114 N. Charles Street, Baltimore, MD 21210  
(free parking)

When: Wednesday, May 8th, 6:pm to 9:pm

Registration: Register at [www.mdaeyc.org](http://www.mdaeyc.org)  
(look for May 8th Event)



## Like us on Facebook for latest updates!



Become a "friend" and receive the latest news and information from the Resource Center.

# NEW Professional Development Opportunities for Infant and Toddler Teachers

Are you an infant toddler caregiver? If so, BCCRC will hold four new infant and toddler trainings this summer and two "tried but true". For more information please see the course descriptions. Any family child care provider or child care center infant toddler staff member who signs up for four infant toddler trainings will receive all four trainings for the price of two!! In order to take advantage of this offer you must call 410-685-5150, extension 277 or 269 to register.

May 9:	Why Do Toddlers Bite? (New)
May 18:	Indoor and Outdoor Nature Based Learning for Infants and Toddlers (New)
June 15:	Nurturing Brain Development (New)
July 27:	Behavior Guidance for Infants and Toddlers (New)
July 31:	Understanding Developmentally Appropriate Practice with Infants and Toddlers
August 8 & 29:	An Introduction to Healthy Beginnings

## Important Information from B'more for Healthy Babies



The Baltimore City Health Department is asking the early care and education community to help promote safe sleep. In recent months there has been an uptick in the number of babies in Baltimore City who have died while sleeping, 6 deaths in just two months. The Safe Sleep Campaign is asking that you promote the four rules for safe sleep to all of you the families who enroll an infant into your program.

When putting a baby to sleep make sure they are:

- Alone – Most sleep-related deaths occur when babies sleep with an adult or another child, in an adult bed or sofa.
- Positioned on their back – Babies are less likely to choke while laying on their backs.
- In a crib - With just a tight fitting sheet on a firm mattress. No blankets, pillows, crib bumpers, Boppy, or stuffed animals.
- Never exposed to second hand smoke – Smoke in the home makes it harder for babies to breathe well.

B'more for Healthy Babies is beginning a new safe sleep awareness campaign in April. Materials, such as posters, rack cards, and safe sleep videos will be available to have in your program to share with families. If you are interested in receiving materials please contact BCCRC.

May 2019

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 Positive Words for Positive Actions (NEW)
5	6 All Children Are Gifted	7	8 Documentary Film: <i>No Small Matter</i> (see Newsletter)	9 Why Do Toddlers Bite? (NEW)	10	11 Medication Administration
12	13 The Benefits of Play (NEW)	14	15	16 Evening at the Maryland Book Bank & Baltimore Teacher Supply Swap (see Newsletter)	17	18 Indoor and Outdoor Nature Based Learning for Infants and Toddlers (NEW)
19	20 The Child Care Provider as a Professional	21	22 Recognizing Child Abuse and Preventing Bullying	23	24	25
26	27 Memorial Day	28	29	30 Playground Safety	31	

To register, fill out the enclosed form or go to [www.bccrc.org](http://www.bccrc.org) to register online.



BALTIMORE CITY  
CHILD CARE  
RESOURCE  
CENTER

1001 Eastern Avenue, 2nd Floor  
Baltimore, MD 21202  
Office: 410-685-5150  
Fax: 410-685-2100



# Training Descriptions May 2019

## **Positive Words for Positive Actions (NEW)**

Learn how to make your child care environment more positive. Using positive language when talking to children gives them an understanding of the expectations we have. Learn how easy it is to reword your directions and other guidance techniques you can use in your child care.

*Topic:* 3 hours, Child Development  
*Date:* Saturday, May 4  
*Time:* 9:30 a.m. — 12:30 p.m.  
*Fee:* \$25; Must pre-register

## **All Children Are Gifted**

Understanding the special needs of children prepares child development professionals to create environments and programs for the children in their care. In this workshop we will examine how to establish and maintain an inclusive environment for all children.

*Topic:* 2 hours, Special Needs  
*Date:* Monday, May 6  
*Time:* 6:30 p.m. — 8:30 p.m.  
*Fee:* \$22; Must pre-register

## **Why Do Toddlers Bite? (NEW)**

Why do toddlers bite and how can you control it? Participants will learn how to approach, problem solve and develop strategies for biting in the classroom. Participants will also learn how to communicate with parents during biting situations.

*Topic:* 2 hours, Child Development  
*Date:* Thursday, May 9  
*Time:* 6:30 p.m. — 8:30 p.m.  
*Fee:* \$22; Must pre-register

## **Medication Administration (All)**

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health,  
Safety and Nutrition  
*Date:* Saturday, May 11  
*Time:* 9:00 a.m. — 3:30 p.m.  
(Bring bag lunch)  
*Fee:* \$60; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

## **The Benefits of Play (NEW)**

We know that children learn through play. In this workshop, participants will enhance their knowledge of the purpose of play by looking at the latest research. If you want to learn more or rediscover the purpose behind the learning activities we plan for the children, come and join us.

*Topic:* 2 hours, Child Development  
*Date:* Monday, May 13  
*Time:* 6:30 p.m. — 8:30 p.m.  
*Fee:* \$22; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

## **Indoor and Outdoor Nature Based Learning for Infants and Toddlers**

Long before electronic toys, LEGOS or even stuffed animals, infants and toddlers learned in and from their natural environment – nature! There is an unending list of items to see, touch, feel, hear, climb and explore in nature, contributing to learning in every early childhood domain. This training will identify Howard Gardner's Multiple Intelligence "Naturalist" and ways in which Infant and Toddler programs can incorporate developmentally appropriate play based nature experiences in their indoor and outdoor environments. Participants will gain skills, strategies and techniques for implementing natural STEAM in developmentally appropriate ways for infants and toddlers.

*Topic:* 3 hours, Curriculum  
*Date:* Saturday, May 18  
*Time:* 9:30 a.m. — 12:30 p.m.  
*Fee:* \$25; Must pre-register

## **The Child Care Provider as a Professional**

Gain a greater understanding of child care initiatives, resources, and professional organizations which can assist you in your business. Discuss what it means to be a professional in child care. Plus, examine the NAEYC child care code of ethics and discuss how it can assist you with your program.

*Topic:* 3 hours, Professionalism  
*Date:* Monday, May 20  
*Time:* 6:15 p.m. — 9:15 p.m.  
*Fee:* \$25.00; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

## **Recognizing Child Abuse and Preventing Bullying**

Did you know that child care providers are mandated by law to report child maltreatment? In this training you will develop a policy for preventing and reporting child abuse as well as the signs and symptoms of bullying behaviors and victims' behaviors.

*Topic:* 1 Child Development,  
2 hours Health Safety  
and Nutrition

*Date:* Wednesday, May 22  
*Time:* 6:15 p.m. — 9:15 p.m.  
*Fee:* \$25.00; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## **Playground Safety**

Outdoor play is an essential part of everyday in childcare. Learning how to keep children safe on the playground involves being intentional. This help child care teachers evaluate the safety of their playground, review the current procedures for keeping children safe on the playground, and makes recommendation on how to maximize their play space so it is safe for all children.

*Topic:* 2 hours, Health, Safety  
and Nutrition  
*Date:* Thursday, May 30  
*Time:* 6:30 p.m. — 8:30 p.m.  
*Fee:* \$22; Must pre-register

## **Two Special Events in May**

**May 8th**  
Screening of  
No Small Matter  
*See page 3 for details.*

**May 16th**  
Evening at  
The Maryland  
Book Bank and  
Baltimore Teacher  
Supply Swap  
*See page 2 for details.*

June 2019

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Family and Community Partnerships
2	3	4	5 Conflict Resolution Strategies (NEW)	6	7	8 Medication Administration Emergency Preparedness
9	10 Autism Spectrum Disorder: A Child's Perspective (NEW)	11	12 Marvelous Math	13 SIDS, SUID and other Sleep-Related Deaths	14	15 Nurturing Brain Development (NEW)
16	17 Including All Children and the ADA	18	19 Childhood Depression and Anxiety	20	21	22 Know, Love, Teach: Preschool Module 1
23	24 Basic Health and Safety	25	26 Summer Science Activities for Preschool Children	27	28	29
30						

To register, fill out the enclosed form or go to [www.bccrc.org](http://www.bccrc.org) to register online.



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# Training Descriptions

## June 2019

### Family and Community Partnerships

In this workshop the childcare professional will become aware of the resources that are available in their community to assist and be an advocate for parents and children with ongoing needs related to health, education, and referral services.

*Topic:* 3 hours, Community  
*Date:* Saturday, June 1  
*Time:* 9:30 a.m. — 12:30 p.m.  
*Fee:* \$25; Must pre-register

### Conflict Resolution Strategies

Come examine what causes conflict, how to prevent conflict, strategies for handling a conflict, and ways to build and maintain positive relationships with coworkers, families, and friends.

*Topic:* 3 hours, Professionalism  
*Date:* Wednesday, June 5  
*Time:* 6:15 p.m. — 9:15 p.m.  
*Fee:* \$25.00; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health, Safety and Nutrition  
*Date:* Saturday, June 8  
*Time:* 9:00 a.m. — 3:30 p.m.  
(Bring bag lunch)  
*Fee:* \$60; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

### Emergency Preparedness — Project Security Blanket (All)

*This training fulfills the licensing requirement.*

Participants will prepare a written emergency plan for their program that goes beyond the basic licensing requirements and develop an understanding of the importance of following this plan.

*Topic:* 6 hours Health, Safety & Nutrition  
*Date:* Saturday, June 8  
*Time:* 9:00 a.m. — 3:30 p.m.  
*Fee:* \$20; Must pre-register

### Autism Spectrum Disorder: A Child's Perspective (NEW)

This workshop will explore the world of autism as seen through the eyes of a child with a focus on the range and variance of symptoms as a spectrum disorder.

*Topic:* 3 hours, Special needs  
*Date:* Monday, June 10  
*Time:* 6:15 p.m. — 9:15 p.m.  
*Fee:* \$25.00; Must pre-register

### Marvelous Math

This training will provide early care and education professionals the opportunity to learn different math strategies and activities to use in their classroom.

*Topic:* 3 hours, Curriculum  
*Date:* Wednesday, June 12  
*Time:* 6:15 p.m. — 9:15 p.m.  
*Fee:* \$25.00; Must pre-register

### SIDS, SUID and other Sleep-Related Infant Deaths

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

*Date:* Thursday, June 13  
*Time:* 6:30 p.m. — 8:30 p.m.  
*Fee:* \$22; Must pre-register

### Nurturing Brain Development (NEW)

In this workshop we will look at the science of infant brain development and focus on caring techniques that promote brain development, social emotional development and communication.

*Topic:* 3 hours, Child Development  
*Date:* Saturday, June 15  
*Time:* 9:30 a.m. — 12:30 p.m.  
*Fee:* \$25; Must pre-register

### Including all Children and the Americans with Disabilities Act (All)

*This course fulfills the MSDE/OCC training requirement.*

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education.

*Topic:* 3 hours Special Needs  
*Date:* Monday, June 17  
*Time:* 6:15 p.m. — 9:15 p.m.  
*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

### Childhood Depression and Anxiety

This training explores depression, areas of anxiety, symptomology, as well as supports that may be available to those experiencing childhood depression and

anxiety. This training will assist caregivers with identifying symptoms of anxiety and depression in young children, and address the importance of managing symptoms, locating treatment, and staying healthy.

*Topic:* 3 hours, 1 hour Health, Safety, Nutrition, 1 hour Professionalism, 1 hour Special Needs  
*Date:* Wednesday, June 19  
*Time:* 6:15 p.m. — 9:15 p.m.  
*Fee:* \$25.00; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### Know, Love, Teach: Preschool Mod 1

These modules are adapted from the Social and Emotional Foundations for Early Learning (SEFEL) preschool training modules. This training will prepare providers and caregivers of preschool children in the social emotional domain by embedding practices into already established schedules and routines.

*Topic:* 6 hours,  
2 hours Child Development,  
2 hours Curriculum,  
2 hours Special Needs  
*Date:* Saturday, June 22  
*Time:* 9:30 a.m. — 4:00 p.m.  
*Fee:* \$25; Must pre-register

### Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course.

*Topic:* 3 hours Health, Safety, and Nutrition  
*Date:* Monday, June 24  
*Time:* 6:15 p.m. — 9:15 p.m.  
*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

### Summer Science Activities for Preschool Children

Summer is an ideal time to explore many science concepts. Flowers are in bloom, bees are gathering nectar, and animals have awoken from their sleep. This workshop explores the importance of science in the preschool classroom and looks at science activities that are related to summer.

*Topic:* 2 hours, Curriculum  
*Date:* Wednesday, June 26  
*Time:* 6:30 p.m. — 8:30 p.m.  
*Fee:* \$22; Must pre-register

July 2019

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 Independence Day	5	6
7	8	9	10 What To Do? Ethics in Early Childhood Education (NEW)	11 FCCP: Child Development	12	13 Medication Administration
14	15 Nutrition and Wellness for Child Care	16	17	18 FCCP: Curriculum	19	20 Lesson Planning for Child Family Care
21	22	23	24 Cultivating Creative Problem Solving (NEW)	25 FCCP: Health, Safety and Nutrition	26	27 Behavior Guidance for Infants and Toddlers (NEW)
28	29 Circle Time: You Can Make IT Developmentally Appropriate (NEW)	30	31 Understanding Developmentally Appropriate Practice with Infant and Toddlers			

To register, fill out the enclosed form or go to [www.bccrc.org](http://www.bccrc.org) to register online.



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# Training Descriptions July 2019

## What to Do? Ethics in Early Childhood Education (NEW)

As an early childhood educator, your actions and words impact children, their families, your colleagues, the community, and society. A knowledge of ethics and the NAEYC Code of Ethical Conduct provides the guidance all early childhood educators need to be caring and competent professionals.

*Topic:* 3 hours, Professionalism

*Date:* Wednesday, July 10

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25.00; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## Family Child Care Pre-service Module 1 — Child Development

This workshop will cover basic child development concepts including: stages of child growth and development; an overview of leading child development theorists; and an overview of learning differences.

*Topic:* 4 hours Child Development

*Date:* Thursday, July 11

*Time:* 9:00 a.m. — 1:00 p.m.

*Fee:* \$30/ or \$160 for all six modules; Must pre-register

## Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health, Safety and Nutrition

*Date:* Saturday, July 13

*Time:* 9:00 a.m. — 3:30 p.m.  
(Bring bag lunch)

*Fee:* \$60; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

## Nutrition and Wellness for Child Care

In this workshop participants will learn about: How to help children develop healthy eating habits, food safety for child care providers, recognizing food allergies and food intolerances, activities to get children moving and developing policies and procedures that support healthy eating and movement activities.

*Topic:* 3 hours, Health, Safety and Nutrition

*Date:* Monday, July 15

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25.00; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

## Family Child Care Pre-service Module 2 — Curriculum

Through this workshop participants will develop a better understanding of the components of a family child care curriculum; how to create a developmentally appropriate curriculum for family child care; and how to plan and design the family child care environment.

*Topic:* 4 hours Curriculum

*Date:* Thursday, July 18

*Time:* 9:00 a.m. — 1:00 p.m.

*Fee:* \$30/ or \$160 for all six modules; Must pre-register

## Lesson Planning for Family Child Care

In this workshop we will explore how to write intentional lesson plans that will make your day run smoother and will help you to focus on concepts and activities that are driven by your curriculum and the outcomes that you establish for each individual child.

*Topic:* 3 hours, Curriculum

*Date:* Saturday, July 20

*Time:* 9:30 a.m. — 12:30 p.m.

*Fee:* \$25; Must pre-register

## Cultivating Creative Problem Solving (NEW)

Teachers lose valuable instruction time when mediating conflicts between students. In this training participants will learn how to teach their young students to manage their emotions and resolve conflicts collaboratively with their peers. Participants will also practice appropriate responses to resolving conflict.

*Topic:* 3 hours, Child Development

*Date:* Wednesday, July 24

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25.00; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## Family Child Care Pre-service Module 3 — Health, Safety and Nutrition

This workshop will focus on the components of emergency preparedness, menu planning, and on health and safety concerns when caring for young children.

*Topic:* 4 hours Health, Safety, and Nutrition

*Date:* Thursday, July 25

*Time:* 9:00 a.m. — 1:00 p.m.

*Fee:* \$30/ or \$160 for all six modules; Must pre-register

## Behavior Guidance for Infants and Toddlers (NEW)

This training will outline the developmentally appropriate, yet sometimes challenging, behaviors of children, birth through age 3. Through the review of developmentally appropriate behaviors and strategies to prevent or redirect sometimes challenging experiences, providers will complete the training with new strategies to implement with children in their programs.

Participants will begin to develop the knowledge and strategies necessary to properly redirect children's negative or challenging behaviors into positive and appropriate behaviors.

*Topic:* 3 hours, Child Development

*Date:* Saturday, July 27

*Time:* 9:30 a.m. — 12:30 p.m.

*Fee:* \$25.00; Must pre-register

## Circle Time: You can Make IT Developmentally Appropriate (NEW)

Are you tired of the same boring circle time routines, calendar, weather, etc? In this interactive session, you will walk away with 3 concrete success strategies to ensure your circle time is not only a routine experience but an engaging and learning opportunity! You'll learn how to support all domains while involving children in a way that promotes their individual developmental needs.

*Topic:* 3 hours, Curriculum

*Date:* Monday, July 29

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25.00; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

## Understanding Developmentally Appropriate Practice with Infants and Toddlers

Understanding Developmentally Appropriate Practice enables a teacher to utilize specific strategies and techniques to meet the individual needs of the children enrolled in their program. Individual children vary greatly in their development, prior experiences, abilities, preferences and interest. It is important to plan activities that build on what individual children already know and can do to increase their knowledge. This is especially true for children with special needs.

*Topic:* 3 hours, Curriculum

*Date:* Wednesday, July 31

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25.00; Must pre-register

# August 2019

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 FCCP: Special Needs	2	3 Making Policies and Contracts Work for Your Family Child Care
4	5	6	7 Managing Stress at Any Age (NEW)	8 FCCP: Professionalism Introduction to Healthy Beginnings, Part 1	9	10 Know, Love, Teach: Preschool Module 2
11	12 Including All Children and the Americans with Disabilities Act	13	14	15 FCCP: Community	16	17 Working with Mixed Age Groups
18	19	20	21 Connecting Assessment to Curriculum and Instruction (NEW)	22 SIDS, SUID and other Sleep-Related Deaths	23	24 Medication Administration
25	26 Basic Health and Safety Training	27	28	29 Introduction to Healthy Beginnings, Part 2	30	31

To register, fill out the enclosed form or go to [www.bccrc.org](http://www.bccrc.org) to register online.



**BALTIMORE CITY**  
**CHILD CARE**  
**RESOURCE**  
**CENTER**

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# Training Descriptions August 2019

## Family Child Care Pre-service

### Module 4 — Special Needs

This workshop will cover basic information regarding inclusive child care; the ADA requirements; and health, behavioral, and developmental issues and concerns.

*Topic:* 4 hours Special Needs

*Date:* Thursday, August 1

*Time:* 9:00 a.m. — 1:00 p.m.

*Fee:* \$30/ or \$160 for all six modules;  
Must pre-register

## Making Policies and Contracts Work for Your Family Child Care (NEW)

Educators learn the importance of putting everything in writing so there is no misunderstanding regarding what is expected of the child care provided and what is expected of the parent.

*Topic:* 3 hours, Professionalism

*Date:* Saturday, August 3

*Time:* 9:30 a.m. — 12:30 p.m.

*Fee:* \$25.00; Must pre-register

## Managing Stress at Any Age (NEW)

This training is designed to increase participants' knowledge of stress and how to manage its symptoms. Participants will learn initial signs and symptoms of each type of stress and will be able to examine the similarities and differences of stress in infants, toddlers, preschool children, school-aged children, adolescents and adults.

*Topic:* 3 hours; 1 Professionalism,  
2 Health, Safety and Nutrition

*Date:* Wednesday, August 7

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25.00; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## Family Child Care Pre-service

### Module 5 — Professionalism

This workshop will give participants the opportunity to explore and understand the importance of specific concepts and practices that will lay the foundation for a successful program.

*Topic:* 4 hours Professionalism

*Date:* Thursday, August 15

*Time:* 9:00 a.m. — 1:00 p.m.

*Fee:* \$30/ or \$160 for all six modules;  
Must pre-register

## Introduction to Healthy Beginnings

In this workshop we will explore the MSDE Healthy Beginnings document and discuss how the use of this tool can assist infant

and toddler teachers/caregivers to build a program based on developmentally appropriate, responsive caregiving.

*Topic:* 6 hours; 1 Child Development,  
2 Community, 2 Curriculum,  
1 Professionalism

*Dates:* Part 1: Thursday, August 8

Part 2: Thursday, August 29

Must Register for Both Parts

*Time:* 6:15 pm — 9:15pm

*Fee:* \$25; Must pre-register

## Know, Love, Teach: Preschool Mod 2

Based on SEFEL, this training will prepare providers and caregivers of preschool children in the social emotional domain by embedding practices into already established schedules and routines.

*Topic:* 6 hours; 2 Child Development,  
2 Community, 2 Special Needs

*Date:* Saturday, August 10

*Time:* 9:30 a.m. — 4:00 p.m.

*Fee:* \$25; Must pre-register

## Including all Children and the Americans with Disabilities Act (All)

*This course fulfills the MSDE/OCC training requirement.*

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education.

*Topic:* 3 hours Special Needs

*Date:* Monday, August 12

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

## Family Child Care Pre-service Module 6 — Community

This workshop will focus on the importance of developing and maintaining relationships with children, families, and the larger community.

*Topic:* 4 hours Community

*Date:* Thursday, August 15

*Time:* 9:00 a.m. — 1:00 p.m.

*Fee:* \$30/ or \$160 for all six modules;  
Must pre-register

## Working with Mixed Age Groups

Working with a group of children who are different ages presents child care providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules and meet the needs of each child.

*Topic:* 3 hours; 2 Child Development,  
1 Curriculum

*Date:* Saturday, August 17

*Time:* 9:30 a.m. — 12:30 p.m.

*Fee:* \$25.00; Must pre-register

## Connecting Assessment to Curriculum and Instruction

This workshop explains the assessment-instructional cycle. Participants will leave with an understanding of how to assess children, analyze the data and make modifications to the curriculum to meet the learning needs of all children.

*Topic:* 3 hours, Child Development

*Date:* Wednesday, August 21

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## SIDS, SUID and Other Sleep-Related Infant Deaths

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

*Date:* Thursday, August 22

*Time:* 6:30 p.m. — 8:30 p.m.

*Fee:* \$22; Must pre-register

## Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health, Safety  
and Nutrition

*Date:* Saturday, August 24

*Time:* 9:00 a.m. — 3:30 p.m.

(Bring bag lunch)

*Fee:* \$60; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

## Basic Health and Safety

*This class satisfies the new MSDE training requirement.*

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course.

*Topic:* 3 hours Health, Safety,  
and Nutrition

*Date:* Monday, August 26

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.



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For more information about any of the articles in this newsletter, call BCCCRC at 410-685-5150, mention the article and we will direct your call to the BCCCRC staff member who can help you.

E-mail us at:  
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Our mailing address is:  
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1001 Eastern Avenue  
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Baltimore, MD 21202

Our fax number is:  
410-685-2100



The Baltimore City Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network.

## Important Registration Policies

*When registering for training classes at BCCCRC please remember the following:*

- **Pre-registration is required. Registration and payment must be received three days in advance of the training.**
- **Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration.**
- Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
- A confirmation letter will be sent for all classes — please read your letter carefully. You will not receive reminder cards for each class.
- Payment can be made by check, money order or credit card. **No cash please.**
- Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
- Workshops are for adults only. Please make child care arrangements in advance — children will not be admitted to a training class.
- Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.
- In case of inclement weather, workshops held on a weeknight will be cancelled if the Baltimore County Public Schools are closed on that day. On weekends, call the Resource Center and listen to the message regarding Saturday classes.

### TO REGISTER FOR CLASSES:

- Complete a registration form and keep a copy for your records. Only those registrations received on a registration form will be accepted.
- Mail or deliver the completed form and payment to BCCCRC.
- Register with a credit card online at [www.bccrc.org](http://www.bccrc.org).
- Remember — registrations must be received at BCCCRC three days prior to the scheduled training.