



VOLUME 14 • ISSUE 13 • WINTER 2018

News

BALTIMORE CITY CHILD CARE RESOURCE CENTER

Best Practices for Meal Time

Enjoying a meal together strengthens bonds, creates a routine that helps children feel more secure, promotes teachable moments, develops motor skills and supports social-emotional development. Isn't it nice to slow down and allow everyone to have a relaxed conversation about their day?

Family-style meals in child care have so many benefits.

- They help children to develop motor skills through actions such as scooping and pouring.
- They also help children to develop social skills through passing food to their neighbor and taking turns.
- Conversations held during family-style mealtimes also help children to develop language skills.
- When children see adults eating new foods, it encourages them to try new foods as well.
- Adults are great role models for children when everyone sits at the same table and eats the same foods.

How Do Family-Style Meals Work?

Many times child care professionals hear about children serving themselves at mealtime and they think "Oh what a mess that would be." Much of the time child care professionals will say that it is just so much easier to put food on a plate for the children and set it in front of them on the table.

Think of it this way, Johnny is a 3-year-old boy. He sits down at the table for mealtime only to find that his child care provider has served him a heaping pile of lima beans. Johnny hates the taste of lima beans and feels overwhelmed by the number of lima beans on his plate. Therefore, Johnny cannot focus on the other items that he does enjoy.

Most child care professionals would agree that they would rather have the option on how much food they take at the table. This is often the case for children too. Allowing children the independence to decide how much of each food to take often encourages them to try more new foods. If they know that they can only take a small amount to try, they are less likely to feel overwhelmed by having a new food on their plate.

It will be so messy though, right? Yes, family-style meals can be messy, but

learning is messy sometimes! Spills happen and teaching children how to clean up a spill helps them to develop a valuable life skill. We've all heard the phrase "Don't cry over spilled milk." Messes can be cleaned up and children will learn from them. One suggestion is to start by having children serve themselves an "easier" food such as a piece of garlic bread. You can work your way up to serving things like applesauce and pasta. Each step toward independence is valuable to children in your care.

(Continued from page 2)

Inside this Issue!

Best Practices for Meal Time.....	1
Need Help?.....	2
Great News from Baltimore City	2
College and BCCRC.....	2
Important Telephone Numbers.....	3
45 Hour infant Toddler.....	3
Children's Advocacy Event.....	3
Good News at Tax Time.....	3
Maryland EXCELS.....	3
Calendar.....	4-11
Important Registration Policies.....	12

Training Registration Form Inside!





News

Best Practices for Meal Time

(Continued from page 1)

Safety Precautions

Of course, we want to make sure that we are following proper food safety procedures. Always make sure to keep the food at the proper temperature. Use clean utensils and serving dishes. Also, make sure that all adults and children are washing their hands before and after mealtime.

How to Implement Family-Style Meals

Here are some key steps for successfully implementing family-style meals within your child care program or home.

- Food should be prepared and placed in serving bowls or on plates on the table. Consider bigger bowls with higher sides for younger children.
- Be sure to include enough food to allow for the minimum portion size for each child, enough for each child to have seconds and enough for adults to partake in the meal with the children.
- If a child chooses not to take their full portion size, encourage them to take more throughout the meal.
- Some children may need more help serving themselves than others. It may be helpful to seat those children near an adult.
- Avoid using negative or pressuring statements.
- Be sure to allow adequate time for the children to eat so they do not feel rushed.
- Make sure that children know they can always have seconds if they would like more of a food they have served themselves.

We are Here to Help

If you are considering implementing family-style meals in your childcare program but you are uncertain where to start, please reach out to us at Baltimore City Child Care Resource Center. Our team of Child Care Technical Assistance Consultants would love to help you! You can contact us at 410-685-5150 ext. 258 or 272.

Start planning how to serve family-style meals in your program today!

Need Help?

Are you ready to move up a check level in Maryland EXCELS and have questions? Need assistance with accreditation or credentialing? Would like guidance on professional development? Room arrangements getting you down? Have concerns about behavioral or developmental issues? BCCRC technical assistance staff members are here ready to assist you whatever your needs may be! Just call 410-685-5150, extension 258 or 272 to request assistance.

Great News from Baltimore City Community College and BCCRC

Baltimore City Community College is now participating in MSDE's Child Care Career and Professional Development Fund. If you are working in child care and are participating in the Maryland Child Care Credential at a Level 2 or higher you are qualified to apply for funding to attend college. If interested contact Professor Godwin at: DGodwin@bccc.edu for additional information and an application.

BCCRC is continuing to partner with Baltimore City Community College on a project to assist family child care providers to receive the 90-hour Preschool Certificate and complete the requirements to be awarded the Child Development Associate (CDA) certificate from the Council for Professional Recognition. If you are interested in obtaining additional information regarding the CDA Project contact Jennifer Lentz at: jlentz@bccrc.org.

Important Telephone Numbers and Contacts

Baltimore City Child Care Resource Center

Main Number.....410-685-5150
LOCATE: Child Care (toll free).....1-877-261-0060
FAX.....410-685-2100

Other Agencies

Office of Child Care – Region II.....410-554-8300
MD State Department of Education.....410-767-0100
Office of Child Care: Credential Branch.....1-866-243-8796
MSDE Early Childhood Education Help Desk...1-877-605-1539
CCS Provider Helpline (toll free).....1-866-243-8796
Protective Services.....410-361-2235
Medical Assistance/WIC.....410-396-9427
Child Care Food Program.....410-767-0214
Maryland Family Network.....410-659-7701
Maryland State Child Care Association (MSCCA)
Christina Peusch, Executive Director.....410-820-9196
MSCCA, Baltimore City Chapter
Jennifer Dorsey, President.....443-835-0738
Baltimore Child Care Coalition
Email.....baltimorechildcarecoalition@gmail.com
Family Child Care Provider's Association, Inc.,
of Baltimore City
Florice Freeman, President.....410-233-2939
Bernice Diggs, Director to MSFCCA.....410-325-1227



Announcing the 45 Hour Infant Toddler Pre-service Course

BCCCRC is delighted to announce that we will offer the 45-hour Infant Toddler Course beginning on March 5. The class will be held at Friends School, 5114 N. Charles Street, Baltimore, MD 21210. There is plenty of free parking on the campus and the number 51 MTA bus stop is just a few steps from the school.

The class will meet from 6:15pm to 9:15pm on the following dates: March 5, 12, 14, 19, 21, 26; April 4, 9, 16, 18, 23, 30 and the final three dates will be held in May. The registration fee is \$200.00.

To register go to the BCCCRC website, www.bcccrc.org, or complete the BCCCRC registration form and mail it to: BCCCRC, 1001 Eastern Avenue, 2nd floor, Baltimore, MD 21202.

SAVE THE DATE

**An Evening for Children's Advocacy
Monday, January 29, 2018**



The annual event for early childhood educators in Annapolis will be held this year from 4:00 to 9:00 p.m. on January 29, 2018. To register go to www.marylandfamilynetwork.org

Sponsored by: Maryland Family Network, the Maryland Association for the Education of Young Children, the Maryland Head Start Association, the Maryland School Age Child Care Alliance, the Maryland State Child Care Association, and the Maryland State Family Child Care Association

Good News at Tax Time

Two Hefty Credits Help Working Families

Working families can put extra cash in their pockets at tax time by claiming the Earned Income Credit (EIC). The EIC is a tax provision that allows eligible taxpayers to reduce their tax burden.

Families may qualify for the federal and state EIC, if, in 2017, they:

- were raising one child and earned less than \$39,617; or less than \$45,207 if married.
- were raising two children and earned less than \$45,007; or \$50,597, if married.
- were raising three or more children and earned less than \$48,340; or \$53,930 if married.
- had no children, earned less than \$15,010; or \$20,600 if married.

The EIC is the biggest tax benefit for working families, but there are other important tax credits. The Child and Dependent Care Tax Credit, gives families with child care expenses up to \$3,000 for one child or up to \$6,000 for two or more children.

To learn the location of free tax preparation sites, staffed by well-trained community volunteers, or to get more information on the tax credits, please call 1-800-638-2937 or visit the Maryland EITC web site at www.marylandtaxes.gov.

What's New with Maryland EXCELS?

High quality child care for all children is the goal for Maryland's quality rating and improvement system known as Maryland EXCELS. To assist early care and education programs in their efforts to continuously improve programing, the Maryland EXCELS team has enhanced the web site (www.marylandexcels.org) with the addition of the EXCELS Toolkit. Check out the toolkit today and begin using the many resources available to you as you strive to enhance your program.

MARYLAND EXCELS

January 2018

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10 Basic Health and Safety	11	12	13 Medication Administration
14	15	16	17 Learning and Growing Together with Families	18	19	20
21	22 Including All Children and the ADA	23	24 Helping Children Cope: Recognizing and Responding to Childhood Trauma	25	26	27 Working with Mixed Age Groups
28	29	30	31 Basic Health and Safety			

To register, fill out the enclosed form or go to www.bccrc.org to register online.



1001 Eastern Avenue, 2nd Floor
Baltimore, MD 21202
Office: 410-685-5150
Fax: 410-685-2100

Training Descriptions January 2018

Basic Health and Safety

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by July 1, 2018. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety, and Nutrition

Date: Wednesday, January 10

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

Topic: 6 hours Health, Safety and Nutrition

Date: Saturday, January 13

Time: 9:00 a.m. — 3:30 p.m.
(Bring bag lunch)

Fee: \$60; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

Learning and Growing Together with Families

In this workshop discussion will center on the importance of building trusting relationships with the families whose children are in your care. Strategies for building and maintaining professional, yet caring, relationships will be shared.

Topic: 3 hours Community

Date: Wednesday, January 17

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

Including all Children and the Americans with Disabilities Act (All)

This course fulfills the MSDE/OCC training requirement.

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

Topic: 3 hours Special Needs

Date: Monday, January 22

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

Helping Children Cope: Recognizing and Responding to Childhood Trauma (New)

Many of the children that you care for each day are dealing with traumatic events that impact their ability to thrive and learn. In this workshop we will look at the latest research on the impact of trauma on young children and explore concrete ways that we can help children develop coping skills to increase resilience.

Topic: 3 hours Child Development

Date: Wednesday, January 24

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Working with Mixed Age Groups

This workshop is designed to meet the training needs of first year family child care providers.

Working with mixed age groups can be a wonderful but challenging experience. In this workshop you will learn techniques that will help you work with children of all ages in your family child care home.

Topic: 3 hours Curriculum

Date: Saturday, January 27

Time: 9:15 a.m. — 12:15 p.m.

Fee: \$25; Must pre-register

Basic Health and Safety

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by July 1, 2018. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety, and Nutrition

Date: Wednesday, January 31

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

**Enhance
your Infant
and Toddler
program
with a
Story Hour.**

**Call Sue Penix,
BCCCRC Infant
Toddler Specialist,
on 410-685-5150,
extension 272 to set
up a special winter
story hour for the
little ones in your
program.**



February 2018

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 Traveling in Cars with Kids: Care Seat Safety
4	5	6	7 Working Together: The Importance of Community Helpers in Our Daily Lives	8	9	10 Medication Administration
11	12 Math Activities Using Children's Literature	13	14	15 SIDS	16	17 Basic Health and Safety
18	19	20 Childhood Depression	21 Beyond Mangement: How to be an Effective Leader	22	23	24 Effective Record Keeping and Business Etiquette
25	26 Basic Health and Safety	27				

To register, fill out the enclosed form or go to www.bccrc.org to register online.



1001 Eastern Avenue, 2nd Floor
Baltimore, MD 21202
Office: 410-685-5150
Fax: 410-685-2100

Training Descriptions

February 2018

Traveling in Cars with Kids:

Care Seat Safety (New)

During this workshop, providers will learn how to properly protect the children that they transport. Participants will engage in hands-on activities that will encourage proper use and installation of car seats, booster seats and seat belts.

Topic: 3 hours Health, Safety and Nutrition

Date: Saturday, February 3

Time: 9:15 a.m. — 12:15 p.m.

Fee: \$25; Must pre-register

Working Together:

The Importance of Community Helpers in Our Daily Lives (New)

Community Helpers are all around us supporting our communities and neighborhoods. In this workshop you will learn about how to introduce the people in your neighborhood to the children in your care.

Topic: 2 hours Curriculum

Date: Wednesday, February 7

Time: 6:30 p.m. — 8:30 p.m.

Fee: \$22; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

Topic: 6 hours Health, Safety and Nutrition

Date: Saturday, February 10

Time: 9:00 a.m. — 3:30 p.m.

(Bring bag lunch)

Fee: \$60; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

Math Activities Using Children's Literature

In this interactive workshop participants will explore various children's books and learn how to use the concepts in children's literature to introduce math concepts and activities.

Topic: 2 hours Curriculum

Date: Monday, February 12

Time: 6:30 p.m. — 8:30 p.m.

Fee: \$22; Must pre-register

IMPORTANT: This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

Risk Reduction:

Sudden Infant Death Syndrome

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

Date: Thursday, February 15

Time: 6:30 p.m. — 8:30 p.m.

Fee: \$22; Must pre-register

Basic Health and Safety

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by July 1, 2018. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety, and Nutrition

Date: Saturday, February 17

Time: 9:15 a.m. — 12:15 p.m.

Fee: \$25; Must pre-register

Childhood Depression

In this class, led by a child psychologist, we will examine how depression manifests itself in young children and how early care and education professionals can be instrumental in supporting the young child and family.

Topic: 3 hours Special Needs

Date: Tuesday, February 20

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

Beyond Management:

How to be an Effective Leader

As the manager of a child care program there are important day-to-day operations that you must attend to in order to keep the program running. Just as important is you're ability to be an effective leader for your staff as well as a leader in the early care and education profession. This workshop will examine leadership qualities and discuss effective strategies to move beyond just being a manager.

Topic: 3 hours Professionalism

Date: Wednesday, February 21

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Record Keeping and Business Etiquette

This workshop is designed to meet the training needs of first year family child care providers.

Building upon information from the initial family child care training, this workshop will give you insight and ideas on how to be organized and professional in order to keep your child care business running smoothly.

Topic: 3 hours Professionalism

Date: Saturday, February 24

Time: 9:15 a.m. — 12:15 p.m.

Fee: \$25; Must pre-register

Basic Health and Safety

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by July 1, 2018. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety, and Nutrition

Date: Monday, February 26

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

March 2018

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 FCCP: Child Development	2	3 Music and Movement in the Early Childhood Classroom
4	5 45-Hour Infant and Toddler	6	7 Nutrition and Wellness for Child Care	8 FCCP: Curriculum	9	10 Medication Administration
11	12 45-Hour Infant and Toddler Ants in Their Pants	13	14 45-Hour Infant and Toddler	15 FCCP: Health, Safety, Nutrition	16	17 Emergency Preparedness
18	19 45-Hour Infant and Toddler Including All Children and the ADA	20	21 45-Hour Infant and Toddler Build Your Resilience	22 FCCP: Special Needs	23	24 Emotional Wellness Conference
25	26 45-Hour Infant and Toddler	27	28	29	30	31

To register, fill out the enclosed form or go to www.bccrc.org to register online.



1001 Eastern Avenue, 2nd Floor
Baltimore, MD 21202
Office: 410-685-5150
Fax: 410-685-2100

Training Descriptions

March 2018

45-Hour Infant and Toddler Pre-service Course

Please see full description on page of Newsletter, including location, dates, time and fee.

Family Child Care Pre-service Module 1 – Child Development

This workshop will cover basic child development concepts including: stages of child growth and development; an overview of leading child development theorists; and an overview of learning differences.

Topic: 4 hours Child Development
Date: Thursday, March 1
Time: 9:00 a.m. — 1:00 p.m.
Fee: \$30/ or \$160 for all six modules; Must pre-register

Music and Movement in the Early Childhood Classroom

Music in the early childhood classroom should be much more than a CD playing in the background. In this interactive workshop participants will learn effective strategies for incorporating meaningful music and movement activities into the daily curriculum.

Topic: 3 hours Curriculum
Date: Saturday, March 3
Time: 9:15 a.m. — 12:15 p.m.
Fee: \$25; Must pre-register

Nutrition and Wellness for Child Care

Sound nutrition, proper sleep, and physical movement are all very important components for providing excellent care and programing for young children. In this workshop discussion will focus on best practices in child care and how professionals partner with families to promote wellness for young children.

Topic: 3 hours Health, Safety and Nutrition
Date: Wednesday, March 7
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Family Child Care Pre-service Module 2 — Curriculum

Through this workshop participants will develop a better understanding of the components of a family child care curriculum; how to create a developmentally appropriate curriculum for family child care; and how to plan and design the family child care environment.

Topic: 4 hours Curriculum
Date: Thursday, March 8
Time: 9:00 a.m. — 1:00 p.m.
Fee: \$30/ or \$160 for all six modules; Must pre-register

Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

Topic: 6 hours Health, Safety and Nutrition
Date: Saturday, March 10
Time: 9:00 a.m. — 3:30 p.m.
(Bring bag lunch)

Fee: \$60; Must pre-register
IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

Ants in Their Pants

Extra busy kinesthetic learners are naturally more active and have more physical energy to expend than other children. In this workshop we will explore how these extra busy hands can be managed with consistency, sensory-integrated tools and techniques, varied play, and structured environments.

Topic: 2 hours Child Development
Date: Monday, March 12
Time: 6:30 p.m. — 8:30 p.m.
Fee: \$22; Must pre-register

IMPORTANT: This class will be held at the Baltimore Infants/Toddler Building, 3002 Druid Park Drive, 21215

Family Child Care Pre-service Module 3 — Health, Safety and Nutrition

This workshop will focus on the components of emergency preparedness, menu planning, and on health and safety concerns when caring for young children.

Topic: 4 hours Health, Safety, and Nutrition
Date: Thursday, March 15
Time: 9:00 a.m. — 1:00 p.m.
Fee: \$30/ or \$160 for all six modules; Must pre-register

Emergency Preparedness — Project Security Blanket (All)

This statewide training was developed by a team of experts from Chesapeake College on the Eastern Shore and meets the OCC required training. In this workshop discussion will center on how to be prepared for any and all emergencies. Participants will prepare a written emergency plan for their program that goes beyond the basic licensing requirements and develop an understanding of the importance of following this plan.

Topic: 6 hours Health, Safety, and Nutrition
Date: Saturday, March 17
Time: 9:00 a.m. — 3:30 p.m.
Fee: \$20; Must pre-register

Including all Children and the Americans with Disabilities Act (All)

This course fulfills the MSDE/OCC training requirement.

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

Topic: 3 hours Special Needs
Date: Monday, March 19
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

Building Your Resiliency

In this workshop participants will learn how to improve resilience in their personal and professional lives. By improving resilience factors, you will be able to cope better with or recover from change, loss, adversity, and mistakes, as well as have the skills to bounce back from adverse situations.

Topic: 3 hours Professionalism
Date: Wednesday, March 21
Time: 6:15 p.m. — 9:15 p.m.
Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Family Child Care Pre-service Module 4 — Special Needs

This workshop will cover basic information regarding inclusive child care; the ADA requirements; and health, behavioral, and developmental issues and concerns.

Topic: 4 hours Special Needs
Date: Thursday, March 22
Time: 9:00 a.m. — 1:00 p.m.
Fee: \$30/ or \$160 for all six modules; Must pre-register

2018 Emotional Wellness Conference

Registration Brochure will be mailed in early February.

April 2018

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 45-Hour Infant and Toddler	5 FCCP: Professionalism	6	7
8	9 45-Hour Infant and Toddler Basic Health and Safety	10	11 Building Your Parent Handbook and Contract	12 FCCP: Community	13	14 Medication Administration
15	16 45-Hour Infant and Toddler	17 Understanding Learning Disabilities	18 45-Hour Infant and Toddler	19 SIDS	20	21 Infant and Toddler SEFEL, Part 1
22	23 45-Hour Infant and Toddler Supporting Breastfeeding in Child Care	24	25 Teaching Problem Solving Throughout the Day	26	27	28 Infant and Toddler SEFEL, Part 2
29	30 45-Hour Infant and Toddler					

To register, fill out the enclosed form or go to www.bccrc.org to register online.



1001 Eastern Avenue, 2nd Floor
Baltimore, MD 21202
Office: 410-685-5150
Fax: 410-685-2100

Training Descriptions

April 2018

Family Child Care Pre-service Module 5 — Professionalism

This workshop will give participants the opportunity to explore and understand the importance of specific concepts and practices that will lay the foundation for a successful program including: supervision, abuse & neglect, appropriate guidance, record keeping, marketing, contracts, policies & procedures, and developing handbooks.

Topic: 4 hours Professionalism

Date: Thursday, April 5

Time: 9:00 a.m. — 1:00 p.m.

Fee: \$30/ or \$160 for all six modules;
Must pre-register

Basic Health and Safety

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course by July 1, 2018. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

Topic: 3 hours Health, Safety, and Nutrition

Date: Monday, April 9

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

Building Your Parent Handbook and Contract

This workshop is designed to assist programs in meeting the Maryland EXCELS standard. We will review components of a parent handbook and contract and work together to either create a new document or revise a current one.

Topic: 3 hours Professionalism

Date: Wednesday, April 11

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Family Child Care Pre-service Module 6 – Community

This workshop will focus on the importance of developing and maintaining relationships with children, families, and the larger community.

Topic: 4 hours Community

Date: Thursday, April 12

Time: 9:00 a.m. — 1:00 p.m.

Fee: \$30/ or \$150 for all six modules;
Must pre-register

Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

Topic: 6 hours Health, Safety and Nutrition

Date: Saturday, April 14

Time: 9:00 a.m. — 3:30 p.m.

(Bring bag lunch)

Fee: \$60; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

Understanding Learning Disabilities

In this class, led by a child psychologist, we will examine different learning disabilities that can manifest in early childhood and how to recognize and respond to learning differences in early childhood.

Topic: 3 hours Special Needs

Date: Tuesday, April 17

Time: 6:15 p.m. — 9:15 p.m.

Fee: \$25; Must pre-register

Risk Reduction: Sudden Infant Death Syndrome

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

Date: Thursday, April 19

Time: 6:30 p.m. — 8:30 p.m.

Fee: \$22; Must pre-register

Infant and Toddler SEFEL

In this workshop the principles of the social and emotional foundations for early learning will be explored. Discussion will center on intentional caregiving that supports social and emotional development, the importance of environment in promoting social emotional competence and the importance of positive interactions between caregivers and young children.

Topic: 12 hours:

6 hours Child Development;

4 hours Curriculum;

2 hours Community

Date: Saturday, April 21
and Saturday, April 28

Time: 9:00 a.m. — 3:30 p.m.

(Bring bag lunch)

Fee: \$50; Must pre-register

Supporting Breast Feeding in Child Care

This class fulfills the MSDE/OCC requirement for all providers who care for infants and toddlers.

This class will focus on the new requirements and procedures for supporting the needs of families within the child care setting.

Topic: 1 hour Continuing Education

Date: Monday, April 23

Time: 6:15 p.m. — 7:15 p.m.

Fee: \$10; Must pre-register

IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

Teaching Problem Solving Throughout the Day

In this workshop discussion will center on the importance of teaching young children problem solving techniques by identifying problem solving steps and learning strategies to assist children in learning how to solve problems.

Topic: 3 hours Child Development

Date: Wednesday, April 25

Time: 6:15 pm — 9:15pm

Fee: \$25; Must pre-register

IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215



1001 Eastern Avenue, 2nd Floor
Baltimore, MD 21202
410-685-5150

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For more information about any of the articles in this newsletter, call BCCCRC at 410-685-5150, mention the article and we will direct your call to the BCCCRC staff member who can help you.

E-mail us at:
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Our mailing address is:
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Our fax number is:
410-685-2100



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Important Registration Policies

When registering for training classes at BCCCRC please remember the following:

- **Pre-registration is required. Registration and payment must be received three days in advance of the training.**
- **Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration.**
- Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
- A confirmation letter will be sent for all classes — please read your letter carefully. You will not receive reminder cards for each class.
- Payment can be made by check, money order or credit card. **No cash please.**
- Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
- Workshops are for adults only. Please make child care arrangements in advance — children will not be admitted to a training class.
- Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.
- In case of inclement weather, workshops held on a weeknight will be cancelled if the Baltimore County Public Schools are closed on that day. On weekends, call the Resource Center and listen to the message regarding Saturday classes.

TO REGISTER FOR CLASSES:

- Complete a registration form and keep a copy for your records. Only those registrations received on a registration form will be accepted.
- Mail or deliver the completed form and payment to BCCCRC.
- Register with a credit card online at www.bccrc.org.
- Remember — registrations must be received at BCCCRC three days prior to the scheduled training.