



VOLUME 14 • ISSUE 19 • WINTER 2020

# News

BALTIMORE CITY CHILD CARE RESOURCE CENTER

## Where's BCCCRC?



*BCCCRC staff members look forward to seeing you at our new home.*

You can find us at The Family Tree, of course! On October 4, 2019, the BCCCRC staff, along with multitudes of moving crates, physically moved to The Family Tree office at 2108 N. Charles Street. Located in the Old Goucher/Station North

neighborhood, BCCCRC is in a centralized location, has access to two training rooms, a large spacious Resource Room and free parking for evening and Saturday trainings directly behind the building.

Our new location is also accessible to public transportation. The MTA bus routes 95, 51, and Silver City Line service the area. In addition, The Baltimore Circulator

(purple route), a free bus, serves the area with stops across the street.

We look forward to seeing you at our new location. We know that you will find our facility inviting, comfortable and convenient. The Resource Room, pictured below, is completely set up and ready for use. Our web site is currently being revised and integrated into [www.familytreemd.org](http://www.familytreemd.org). If you have any questions regarding the location, or need directions to our new home, please call us at the numbers listed below.

*(continued on page 2)*

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# News

## Where's BCCCRC?

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The telephone number to The Family Tree is 410-889-2300. BCCCRC staff can be reached as follows:

Nancy Pelton, Director,  
ext. 1274, [npelton@familytreemd.org](mailto:npelton@familytreemd.org)

Jennell Bailey, Registrar,  
ext. 1270, [jbailey@familytreemd.org](mailto:jbailey@familytreemd.org)

Suzanne Funk, Infant & Early Childhood Mental Health Consultant,  
ext. 1275, [sfunk@familytreemaryland.org](mailto:sfunk@familytreemaryland.org)

Jennifer Lentz, Professional Development Coordinator,  
ext. 1271, [jlentz@familytreemd.org](mailto:jlentz@familytreemd.org)

Carol Power, Technical Assistance Coordinator,  
ext. 1272, [cpowers@familytreemd.org](mailto:cpowers@familytreemd.org)

Sue Penix, Infant Toddler Specialist/Capacity Building Coordinator,  
ext. 1273, [spenix@familytreemd.org](mailto:spenix@familytreemd.org)

For updates: like us on Facebook or find us on the web at:  
[www.familytreemd.org](http://www.familytreemd.org).

## Free Resource for Medically Fragile Children in Child Care

PACT: Helping Children with Special Needs has introduced a training and coaching program for child care providers serving children with developmental disabilities and special healthcare needs.

With support of the Maryland Developmental Disabilities Council and the Maryland State Department of Education, PACT offers this newly developed service. This collaborative model is designed to support Baltimore City child care providers with on-site training sessions and coaching with a Registered Nurse and expert child care teacher. The nurse can provide the following supports:

- Mealtime strategies for children with special diets or feeding tubes.
- Equipment training (orthotics, walkers, feeding pumps, medical monitors)
- Recognizing and planning for sudden breathing problems in children,
- Emergency plan implementation (seizure and asthma action plans)

For more information, please contact Monica Linthicum at 667-205-4209, [linthicumm@kennedykrieger.org](mailto:linthicumm@kennedykrieger.org), or visit [KennedyKrieger.org/PACT](http://KennedyKrieger.org/PACT).

## B'more for Healthy Babies Needs Your Help

Earlier this year, B'more for Healthy Babies shared the devastating news that six babies in Baltimore City died in six weeks while sleeping. All of these babies were in an unsafe sleep environment – they were sleeping in a bed or on a couch, with an adult or child. Please help us to avert additional tragedies by bringing awareness to the families that you serve.

As more and more people turn to social media for health information, B'more for Healthy Babies finds that there is rampant misinformation being shared, and they need the collective voices of all concerned to reach as many families as possible with evidence-based safe sleep information.

Get involved in spreading the important facts about safe sleep. For more information visit [update.healthybabiesbaltimore.com](http://update.healthybabiesbaltimore.com), and always remember the **ABCD of Safe Sleep: Alone, On Back, In Crib, Don't Smoke.**

## Important Telephone Numbers and Contacts

### Baltimore City Child Care Resource Center

Main Number.....410-889-2300  
LOCATE: Child Care (toll free).....1-877-261-0060  
FAX.....410-685-2100

### Other Agencies

Office of Child Care – Region II.....410-554-8300  
MD State Department of Education.....410-767-0100  
Office of Child Care: Credential Branch.....1-866-243-8796  
CCS Provider Helpline (toll free).....1-866-243-8796  
Protective Services.....410-361-2235  
Medical Assistance/WIC.....410-396-9427  
Child Care Food Program.....410-767-0214  
Maryland Family Network.....410-659-7701  
Maryland State Child Care Association (MSCCA)  
Christina Peusch, Executive Director.....410-820-9196  
MSCCA, Baltimore City Chapter  
Jennifer Dorsey, President.....443-835-0738  
Baltimore Child Care Coalition  
Email.....[baltimorechildcarecoalition@gmail.com](mailto:baltimorechildcarecoalition@gmail.com)  
Family Child Care Provider's Association, Inc.,  
of Baltimore City  
Florice Freeman, President.....410-233-2939  
Bernice Diggs, Director to MSFCCA.....410-325-1227



# Information You Can Use

## Federal Surplus Property Donation Program

If you operate a non-profit child care program you are eligible to seek approval to obtain surplus property from the federal government at no cost. The Department of General Services is the designated state agency to administer the Federal Donation Program. For more information contact Sean Stinnett, Federal Surplus Program administrator, by phone on 410-767-4749, or by e-mail [sean.stinnett@maryland.gov](mailto:sean.stinnett@maryland.gov).

## ImmuNet: Keeping Maryland Families Healthy

ImmunNet is Maryland's Immunization Information System (IIS), a confidential and secure vaccination database that is HIPPA-compliant. ImmunNet stores an Individual's vaccination history only in a web-based tool. Maryland ImmuNet laws identify child care programs as authorized users, who can look up a child's vaccination history by completing an online enrollment form. Immunization records can be printed for a child's file. For additional information visit: [health.maryland.gov/ImmuNet](http://health.maryland.gov/ImmuNet). For families needing to view and print their child's vaccination record they visit [MD.MyIR.net](http://MD.MyIR.net) and complete an on-line form. They will receive a code to access records. For additional information visit: [health.maryland.gov/FindMyIR](http://health.maryland.gov/FindMyIR).

## 2020 US Census

It is extremely important that all children be counted in the upcoming census. When the last census was done in 2010 an estimated 1 million children were not counted. The census is a means to determine local funding and when children are missed funding for critical programs such as SNAP, National School Lunch Program, and Children's Health Insurance are negatively impacted. Please spread the word and help parents understand how important an accurate census count is to our community.

## Child and Adult Food Program (CACFP)

If your program does not participate in the CACFP perhaps it is time to take another look. The program under the direction of the USDA provides both financial and educational resources to assure that children are receiving high quality meals and establishing healthy eating habits. For further information child care centers can visit [www.eatsmartmaryland.org](http://www.eatsmartmaryland.org), and family child care homes can contact The Family League of Baltimore City at 443-423-0912.

# An Evening for Children's Advocacy

On Monday, January 27, the annual event for early childhood educators will be held from 4:pm to 9:pm in Annapolis. This is your opportunity to come to the State Capital and speak with legislators about issues that are important to the early care and education of young children. Watch your email for registration information, or visit [www.marylandfamilynetwork.org](http://www.marylandfamilynetwork.org).

# Good News at Tax Time

## Two Hefty Credits Help Working Families

Working families can put extra cash in their pockets at tax time by claiming the Earned Income Credit (EIC). The EIC is a tax provision that allows eligible taxpayers to reduce their tax burden.

Families may qualify for the federal and state EIC, if, in 2019, they:

- were raising one child and earned less than \$41,094; or less than \$46,884 if married.
- were raising two children and earned less than \$46,703; or \$52,493, if married.
- were raising three or more children and earned less than \$50,162; or \$55,952 if married.
- had no children, earned less than \$15,570; or \$21,370 if married.

The EIC is the biggest tax benefit for working families, but there are other important tax credits. The Child and Dependent Care Tax Credit, gives families with child care expenses up to \$3,000 for one child or up to \$6,000 for two or more children, a tax credit.

To learn the location of free tax preparation sites, run by well-trained community volunteers, or to get more information on the tax credits, please call 1-800-638-2937 or visit the Maryland EITC web site at [www.marylandtaxes.gov](http://www.marylandtaxes.gov)

## 2019 Emotional Wellness Conference



*The 17th Annual Emotional Wellness Conference was a day filled with inspiration and insight. Thanks to Donna Porter and DJ Baptiste for an unforgettable Keynote and General Session.*

# Great Opportunity for Family Child Care Professionals

BCCCRC will begin a third cohort of twenty family child care providers working to obtain the CDA (Child Development Associate) Credential from the Council for Professional Recognition. The CDA is an internationally recognized credential, based on a core set of competency standards, and seen as a stepping stone to further education and career advancement in the EC arena. BCCCRC is currently recruiting for the third CDA cohort. If you are interested contact Jennifer Lentz at [jlentz@familytreemd.org](mailto:jlentz@familytreemd.org).



# January 2020

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Year's Day	2	3	4
5	6	7	8 CJE More Than Twinkle, Twinkle: Using Music with Infants and Toddlers	9	10	11 JC Medication Administration
12	13 JC Healthy Children Through Nutrition and Physical Activity	14	15	16	17	18
19	20	21	22 CJE Developmentally Appropriate Practices: Environments for Child Care Programs	23	24	25 TFT Super Saturday
26	27 BIT Understanding Autism Today	28	29	30	31	1. Building Your Resilience
						2. Infant and Toddler STEM
						3. Exploring Math Concepts with Children's Books
						4. What's in Their Backpack? The Impact of Trauma

To register, fill out the enclosed form or go to [www.bccrc.org](http://www.bccrc.org) to register online.



2108 N. Charles Street • Baltimore, MD 21218  
Office: 410-685-5150 • Fax: 410-685-2100

### WORKSHOP LOCATION KEY

**BIT:** Baltimore Infants & Toddlers  
**CJE:** Center for Jewish Education  
**JC:** The Julie Center  
**MFN:** Maryland Family Network  
**TFT:** The Family Tree

# Training Descriptions January 2020

## **More Than Twinkle, Twinkle: Using Music with Infants and Toddlers**

Music and movement is a fun way to help infants and toddlers increase vocabulary, build muscle tone and social connections. This workshop explores the many ways in which music and movement for infants and toddlers can be incorporated into classrooms, as well as, individualizing music and movement to meet the needs of individual children in your program.

*Topic:* Curriculum

*Date:* Wednesday, January 8

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## **Medication Administration**

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health, Safety and Nutrition

*Date:* Saturday, January 11

*Time:* 9:00 a.m. — 3:30 p.m.  
(Bring bag lunch)

*Fee:* \$60; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

## **Healthy Children through Nutrition and Physical Activity**

This training will help child care teachers be better informed about the food choices, how to prepare a balanced, healthy menu, and improve creative movement activities throughout the day to increase the physical fitness levels of children in their care. Appropriate for preschool and school age programs.

*Topic:* Health, Safety, and Nutrition

*Date:* Monday, January 13

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

## **Developmentally Appropriate Practices: Environments for Child Care Programs**

This training will explore developmentally appropriate practices within the classroom environment and how these practices can be integrated throughout the classroom setting. Participants will learn how to plan activities that are engaging for all children in the different learning centers and how to enhance each learning center through the incorporation of a variety of materials.

*Topic:* Curriculum

*Date:* Wednesday, January 22

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## **SUPER SATURDAY — THE FAMILY TREE**

### **1. Building Your Resilience**

In this workshop participants will learn how to improve resilience in their personal and professional lives. By improving resilience factors, they will be able to better cope with or recover from change, loss, adversity, and mistakes, as well as have the skills to bounce back from adverse situations.

*Topic:* Professionalism

*Date:* Saturday, January 25

*Time:* 9:00 a.m. — 12:00 p.m.

*Fee:* \$25; Must pre-register

### **2. Infant Toddler STEM**

From birth children are inquisitive. You can nurture early science, technology, engineering and math (STEM) concepts and skills through daily routines and play and exploration activities that you provide for the babies and children in your program. By talking, reading, singing, playing, signing, or using other ways to communicate – whatever works best for your infants and toddlers – you can help them purposefully develop STEM skills.

*Topic:* Curriculum

*Date:* Saturday, January 25

*Time:* 9:00 a.m.- 11:00 a.m.

(optional one-hour make  
& take after training)

*Fee:* \$22; Must pre-register

## **3. Exploring Math Concepts — with Children's Books**

Literature is an ideal vehicle to help young children see the importance of numbers and math concepts in their daily lives. This workshop explores the many ways of creating a classroom environment that stimulates mathematical thinking based on children's literature, and activities to use in the classroom.

*Topic:* Curriculum

*Date:* Saturday, January 25

*Time:* 12:30 p.m. — 3:30 p.m.

*Fee:* \$25; Must pre-register

## **4. What's in Their Backpack? — The Impact of Trauma**

This engaging workshop discusses the effects and impact that trauma can have on the brain. It not only affects children in the moment, but throughout life if gone untreated. By understanding the effects of trauma on the brain, we can gain insight into children's behavior.

*Topic:* Child Development

*Date:* Saturday, January 25

*Time:* 12:30 p.m. — 3:30 p.m.

*Fee:* \$25; Must pre-register

## **Understanding Autism Today**

Child care providers are key players in creating awareness of Autism and can offer support and guidance to families and children with Autism Spectrum Disorder. Participants will hear about recent developments in Autism research, learn to identify early warning signs of Autism and find local support resources as well as learning effective teaching and documentation strategies for supporting children with Autism Spectrum Disorder.

*Topic:* Special Needs

*Date:* Monday, January 27

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infants and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

# February 2020

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8 SIDS JC Medication Administration TFT Know, Love, Teach Module 1
9	10	11	12 CJE LEGO On: Building Your Preschooler One Colorful Brick at a Time	13 TFT FCCP Module 1: Child Development	14	15
16	17 JC Fostering a Father Friendly Environment	18	19	20 TFT FCCP Module 2: Curriculum	21	22 TFT Super Saturday 1. Emergency Preparedness 2. NAFFC Accreditation Overview 3. Working with Mixed Age Groups
23	24	25	26 CJE Nurturing Brain Development	27 TFT FCCP Module 3: Health, Safety, & Nutrition BIT Active Bodies, Active Minds	28	29

To register, fill out the enclosed form or go to [www.bccrc.org](http://www.bccrc.org) to register online.



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# Training Descriptions February 2020

## Medication Administration

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children.

*Topic:* 6 hours Health, Safety and Nutrition

*Date:* Saturday, February 8

*Time:* 9:00 a.m. — 3:30 p.m.  
(Bring bag lunch)

*Fee:* \$60; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

## Know, Love, Teach:

### Infant Toddler: Module 1

These modules are adapted from the Social and Emotional Foundations for Early Learning (SEFEL) infant and toddler training modules. This training will prepare providers and caregivers of infants and toddlers in the social emotional domain by embedding practices into already established schedules and routines.

*Topic:* 6 hours; 2 hours  
Child Development,  
2 hours Community,  
2 hours Special Needs

*Date:* Saturday, February 8

*Time:* 9:00 a.m. — 3:30 p.m.  
(Bring bag lunch)

*Fee:* \$30; Must pre-register

## SIDS, SUID and Other

### Sleep-Related Infant Deaths

Participants will review what is SIDS and other sleep-related infant deaths, gain greater understanding of the role child care plays in keeping infants safe.

*Topic:* Health, Safety, and Nutrition

*Date:* Saturday, February 8

*Time:* 9:00 a.m. — 11:00 a.m.

*Fee:* \$22; Must pre-register

## LEGO ON: Building Your Preschooler One Colorful Brick at a Time

This competent level training will provide fun strategies for participants to implement into their programs involving Legos across all learning domains. Participants will learn that Legos are not just for building objects, but are for building essential skills that will help their children succeed.

*Topic:* Curriculum

*Date:* Wednesday, February 12

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## Family Child Care Pre-service

### Module 1 — Child Development

This workshop will cover basic child development concepts including: stages of child growth and development; an overview of leading child development theorists; and an overview of learning differences.

*Topic:* 4 hours Child Development

*Date:* Thursday, February 13

*Time:* 9:00 a.m. — 1:00 p.m.

*Fee:* \$30/ or \$160 for all six modules;  
Must pre-register

## Fostering a Father Friendly Environment

In this workshop participants will learn ways to help involve fathers in their programs. This workshop includes information regarding the importance of fathers/male role models, father/child activities, parent's rights and the importance of being neutral as a child care provider.

*Topic:* Community

*Date:* Monday, February 17

*Time:* 6:30 p.m. — 8:30 p.m.

*Fee:* \$22; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

## Family Child Care Pre-service

### Module 2 — Curriculum

Through this workshop participants will develop a better understanding of the components of a family child care curriculum; how to create a developmentally appropriate curriculum for family child care; and how to plan and design the family child care environment.

*Topic:* 4 hours Curriculum

*Date:* Thursday, February 20

*Time:* 9:00 a.m. — 1:00 p.m.

*Fee:* \$30/ or \$160 for all six modules;  
Must pre-register

## SUPER SATURDAY — THE FAMILY TREE

### 1. Emergency Preparedness

Participants will prepare a written emergency plan for their program that goes beyond the basic licensing requirements and develop an understanding of the importance of following this plan. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health, Safety & Nutrition

*Date:* Saturday, February 22

*Time:* 9:00 a.m. — 3:30 p.m.

*Fee:* \$20.00; Must pre-register

## 2. NAFCC Accreditation Overview

*Topic:* Professionalism

*Date:* Saturday, February 22

*Time:* 9:00 a.m. — 11:00 a.m.

*Fee:* \$22; Must pre-register

## 3. Working with Mixed Age Groups

Working with a group of children who are different ages presents child care providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules and meet the needs of each child.

*Topic:* 2 hours Child Development,  
1 hour Curriculum

*Date:* Saturday, February 22

*Time:* 12:30 p.m. — 3:30 p.m.

*Fee:* \$25; Must pre-register

## Nurturing Brain Development

In this workshop we will look at the science of infant brain development and focus on caring techniques that promote brain development, social emotional development and communication.

*Topic:* Child Development

*Date:* Wednesday, February 26

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## Family Child Care Pre-service

### Module 3 — Health, Safety & Nutrition

This workshop will focus on the components of emergency preparedness, menu planning, and on health and safety concerns when caring for young children.

*Topic:* 4 hours Health, Safety,  
and Nutrition

*Date:* Thursday, February 27

*Time:* 9:00 a.m. — 1:00 p.m.

*Fee:* \$30/ or \$160 for all six modules;  
Must pre-register

## Active Bodies, Active Minds

Early childhood professionals have a unique opportunity to identify and support children with active learning styles early in their education career. Learning styles are identified and participants will be able to identify the characteristics of a child with an active learning style, and learn strategies for incorporating teaching strategies for active learners in the daily routine and lesson plan.

*Topic:* 2 hours Child Development,  
1 hour Curriculum

*Date:* Thursday, February 27

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infants and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

# March 2020

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 CJE Using Art to Heal Trauma	5 TFT FCCP Module 4: Special Needs	6	7 TFT Know, Love, Teach Infant Toddlers Module 2
8	9	10	11	12 TFT FCCP Module 5: Professionalism	13	14 JC Medication Administration
15	16 JC Transition Techniques	17	18 CJE Exploring Scientific Thinking and Inquiry with Children's Literature	19 TFT FCCP Module 6: Community	20	21 TFT <b>Super Saturday</b> 1. Including All Children & the ADA 2. Story Stretchers for Infants and Toddlers 3. Basic Health & Safety 4. The Child Care Provider as a Professional
22	23	24	25	26	27	28
29	30 BIT Traveling in Cars with Kids: Car Seat Safety	31				

To register, fill out the enclosed form or go to [www.bccrc.org](http://www.bccrc.org) to register online.



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# Training Descriptions

## March 2020

### Using Art to Heal Trauma

Giving children opportunities to express themselves through creative art activities enables them to process experiences that trouble them. Explore the impact of trauma on the developing brain and explore the benefits to children of open art centers and free expressive art.

*Topic:* Special Needs

*Date:* Wednesday, March 4

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### Family Child Care Pre-service Module 4 — Special Needs

This workshop will cover basic information regarding inclusive child care; the ADA requirements; and health, behavioral, and developmental issues and concerns.

*Topic:* 4 hours Special Needs

*Date:* Thursday, March 5

*Time:* 9:00 a.m. — 1:00 p.m.

*Fee:* \$30/ or \$160 for all six modules; Must pre-register

### Know, Love, Teach Infant Toddlers: Module 2

The second of the two trainings adapted from the Social and Emotional Foundations for Early Learning (SEFEL) infant and toddler training modules.

*Topic:* 6 hours;

2 hours Child Development,

2 hours Community,

2 hours Special Needs

*Date:* Saturday, March 7

*Time:* 9:00 a.m. — 3:30 p.m.

(Bring bag lunch)

*Fee:* \$30; Must pre-register

### Family Child Care Pre-service Module 5 — Professionalism

This workshop will give participants the opportunity to explore and understand the importance of specific concepts and practices that will lay the foundation for a successful program.

*Topic:* 4 hours Professionalism

*Date:* Thursday, March 12

*Time:* 9:00 a.m. — 1:00 p.m.

*Fee:* \$30/ or \$160 for all six modules; Must pre-register

### Medication Administration

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and

pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health, Safety and Nutrition

*Date:* Saturday, March 14

*Time:* 9:00 a.m. — 3:30 p.m.

(Bring bag lunch)

*Fee:* \$60; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

### Transition Techniques

A transition is any time a child shifts from one activity to another, some are planned and some are not. We will discuss development, social emotional skills, how long children can wait and then join forces to come up with SEFEL based transition techniques that will be very effective in making those transitions easier and flow smoothly.

*Topic:* Child Development

*Date:* Monday, March 16

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

### Exploring Scientific Thinking and Inquiry with Children's Literature

This workshop explores the many ways of creating a classroom environment that stimulates scientific thinking and inquiry through preparing fun science activities based on children's literature.

*Topic:* Curriculum

*Date:* Wednesday, March 18

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

### Family Child Care Pre-service Module 6 — Community

This workshop will focus on the importance of developing and maintaining relationships with children, families, and the larger community.

*Topic:* 4 hours Community

*Date:* Thursday, March 19

*Time:* 9:00 a.m. — 1:00 p.m.

*Fee:* \$30/ or \$160 for all six modules; Must pre-register

## SUPER SATURDAY — THE FAMILY TREE

### 1. Including all Children and the Americans with Disabilities Act

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary

practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored.

*Topic:* 3 hours Special Needs

*Date:* Saturday, March 21

*Time:* 9:00 a.m. — 12:00 p.m.

*Fee:* \$25; Must pre-register

### 2. Story Stretchers for Infants and Toddlers

Children's literature is a great tool to enhance infant and toddler's curiosity. In this workshop we will look at various children's books and extension activities to help our youngest learners gain a better understanding of the story.

*Topic:* 2 hours Curriculum

*Date:* Saturday, March 21

*Time:* 9:00 a.m. — 11:00 a.m.

(optional one-hour make  
& take after training)

*Fee:* \$22; Must pre-register

### 3. Basic Health and Safety

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course.

*Topic:* 3 hours Health, Safety, and Nutrition

*Date:* Saturday, March 21

*Time:* 12:30 p.m. — 3:30 p.m.

*Fee:* \$25; Must pre-register

### 4. The Child Care Provider as a Professional

Gain a greater understanding of child care initiatives, resources, and professional organizations which can assist you in your business. Discuss what it means to be a professional in child care. Plus, examine the NAEYC child care code of ethics and discuss how it can assist you with your program.

*Topic:* 3 hours Professionalism

*Date:* Saturday, March 21

*Time:* 12:30 p.m. — 3:30 p.m.

*Fee:* \$25; Must pre-register

### Traveling in Cars with Kids: Car Seat Safety

During this workshop, providers will learn how to properly protect the children that they transport. Participants will engage in hands-on activities that will encourage proper use and installation of car seats, booster seats and seat belts.

*Topic:* Professionalism

*Date:* March 30

*Time:* 6:15p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infants and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

# April 2020

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 CJE Cultivating Creative Problem Solvers	2	3	4 TFT Lovable Ones
5	6	7	8	9	10	11 JC Medication Administration
		SPRING BREAK WEEK				18 TFT Super Saturday
12	13	14	15 OPEN HOUSE	16	17	1. PURPLE Tears: Adults' Impact on Infant Emotional Intelligence
		WEEK OF THE YOUNG CHILD				2. Why Risk IT? Managing Risk in Child Care
19	20 JC Creating a Compassionate Classroom: Bullying	21	22 CJE Success Over Stress: Gain Control of Your Life	23	24	3. Child Abuse and Neglect
26	27 BIT Time In: Understanding and Preventing Behavior	28	29	30		25

To register, fill out the enclosed form or go to [www.bccrc.org](http://www.bccrc.org) to register online.



2108 N. Charles Street • Baltimore, MD 21218  
Office: 410-685-5150 • Fax: 410-685-2100

### WORKSHOP LOCATION KEY

BIT: Baltimore Infants & Toddlers  
CJE: Center for Jewish Education  
JC: The Julie Center  
MFN: Maryland Family Network  
TFT: The Family Tree

# Training Descriptions April 2020

## Cultivating Creative Problem Solvers

Teachers lose valuable instruction time to time spent mediating conflicts between students. In this training participants will learn how to teach their young students to manage their emotions and resolve conflicts collaboratively with their peers. Participants will also practice appropriate responses to resolving conflict.

*Topic:* Child Development

*Date:* Wednesday, April 1

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## Lovable Ones

Play based learning experiences for the “Loveable Ones” are based on developmentally appropriate practice and our knowledge of young toddler development across all the domains of learning. Providers will explore how to use what they know about child development to create meaningful fun learning experiences for these loveable and fun learners.

*Topic:* Child Development

*Date:* Saturday, April 4

*Time:* 9:00 a.m. — 12:00 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at The Family Tree

## Medication Administration

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health, Safety and Nutrition

*Date:* Saturday, April 11

*Time:* 9:00 a.m. — 3:30 p.m.  
(Bring bag lunch)

*Fee:* \$60; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

## Save the Date

### WEEK OF THE YOUNG CHILD OPEN HOUSE

BCCCRC at The Family Tree  
2108 N. Charles Street  
Baltimore, MD 21218

**WEDNESDAY, APRIL 15  
6:00 P.M. TO 8:00 P.M.**

- Dessert Bar
- Maryland Book Bank Book Mobile
- Resource Room Activity
- Door Prizes

*MSDE Information Booth*

*Please join BCCCRC staff at the Resource Center's new home!*

## SUPER SATURDAY — THE FAMILY TREE

### 1. PURPLE Tears: Adults' Impact on Infant Emotional Intelligence

This workshop explores the period of PURPLE crying to identify child care and family caregivers' impact on infant emotional development and competence. Participants will consider and develop strategies to support families' ability to cope through this infant phase and other challenging times of child development.

*Topic:* Child Development

*Date:* Saturday, April 18

*Time:* 9:00 a.m. — 12:00 p.m.

*Fee:* \$25; Must pre-register

### 2. Why Risk IT? Managing Risk in Child Care

Learn ways to reduce the risks associated with owning your own family child care business. We will learn the different categories of risks, how to prepare for risks, and how to diminish the effect these risks have on the family child care home.

*Topic:* Professionalism

*Date:* Saturday, April 18

*Time:* 9:00 a.m. — 12:00 p.m.

*Fee:* \$25; Must pre-register

### 3. Child Abuse and Neglect

Did you know that child care providers are mandated by law to report child maltreatment? In this training you will develop a policy for preventing and reporting child abuse as well as the signs and symptoms of bullying behaviors and victims' behaviors.

*Topic:* 2 hours Health, Safety, and Nutrition

*Date:* Saturday, April 18

*Time:* 12:30 p.m. — 2:30 p.m.

*Fee:* \$22; Must pre-register

## Creating a Compassionate Classroom: Bullying

Creating a caring early childhood environment reduces the need for children to assert themselves through negative behavior such as teasing and bullying. Early childhood professionals can address this behavior before it takes root and grows. This training is a guide to help make early childhood program safe and caring environments where all children feel welcome, accepted and respected.

*Topic:* 1 hour Child Development,  
2 hours Community

*Date:* Monday, April 20

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

## Success Over Stress: Gain Control of Your Life

Working full time, providing quality child care and managing your personal life can lead to large amounts of stress. Learn how to recognize and manage stress triggers and gain control of your life.

*Topic:* Health, Safety, and Nutrition

*Date:* Wednesday, April 22

*Time:* 6:15 p.m. — 9:15 p.m.

*Fee:* \$25; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

## Time In: Understanding and Preventing Behavior

We must first understand behavior before we can begin to prevent behavior issues. During this training, participants explore reasons for behavior and possible motivators of behaviors. Participants will utilize tools to help in identifying the reason for the behavior and ways to prevent future issues, so that they can provide a nurturing learning environment for all children. Participants will explore preventive strategies to implement in their classrooms and how these affect children's behavior.

*Topic:* Special Needs

*Date:* Monday, April 27

*Time:* 6:30 p.m. — 8:30 p.m.

*Fee:* \$22; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infants and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215



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410-685-5150

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For more information about any of the articles in this newsletter, call BCCCRC at 410-889-2300, mention the article and we will direct your call to the BCCCRC staff member who can help you.

E-mail us at:  
[childcare@bccrc.org](mailto:childcare@bccrc.org)

Our mailing address is:  
The Family Tree —  
BCCCRC  
2108 N. Charles Street  
Baltimore, MD 21218

Our fax number is:  
410-685-2100



The Baltimore City Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network.

## Important Registration Policies

*When registering for training classes at BCCCRC please remember the following:*

- **Pre-registration is required. Registration and payment must be received three days in advance of the training.**
- **Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration.**
- Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
- A confirmation letter will be sent for all classes — please read your letter carefully. You will not receive reminder cards for each class.
- Payment can be made by check, money order or credit card. **No cash please.**
- Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
- Workshops are for adults only. Please make child care arrangements in advance — children will not be admitted to a training class.
- Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.
- In case of inclement weather, workshops held on a weeknight will be cancelled if the Baltimore County Public Schools are closed on that day. On weekends, call the Resource Center and listen to the message regarding Saturday classes.

### TO REGISTER FOR CLASSES:

- Complete a registration form and keep a copy for your records. Only those registrations received on a registration form will be accepted.
- Mail or deliver the completed form and payment to BCCCRC.
- Register with a credit card online at [www.bccrc.org](http://www.bccrc.org).
- Remember — registrations must be received at BCCCRC three days prior to the scheduled training.