It has been one year since the first COVID-19 case was diagnosed in Maryland. In that time the virus has spread to every corner of our state. Childcare providers have remained open and caring for Maryland’s children as long as their government, health, and bank accounts would allow it. They believed the maxim “we are all in this together” and that help for these struggling small businesses would arrive soon. While some aid has been provided, it was too late for many. Mounting evidence makes it conclusive: early care and education is essential to the economic, social emotional, and intellectual success of children. Decades upon decades of research also make it crystal clear that not only do children benefit from quality childcare but so do families, businesses, and society as a whole. We must not forget, that even before the pandemic, early care and education opportunities were unequal, unaffordable, and inaccessible for too many families. Childcare programs struggled with low wages, high costs, and the financial burdens of providing an essential public good in a private market. To not just recover from COVID-19 but to fully recover, childcare needs our help. To plan for a future where we are ready for the next emergency, we must equip the next generation for the challenges they will face. Childcare needs our investment. If the childcare industry does not change, parents will be unable to return to work and the economy will suffer. Many children will lack the critical benefits of a quality early education; many others will suffer when their parents are forced to choose unsafe care options (Cope 2021).

In Baltimore City, family childcare providers play a pivotal role in providing quality care in the neighborhoods in which they live. This knowledge creates a deep level of understanding and commitment to their communities and the families they serve. For parents, family childcare offers the intimacy and familiarity that is similar to the care given at home. Preserving family childcare as a childcare option for families is crucial to parents and guardians being able to return to work.

(continued on page 2)
Moving Childcare Forward

(continued from page 1)

Fortunately, lawmakers in Maryland have taken notice and are proposing a plan to streamline the process of becoming a family childcare provider. This plan will make family childcare a viable choice for those who enjoy working with young children, are knowledgeable about child development or willing to learn, interested in running a competitive business in their own home and would like to set their own goals and wages. Ahead of the proposed legislation, Baltimore City Child Care Resource Center is creating a VIP (Very Important Provider) Program. It provides those interested in opening a family childcare home in Baltimore City with a package of all the professional development trainings needed to start their businesses. In addition, providers receive dedicated technical assistance support from Carol Powers, a member of the BCCCRC staff and owner and operator of a family childcare program in Baltimore City. For more information on the VIP program see the following article.


Very Important Provider (VIP) Program Kickoff!

BCCCRC is excited to announce the kickoff of our Very Important Provider (VIP) program for those interested in becoming family childcare providers in Baltimore City. Our family childcare Technical Assistance Coordinator, Carol Powers, will help navigate VIP participants through the process of becoming licensed. Registered VIP participants will receive all of the required training they need to become licensed (see the list of classes and cost below).

They will receive guidance for contacting the Fire Marshall and other requirements of becoming licensed as well as receive a preliminary visit by Ms. Carol to ensure all components of the childcare space are complete.

Required Training: The class bundle for participating in the VIP program offers a significant savings. Payment plans are available. Contact Ms. Carol for more information cpowers@familytreemd.org or direct number – (410) 831-1190.

Currently, all classes are presented virtually on Zoom. Total cost for all preservice training is $200, a savings of $150.

24-hour Family Child Care Preservice Course

- Module 1: Child Development — June 5
- Module 2: Curriculum — June 12
- Module 3: Health, Safety, and Nutrition — July 10
- Module 4: Special Needs — July 17
- Module 5: Professionalism — August 7
- Module 6: Community — August 14
- Basic Health and Safety — July 13
- Emergency Preparedness — August 28
- First Aid and CPR — TBD
- Including All Children and the Americans with Disabilities Act — June 23
- Medication Administration — July 31
- SIDS — June 8

BCCCRC Celebrates 30 Years!

Baltimore City Child Care Resource Center celebrated 30 years of working with Baltimore City childcare providers with a Proclamation from the Mayor. The BCCCRC staff top from left to right: Carol Powers, Jennifer Lentz, TovaHoicowitz. Middle row left to right: Sue Penix, Jennell Bailey, Suzanne Funk. Bottom row left to right: Nancy Pelton, Sandy Gold Raynes

If you or someone you know is interested please contact Ms. Carol Powers at cpowers@familytreemd.org or direct number – (410) 831-1190
Maryland Child Care Resource Network Complaint Policy

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals can be found here [https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center].

If you are not satisfied with the way your concern is handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

“ZOOM In” with BCCCRC Staff

“Zoom In” are spaces where you can connect with BCCCRC staff and the childcare community in Baltimore City. During these informal sessions you can ask questions, listen to what others share and learn about a variety of topics related to childcare.

During “Zoom In” Child Development Associate (CDA) sessions you will join a cohort of family childcare providers who want to learn more about the process of earning their CDA’s.

During “Zoom In” Family Childcare Accreditation Support Group sessions you learn about the process of becoming a nationally recognized family childcare program of excellence through NAFCC’s Accreditation Program.

During “Zoom In” Infant & Toddler Advisory Committee sessions you will learn more about caring for infants and toddlers, curriculum ideas, and resources to share with new parents.

During “Zoom In” Childcare Provider Virtual Support Group sessions you will be given space to share personal experiences, offer one another emotional and moral support and discuss a range of topics with the BCCCRC Infant and Early Childhood Mental Health Consultants.

During “Zoom In” STEAM in a Backpack sessions you will join a community of learners in a discussion group where all things science, technology, engineering, art and math are shared with an emphasis on the incorporating the natural sciences in fun and exciting ways into your program.

During “Zoom In” Credentialing Support Group sessions you will have the opportunity to learn about the credential and receive assistance going through the initial credentialing process or renewing your credential.

To learn more each of these opportunities visit https://familytreemd.org/bcccrc/ or point your camera at the QR code and go to the BCCCRC website.

Find a BCCCRC Group on Facebook

Supporting Infants and Toddlers in Child Care — This group is a place for providers, parents and those working with infants and toddlers to share curriculum ideas and seek help with issues related to infants and toddlers. To find the group simply type Supporting Infants and Toddlers in Child Care in the search box on Facebook.

Free Swap Child Care Baltimore, Baltimore & Carroll Counties — This is a group where providers list FREE items related to caring for children that they no longer need but are still in good working order for others who may have a need for them in their program. To find the group simply type Free Swap Child Care Baltimore, Baltimore & Carroll Counties search box on Facebook.

Baltimore City Child Care Resource Center — The official Facebook site for the Baltimore City Child Care Resource Center. To find the group simply type Baltimore City Child Care Resource Center in the search box on Facebook.
May 2021

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Managing Anger: Helping Children Handle Conflict</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>A Play on Literacy (NEW)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Fit from the Start</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Fit from the Start</td>
<td></td>
<td>Medication Administration</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Taking Learning Outdoors</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Introduction to the Maryland Child Care Credential</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Medication Administration</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Nurturing Amazing, Brainy Babies!</td>
<td></td>
<td></td>
<td></td>
<td>Treat Yourself</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Introduction to the Maryland Child Care Credential</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Medication Administration</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>I Am Full of Emotions: Why Social and Emotional Skills and Emergent Literacy are Important (NEW)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Medication Administration</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>30</td>
<td>Memorial Day</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Medication Administration</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

To register online, go to www.bcccrc.org.

ALL CLASSES WILL BE HELD VIRTUALLY with the exception of Medication Administration **For more information on VIP trainings please see page 2.**
Training Descriptions
May 2021

Managing Anger: Helping Children Handle Conflict
Anger is a normal, healthy emotion. But many children struggle with managing such a big feeling. This training will take a closer look at the emotion of anger and provide a collection of tools and tips to teach children how to handle their anger in safe and healthy ways.

Topic: 2 hours Child Development
Date: Saturday, May 1
Time: 9:00 a.m. — 11:00 a.m.
Fee: $15; Must pre-register

A Play on Literacy (NEW)
This training takes an in depth look on how to implement literacy into the classroom environment for more meaningful activities, and how to assess children’s literacy development. It also includes information on how to implement adaptations for children with disabilities.

Topic: 2 hours Curriculum
Date: Saturday, May 1
Time: 9:00 a.m. — 11:00 a.m.
Fee: $15; Must pre-register

Fit from the Start
In this interactive training, participants will learn the definition of obesity and the factors that are leading to a rise in the obesity rates of children (and adolescents). Participants will discover strategies to utilize in their childcare setting and curriculum to encourage healthy eating habits and movement activities for all young children.

Topic: 1.5 hours Community, 1.5 hours Health, Safety & Nutrition
Date: Thursday, May 6
Time: 6:00 p.m. — 9:00 p.m.
Fee: $15; Must pre-register

Medication Administration
In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

Topic: 6 hours Health, Safety & Nutrition
Date: Saturday, May 8
Time: 9:00 a.m. — 3:30 p.m.
Fee: $60.00; Must pre-register

*Note: This class will be held face to face at the Julie Center, 100 S. Washington St., Baltimore 21231

Taking Learning Outdoors
Look beyond the slide and climber to the many ways outdoor learning environments and play spaces can be used to support child development and learning. Topics include activity planning, environmental design, and selection of materials and equipment.

Topic: 3 hours Curriculum
Date: Tuesday, May 11
Time: 6:00 p.m. — 9:00 p.m.
Fee: $15; Must pre-register

Nurturing Amazing Brainy Babies!
This training provides an overview of some theoretical principals and foundational ideas, practices and strategies that can enable providers to enhance a young child’s development. Knowledge and understanding of infant toddler growth, learning and development are key to building supportive relationships with children and planning developmentally appropriate environments and experiences.

Topic: 2 hours Child Development, 1 hour Curriculum
Date: Tuesday, May 18
Time: 6:00 p.m. — 9:00 p.m.
Fee: $15; Must pre-register

Introduction to the
Maryland Child Care Credential
The Maryland Child Care Credential Program recognizes individual childcare providers who increase their qualifications beyond the requirements of state licensing and registration regulations. The Program is voluntary. Registered family childcare providers and childcare center staff are encouraged to participate. If you would like more information on the how to participate in the Maryland Child Care Credential, this workshop is for you!

Topic: 2 hours Professionalism
Date: Wednesday, May 19
Time: 6:00 p.m. — 8:00 p.m.
Fee: $15; Must pre-register

Treat Yourself
This training addresses the importance of self-care for teachers and administrators. Through self-reflective, hands-on activities and experiences, teachers will explore and increase their familiarity with best practices in self-care, including breathing techniques, using mantras, getting enough rest, and feeling gratitude. Providers and administrators will create a plan to increase the use of self-care strategies in their program.

Topic: 1 hour Professionalism, 1 hour Special Needs
Date: Saturday, May 22
Time: 9:00 a.m. — 11:00 a.m.
Fee: $15; Must pre-register

I Am Full of Emotions: Why Social and Emotional Skills and Emergent Literacy are Important (NEW)
This workshop discusses the importance between emergent literacy, social emotional skills, and self-regulation skills. Participants will gain strategies to use in their programs that encourage their children to use positive behaviors and express themselves.

Topic: 2 hours Child Development
Date: Wednesday, May 26
Time: 6:00 p.m. — 8:00 p.m.
Fee: $15; Must pre-register
# June 2021

## Workshop Training Sessions

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
<td></td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Supporting STEM Through Play (NEW)</td>
<td></td>
<td>Family Child Care Preservice, Mod 1 (VIP)**</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Reducing Stress and Burnout for Those Caring for Kids</td>
</tr>
<tr>
<td>6</td>
<td>7</td>
<td></td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td></td>
<td></td>
<td>SIDS, SUJD and Other Sleep-Related Infant Deaths (VIP)**</td>
<td></td>
<td></td>
<td>Singing, Dancing and Moving to the Groove for Infants and Toddlers</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Work Together: The Importance of Community Helpers in Our Daily Lives</td>
<td></td>
<td>Early Childhood Social Emotional Health</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>17</td>
<td></td>
<td>18</td>
<td>19</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>21</td>
<td></td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Including All Children and the ADA (VIP)**</td>
<td></td>
<td>You Can Do This! Accommodating All Children in Your Program</td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td></td>
<td>31</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Coloring Outside of the Lines (NEW)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**To register online, go to www.bcccrc.org.**

**ALL CLASSES WILL BE HELD VIRTUALLY**

with the exception of Medication Administration

**For more information on VIP trainings please see page 2.**
Training Descriptions
June 2021

Supporting STEM Through Play (NEW)
Participants will learn how to support STEM learning by creating environments that provide opportunities for children to explore, create, and question during play. Participants will identify developmentally appropriate STEM learning activities.

**Topic:** 2 hours Curriculum  
**Date:** Thursday, June 3  
**Time:** 6:00 p.m. — 8:00 p.m.  
**Fee:** $15; Must pre-register

Reducing Stress and Burnout for Those Caring for Kids
The childcare environment can be stressful at times. Without good self-care, there may be a point when you have nothing left to give due to stress. Through hands-on activities and experiences, as well as self-reflections, providers will explore and increase their familiarity and knowledge with best practices in self-care and ways to reduce stress and prevent burnout.

**Topic:** 3 hours Health, Safety & Nutrition  
**Date:** Saturday, June 5  
**Time:** 9:00 a.m. — 12:00 p.m.  
**Fee:** $15; Must pre-register

Singing, Dancing and Moving to the Groove for Infants and Toddlers
Young children learn to sing just as they learn to speak and move-through imitation, exploration, and repetition. In this workshop, participants will discuss motor and music development and experience strategies they can use to promote learning in these areas.

**Topic:** 1 hour Child Development,  
1 hour Curriculum  
**Date:** Thursday, June 10  
**Time:** 6:00 p.m. — 8:00 p.m.  
**Fee:** $15; Must pre-register

Medication Administration
In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

**Topic:** 6 hours Health, Safety & Nutrition  
**Date:** Saturday, June 12  
**Time:** 9:00 a.m. — 3:30 p.m.  
**Fee:** $60.00; Must pre-register

*Note: This class will be held face to face at the Julie Center, 100 S. Washington St., Baltimore 21231*

Working Together: The Importance of Community Helpers in Our Daily Lives
This training explores the importance of community helpers in the lives of young children and how recognizing these people helps to build a community of caring.

**Topic:** 2 hour Curriculum  
**Date:** Tuesday, June 15  
**Time:** 6:00 p.m. — 8:00 p.m.  
**Fee:** $15; Must pre-register

Early Childhood Social Emotional Health
This training will outline the importance and identify social emotional skills in the context of positive relationships. Participants will learn concrete strategies to build positive relationships with children and families. Participants will learn how to communicate effectively with small children in a positive and developmentally appropriate manner about challenging behaviors and the importance of staying safe with practices to prevent germs from spreading.

**Topic:** 3 hours Child Development  
**Date:** Saturday, June 19  
**Time:** 9:00 a.m. — 12:00 p.m.  
**Fee:** $15; Must pre-register

You Can Do This! Accommodating All Children in Your Program
This workshop session provides an overview of the characteristics of inclusive child care and ways caregivers can support different needs for different children. Participants will discuss and develop ideas for identifying program modifications and accommodations for children who have special needs or disabilities. This workshop does not satisfy the MSDE requirement for the Including All Children and the ADA.

**Topic:** 3 hours Special Needs  
**Date:** Thursday, June 24  
**Time:** 6:00 p.m. — 9:00 p.m.  
**Fee:** $15; Must pre-register

Make Time Happen: Time Management (NEW)
This course is designed to teach childcare providers how to make the most effective use of the time and how to help handle the time that they cannot control. Topics include how to manage time appropriately through work, rest, and play.

**Topic:** 3 hours Professionalism  
**Date:** Saturday, June 26  
**Time:** 9:00 a.m. — 12:00 p.m.  
**Fee:** $15; Must pre-register

Coloring Outside the Lines (NEW)
This course is designed to help you use art as a vehicle for discovery and the development of fine motor skills of the children you care for. You will learn how process focused art allows the child to be creative, confident problem solvers.

**Topic:** 2 hours Curriculum  
**Date:** Wednesday, June 30  
**Time:** 6:00 p.m. — 8:00 p.m.  
**Fee:** $15; Must pre-register
<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
</tr>
<tr>
<td><strong>Independence Day</strong></td>
<td></td>
<td></td>
<td>Simple Strategies for Staying Healthy During Trying Times</td>
<td>Healthy Meals for Infants and Toddlers (NEW)</td>
<td></td>
<td>Family Child Care Preservice, Mod 3 (VIP)**</td>
</tr>
<tr>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Basic Health &amp; Safety Training with Supporting Breastfeeding in Child Care (VIP)**</td>
<td>Including All Children and the ADA</td>
<td></td>
<td></td>
<td>Family Child Care Preservice, Mod 4 (VIP)**</td>
</tr>
<tr>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Indoor &amp; Outdoor Nature Based Learning for Infants and Toddlers</td>
<td></td>
<td></td>
<td>Helping Boys Blossom (NEW)</td>
</tr>
<tr>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>How to Develop Critical Thinking Skills in Children</td>
<td></td>
<td></td>
<td>Medication Administration (VIP)**</td>
</tr>
</tbody>
</table>

To register online, go to www.bccrcr.org.

**ALL CLASSES WILL BE HELD VIRTUALLY**
with the exception of Medication Administration
**For more information on VIP trainings please see page 2.**
### Simple Strategies for Staying Healthy During Trying Times
During these trying times deep, thoughtful, intentional self-care is critical for every professional in the early care and education field. In this workshop you will learn strategies to help you take care of yourself so you can take care of others.

**Topic:** 2 hours Professionalism  
**Date:** Tuesday, July 7  
**Time:** 6:00 p.m. — 8:00 p.m.  
**Fee:** $15; Must pre-register

### Healthy Meals for Infants and Toddlers (NEW)
A varied and nutritious diet and good eating habits are essential for infant & toddler healthy growth & development. Healthy eating habits are easy to establish early in a child’s life when the parents and caregivers have accurate knowledge of nutritional values. This workshop explores how to help build healthy eating habits in infants & toddlers.

**Topic:** 2 hours Health, Safety & Nutrition  
**Date:** Thursday, July 8  
**Time:** 6:00 p.m. — 8:00 p.m.  
**Fee:** $15; Must pre-register

### Medication Administration
In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

**Topic:** 6 hours Health, Safety & Nutrition  
**Date:** Saturday, July 10  
**Time:** 9:00 a.m. — 3:30 p.m.  
**Cost:** $60.00; Must pre-register

*Note: This class will be held face to face at the Julie Center, 100 S. Washington St., Baltimore 21231*

### Including All Children and the ADA
This class fulfills the MSDE requirement for all childcare professionals.

**Topic:** 3 hours Special Needs  
**Date:** Tuesday, July 14  
**Time:** 6:00 p.m. — 9:00 p.m.  
**Fee:** $15, Must pre-register

### Success Over Stress: Gain Control of Your Life
Working full time, providing quality childcare, and managing your personal life can lead to large amounts of stress. Learn how to recognize and manage stress triggers and gain control of your life.

**Topic:** 3 hours Health, Safety & Nutrition  
**Date:** Saturday, July 17  
**Time:** 9:00 a.m. — 12:00 p.m.  
**Fee:** $15; Must pre-register

### Indoor & Outdoor Nature Based Learning for Infants and Toddlers
Long before electronic toys, LEGOS or even stuffed animals, infants and toddlers learned in and from their natural environment — nature! Participants will gain skills, strategies, and techniques for implementing natural STEAM in developmentally appropriate ways for infants and toddlers.

**Topic:** 3 hours Curriculum  
**Date:** Thursday, July 22  
**Time:** 6:00 p.m. — 9:00 p.m.  
**Fee:** $15; Must pre-register

### Helping Boys Blossom (NEW)
Despite current research showing that there are not many differences between boys and girls, the statistics show that boys are still facing many challenges. In this training, participants will clarify their role in supporting boys’ growth, barriers that are created, and strength-based approaches to help boys blossom.

**Topic:** 1 hour Child Development,  
1 hour Special Needs,  
1 hour Curriculum  
**Date:** Saturday, July 24  
**Time:** 9:00 a.m. — 12:00 p.m.  
**Fee:** $15; Must pre-register

### How to Develop Critical Thinking Skills in Children
In this workshop, participants will learn about early brain development and why the most important time to develop critical thinking skills is in preschool. Participants will learn what early childhood educators and care providers need to do to help students flourish academically.

**Topic:** 1.5 hours Child Development,  
1.5 hours Curriculum  
**Date:** Wednesday, July 28  
**Time:** 6:00 p.m. — 9:00 p.m.  
**Fee:** $15; Must pre-register

### Multiple Intelligences: Discovering Gifts & Empowering Children
This training introduces participants to the theory of Multiple Intelligences and innovative teaching ideas which will assist in making their classroom an enhanced learning environment for children of all abilities. Participants will learn to identify the unique learning strengths of children and how to apply practical strategies to promote inclusive and empowering learning opportunities for all.

**Topic:** 1 hour Curriculum,  
1 hour Special Needs  
**Date:** Saturday, July 31  
**Time:** 9:00 a.m. — 11:00 a.m.  
**Fee:** $15; Must pre-register
<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Character Development in Preschool</td>
<td></td>
<td></td>
<td>7 Building Classroom Communities</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>12</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>It’s the Questions Not the Answers</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>13</td>
</tr>
<tr>
<td></td>
<td></td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Medication Administration</td>
<td>Basic Health &amp; Safety Training with Supporting Breastfeeding in Child Care</td>
<td></td>
<td></td>
<td>Building Resilience in Young Children</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Creating Success in an After School Program</td>
<td>Family Child Care Preservice, Mod 5 (VIP)**</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Family Child Care Preservice, Mod 6 (VIP)**</td>
<td></td>
<td></td>
<td></td>
<td>20</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>21</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Conflict Resolution Strategies</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>22</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Working with Mixed Age Groups</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>23</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>24</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>25</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>26</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Behavior Guidance for Infants and Toddlers</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>27</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>28</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Emergency Preparedness (VIP)**</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

To register online, go to www.bcccrc.org.

ALL CLASSES WILL BE HELD VIRTUALLY with the exception of Medication Administration
**(For more information on VIP trainings please see page 2.)

Raising families up.
24-hour Parenting Helpline: 1.800.243.7337

The Family Tree
Baltimore City Child Care Resource Center

2108 North Charles Street
Baltimore, MD 21218
410-889-2300
familytree-md.org
Training Descriptions
August 2021

Character Development in Preschool
Find out who said, “Character is like a tree and reputation like its shadow.” The shadow is what we think of it; the tree is the real thing. Explore effective practices and activities that help to develop positive character traits — honesty, empathy, citizenship — in preschool-aged children.

*Topic*: 2 hours Child Development  
*Date*: Tuesday, August 3  
*Time*: 6:00 p.m. — 8:00 p.m.  
*Fee*: $15; Must pre-register

Building Classroom Communities
This training addresses the various components involved in creating a supportive classroom community. In such a classroom environment, teachers and children come to know and care about each other and develop mutual regard and concern for each other, so that everyone can learn and grow. Throughout the training, the elements of a caring classroom community are shared.

*Topic*: 1.5 hours Community, 1.5 hours Child Development  
*Date*: Saturday, August 7  
*Time*: 9:00 a.m. — 12:00 p.m.  
*Fee*: $15; Must pre-register

It’s the Questions Not the Answers
Participants will learn how to encourage STEM learning and foster children’s innate curiosity by using the Inquiry Teaching Model. Providers will reflect on what they are already doing and how they can increase their language and ability to support children with STEM learning.

*Topic*: 2 hours Curriculum  
*Date*: Thursday, August 12  
*Time*: 6:00 p.m. — 8:00 p.m.  
*Fee*: $15; Must pre-register

Medication Administration
In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic*: 6 hours Health, Safety & Nutrition  
*Date*: Saturday, August 14  
*Time*: 9:00 a.m. — 3:30 p.m.  
*Fee*: $60.00; Must pre-register

*Note*: This class will be held face to face at the Julie Center, 100 S. Washington St., Baltimore 21231

Creating Success in an After School Program
Including all children in a school-age program can be a challenge due to the individual needs of a large group of mixed-age children. In this workshop, participants will learn about Developmentally Appropriate Practices, Attention Deficit Hyperactivity Disorder, and Autism Spectrum Disorder and identify strategies to successfully support and include children with special needs in a school-age program.

*Topic*: 2 hours Special Needs, 1 hour Curriculum  
*Date*: Saturday, August 14  
*Time*: 9:00 a.m. — 12:00 p.m.  
*Fee*: $15; Must pre-register

Basic Health and Safety
This class fulfills the MSDE requirement for basic health and safety and supporting breastfeeding in childcare training.

*Topic*: 3 hours Health, Safety, & Nutrition  
*Date*: Tuesday, August 17  
*Time*: 6:00 p.m. — 9:00 p.m.  
*Fee*: $15; Must pre-register

Building Resilience in Young Children
In this workshop participants will learn that warm and nurturing relationships between children and the adults in their lives are the most important factor in developing resilience and overcoming potential negative effects of daily stress.

*Topic*: 3 hours Child Development  
*Date*: Thursday, August 19  
*Time*: 6:00 p.m. — 9:00 p.m.  
*Fee*: $15; Must pre-register

Conflict Resolution Strategies
When conflicts arise in childcare, it is important to know how to address the situation professionally and appropriately. Come examine what causes conflict, how to prevent conflict, strategies for handling a conflict, and ways to build and maintain positive relationships with coworkers, families, and friends.

*Topic*: 3 hours Professionalism  
*Date*: Saturday, August 21  
*Time*: 9:00 a.m. — 12:00 p.m.  
*Fee*: $15; Must pre-register

Working with Mixed Age Groups
Working with a group of children who are different ages presents childcare providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules and meet the needs of each child.

*Topic*: 3 hours Curriculum  
*Date*: Saturday, August 21  
*Time*: 9:00 a.m. — 12:00 p.m.  
*Fee*: $15; Must pre-register

Behavior Guidance for Infants and Toddlers
This training will outline the developmentally appropriate, yet sometimes challenging, behaviors of children, birth through age 3. Participants will begin to develop the knowledge and strategies necessary to properly redirect children’s negative or challenging behaviors into positive and appropriate behaviors.

*Topic*: 3 hours Child Development  
*Date*: Thursday, August 26  
*Time*: 6:00 p.m. — 9:00 p.m.  
*Fee*: $15; Must pre-register
Important Registration Policies

When registering for training classes at BCCCRC please remember the following:

• Pre-registration is required. Registration and payment must be received three days in advance of the training.
• Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration.
• Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
• A confirmation letter will be sent for all classes — please read your letter carefully. You will not receive reminder cards for each class.
• Payment can be made by check, money order or credit card. No cash please.
• Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
• Workshops are for adults only. Please make child care arrangements in advance — children will not be admitted to a training class.
• Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.

TO REGISTER FOR CLASSES:

• Register with credit card on-line at www.bcccrc.org. To receive a registration form via email contact Jennell Bailey at jbailey@familytreemd.org.
• Remember — registrations must be received at BCCCRC three days prior to the scheduled training.