



CURRENT NEWS AND TRAINING CALENDAR FROM BCCRC

## Enhancing Supervision Practices for Early Childhood Educators in Baltimore City

**A**s dedicated professionals committed to nurturing the growth and development of young learners in Baltimore City, your role extends far beyond the confines of the classroom walls. Supervision, both inside and outside of the classroom, plays a crucial role in ensuring the safety, well-being, and positive development of children in early childhood education settings.

Inside the classroom, supervision is more than just keeping an eye on the children. It involves actively engaging with them to create a safe and supportive learning environment. As educators, you play a pivotal role in guiding children's interactions, facilitating learning experiences, and promoting positive behavior. By maintaining a keen awareness of each child's needs and interests, you can tailor your supervision approach to ensure every child feels valued and supported in their learning journey.

Outdoor play is an essential component of early childhood education, offering children opportunities for exploration, physical activity, and social interaction. However, outdoor supervision presents unique challenges, including ensuring safety in dynamic environments and managing risk. By establishing clear guidelines, maintaining proper adult-to-child ratios, and actively supervising

*(Continued on page 2)*



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## Enhancing Supervision Practices for Early Childhood Educators in Baltimore City

*[Continued from page 1]*

outdoor activities, you can create a safe yet stimulating outdoor environment where children can learn and grow.

Effective supervision goes beyond ensuring safety; it also fosters positive social interactions and emotional development among children. By actively observing children's interactions, intervening when necessary, and modeling respectful communication, you can create a culture of kindness and empathy in your classroom. Additionally, teaching children conflict resolution skills and encouraging them to express their feelings in constructive ways can help build strong social-emotional foundations that will benefit them throughout their lives.

As early childhood educators in Baltimore City, your commitment to the well-being and development of young children is commendable. By prioritizing effective supervision practices both inside and outside of the classroom, you can create safe, nurturing, and enriching learning environments where children can thrive. Remember, supervision is not just about watching over children; it is about actively engaging with them, guiding their learning experiences, and fostering their growth as individuals. Thank you for your dedication to this important work.

For additional resources and support on supervision practices and other topics related to early childhood education, please look through our training calendar and register for our Active Supervision training for Family Child Care on Tuesday, July 2, 2024, or the Active Supervision training for Child Care Centers on Tuesday, July 9, 2024.

Together, let us continue to elevate the quality of early childhood education in Baltimore City and empower our children to reach their full potential.

## E-Learning Opportunities

Did you know the Maryland Child Care Resource Network has a collaborative partnership with ProSolutions Training? ProSolutions is an E-Learning platform that brings high quality e-learning to child care providers in Maryland. All Trainings are approved by the MSDE Office of Child Care for Core of Knowledge hours. Successful completion also included CEU's for every workshop at no extra charge. Training is available in English and Spanish! <https://www.marylandfamilynetwork.org/for-providers-training/e-learning>

## Looking for Training? Need Assistance?



Just open the camera on your phone, focus it on the QR code here, click the link that pops up on your phone and you will be redirected to our training calendar. Trainings can also be found on our website,

<https://familytreemd.org/bccrc/>.

## Maryland's Early Childhood Programs Thrive with ARPA Funding

In a time of unprecedented challenges, it is important to "find the good," Maryland's early childhood programs have found hope and resilience through the support of the American Rescue Plan Act (ARPA). This transformative funding initiative has not only provided vital relief to struggling child care centers and family child care programs but has also paved the way for innovation, growth, and lasting positive change in the early childhood education landscape across the state.

Amidst the uncertainties brought about by the COVID-19 pandemic, many child care centers and family child care providers in Maryland faced the threat of closure, jeopardizing access to essential early learning opportunities for countless children and families. Thanks to ARPA funding, many of these programs have been able to weather the storm, ensuring that children continue to have access to safe, nurturing, and high-quality care when they need it most.

Recognizing the critical role of early childhood educators in shaping the lives of young children, ARPA funding has provided much-needed support to strengthen the early childhood workforce in Maryland. By offering financial incentives, professional development opportunities, and resources for mental health and wellness, ARPA funding has helped attract and retain talented educators who are passionate about making a difference in the lives of children and families.

The impact of ARPA funding on Maryland's early childhood programs has been nothing short of transformative. As ARPA funding has ended, we would like to celebrate the successes made possible by this critical investment, let us remain committed to nurturing the next generation of Marylanders and building a brighter future for all.



# Embracing the Summer Sun: The Importance of Outdoor Play in Early Childhood Education

As the sun shines brighter and the days grow longer, summer brings with it endless opportunities for outdoor exploration and adventure. For early childhood educators, this season is a time to harness the power of nature and unleash the boundless potential of outdoor play. In this article, we celebrate the joys of summertime and explore the invaluable benefits of taking learning outside the classroom walls.

The great outdoors is nature's playground, offering ample space for children to run, jump, climb, and explore to their heart's content. Engaging in physical activities promotes gross motor skills development but also supports overall health and well-being. With plenty of fresh air and sunshine, children can recharge their bodies and minds while staying active and energized.

Outdoor play offers rich opportunities for children to interact with their peers, practice social skills, and build meaningful relationships. Through cooperative games, teamwork challenges, and imaginative play scenarios, children learn valuable lessons in communication, cooperation, and conflict resolution. By navigating social dynamics in unstructured outdoor environments, children develop empathy, resilience, and a sense of belonging within their community.

The outdoor environment serves as a dynamic classroom without walls, where learning transcends traditional boundaries and takes on new meaning. From exploring patterns in nature to conducting simple science experiments, the natural world provides endless opportunities for hands-on, inquiry-based learning across the curriculum.

For additional resources and training information regarding outdoor play and many other topics related to early childhood education, please look through our training calendar and register today for our Playground Safety training on Wednesday, July 3rd.

# MSDE — Updates for you to know.

## Maryland's Early Learning Standards Now Available Online

We are thrilled to announce that Maryland's Early Learning Standards are now available online.

The standards are structured around five comprehensive domains and consider diverse populations of children, such as those with disabilities, early multilingual learners, and those experiencing homelessness.

### The Five Domains

- Social-Emotional Development
- Approaches to Learning
- Language and Literacy
- Early Cognition and STEAM
- Physical Well-being and Motor Development

The standards are applicable across various early childhood settings, including family homes, schools, and centers.

To download a PDF version of the new standards, please visit: <https://blueprint.marylandpublicschools.org/ece/>.

## Updated CDC Respiratory Virus Guidance – Schools and Child Care Programs (Updated 3/14/24)

The Maryland Department of Health (MDH) and Maryland State Department of Education (MSDE) recommend that schools and child care programs follow the U.S. Centers for Disease Control and Prevention's (CDC) Operational Guidance for K-12 Schools and Early Care and Education Programs



## Provider Appreciation Day:

We appreciate you! A big thank you to all of you that came out to Druid Hill Park on Saturday, May 4th to celebrate you and all the work that you do every single day. We are happy that we were able to bring early childhood professionals in Baltimore City together for a day to connect with each other and cater to you for a change. So much fun was had playing yard games, dancing, painting, getting massages and connecting with vendors from the community.



# Growing Opportunities for Family Child Care (GOFCC):

## Are you interested in starting a family child care business in your home?

The Baltimore City Child Care Resource Center offers a program, called Growing Opportunities for Family Child Care [GOFCC] that provides free support to individuals that want to pursue the registration process for a Family Child Care home.

### Requirements to participate:

- Live in Baltimore City
- Be 18 or older
- Want to have a child care business in your home
- Own your home or have landlord approval if you rent your home

### We provide:

- Free required training
- Individualized coaching to support you from beginning to end
- Free business training and coaching

### INTERESTED IN LEARNING MORE?

#### HAVE QUESTIONS ABOUT FAMILY CHILD CARE?

Call or Text Courtney Ross (GOFCC Coach): 667-355-8820 Submit an interest form: <https://forms.office.com/r/iUmaNxxT30>

## ¿Está interesado en iniciar un negocio de cuidado infantil familiar en su casa?

El Centro de recursos para el cuidado infantil familiar de la ciudad de Baltimore ofrece un programa llamado Crecientes oportunidades para el cuidado infantil familiar [GOFCC, por sus siglas en inglés] que brinda apoyo gratuito a las personas que desean continuar con el proceso de registro para un hogar de cuidado infantil familiar.

### Requisitos para participar:

- Vivir en la ciudad de Baltimore
- Tener 18 años o más
- Querer que tener un negocio de cuidado infantil familiar en su casa
- Ser dueño de su casa o tener la aprobación del propietario si alquila su casa

### Proporcionamos

- Capacitaciones requeridas gratuitas
- Asistencia individualizada con el proceso de licencia
- Capacitaciones empresarial gratuita

## ¿INTERESADO EN APRENDER MÁS? ¿TIENE PREGUNTAS SOBRE EL CUIDADO INFANTIL FAMILIAR?

Llame o envíe un mensaje de texto a Courtney Ross (entrenadora de GOFCC): 667-355-8820 Envíe un formulario de interés: <https://forms.office.com/r/iUmaNxxT30>

# Money Matters



Did You Know? The Enoch Pratt free Library offers FREE Computer Classes presented by the Pratt Center for Technology Training. They offer Beginner, Intermediate and Advanced classes ranging from Introduction to Computer Basics, Google Apps Basics, Chromebook Basics, Introduction to Google Workspace, and Introduction to Microsoft Office, just to name a few. If you are interested in learning more, or have any questions call 443-984-4944 or send an email to [computer.class@prattlibrary.org](mailto:computer.class@prattlibrary.org).

To sign up for classes, visit [prattlibrary.org/computer.classes](http://prattlibrary.org/computer.classes). Click the name, select desired date(s) click register, complete the personal information page, then click the register button. An email account is required to register for online/virtual classes. In-person training is also available. Use your smartphone to scan this QR code to see the full list of computer classes on [Prattlibrary.org](http://Prattlibrary.org).



## Maryland Child Care Initiatives help you earn extra Money for your program

### Do you participate in MD EXCELS?



Maryland EXCELS is happy to announce that bonuses will continue through June 2025 for programs that improve their quality ratings. All programs participating in Maryland EXCELS will automatically receive a bonus when they do one of the following:

- Publish any quality rating for the first time
- Maintain a Quality Rating 4 or 5

Bonuses range between \$1,000-\$13,500 depending on a program's type and capacity.

Learn more: <https://marylandexcels.org/commitment-to-quality/maryland-excels-bonuses/>

Looking for help with improving your quality rating? Contact your regional Quality Assurance Specialist for assistance. Click the link below or scan the QR code to learn more about the Bonus Structure. If you need help, contact our Early Childhood Coaches, all experts in assisting Programs, to increase their Maryland Excel level. <https://marylandexcels.org/commitment-to-quality/>



# July 2024

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Active Supervision for Family Child Care	3 Playground Safety	4	5	6 Storytime for Infants and Toddlers
7	8	9 Active Supervision for Child Care Centers	10 Policies that Protect	11 Importance of Executive Function and Self-Regulation in Early Childhood Education and Care	12	13 Medication Administration
14	15	16	17 Recognizing and Reporting Child Abuse and Neglect	18	19	20 Roots of Inclusion: Establishing a Solid Foundation for Inclusive Practice
21	22	23 Learning Math with Dollar and Thrift Store Finds	24	25 Switch On — Switch Off: Babies and Technology	26	27 SIDS, SUIDS, and other Sleep Related Infant Care Deaths
28	29	30 Recognizing and Responding to Challenging Behavior	31 What Happened to the World? Helping Children Cope			

To register online, go to <https://familytreemd.org/bccrc/>



**ALL CLASSES WILL BE HELD VIRTUALLY UNLESS MARKED IN RED. SEE COURSE DESCRIPTIONS FOR DETAILS.**

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# Training Descriptions July 2024

To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<p><b>Active Supervision for Family Child Care</b>  <b>Tuesday, July 2nd</b>            6:00 p.m. — 9:00 p.m.</p>	<p>Gain greater understanding of how to supervise children of all ages appropriately and effectively. Explore techniques for indoor and outdoor supervision. Ensure children's safety through active monitoring to enable children to maximize their learning opportunities. This workshop can be used for licensing compliance requests.</p>	<p>3 hours Child Development            \$10.00; Must Pre-Register</p>
<p><b>Playground Safety</b>  <b>Wednesday, July 3rd</b>            6:00 p.m. — 9:00 p.m.</p>	<p>Outdoor play is an essential part of everyday life in childcare. Learning how to keep children safe on the playground involves being intentional. This training will help childcare teachers evaluate the safety of their playground, review the current procedures for keeping children safe on the playground, and make recommendation on how to maximize their play space so it is safe for all children.</p>	<p>3 hours Health, Safety and Nutrition            \$10.00; Must Pre-register</p>
<p><b>Storytime for Infants and Toddlers</b>  <b>Saturday, July 6th</b>            9:00 a.m. — 12:00 p.m.</p>	<p>Infants and toddlers love being read to! We will explore how to choose appropriate books and identify strategies for planning and executing story time.</p>	<p>3 hours            (1 hour Child Development, 2 hours Curriculum)            \$10.00; Must pre-register</p>
<p><b>Active Supervision for Child Care Centers</b>  <b>Tuesday, July 9th</b>            6:00 p.m. — 9:00 p.m.</p>	<p>Gain greater understanding of how to supervise children of all ages appropriately and effectively. Explore techniques for indoor and outdoor supervision. Ensure children's safety through active monitoring to enable children to maximize their learning opportunities. This workshop can be used for licensing compliance requests.</p>	<p>3 hours Child Development            \$10.00; Must Pre-Register</p>
<p><b>Policies that Protect</b>  <b>Wednesday, July 10th</b>            6:00 p.m. — 9:00 p.m.</p>	<p>Minimize the risk of your program becoming the focus of a CPS investigation by developing and following policies and procedures which offer protection against allegations of child maltreatment.</p>	<p>3 hours Professionalism            \$10.00; Must Pre-Register</p>
<p><b>Importance of Executive Function and Self-Regulation in Early Childhood Education and Care</b>  <b>Thursday, July 11th</b>            6:00 p.m. — 8:00 p.m.</p>	<p>Executive functioning and self-regulation help children be successful within their environments. Children are born with the capacity to learn and utilize these skills. Participants will learn about why these skills are important, what deficits in these areas look like, and strategies to help build them.</p>	<p>2 hours Child Development            \$10.00; Must Pre-Register</p>
<p><b>Medication Administration (In-person)*</b>  <b>Saturday, July 13th</b>            9:00 a.m. — 3:30 p.m.</p>	<p><b>Note: This class will be held at the Julie Center — 100 S Washington Street, Baltimore MD 21231. This class fulfills the MSDE/OCC requirements for all Child Care professionals.</b></p>	<p>6 hours Health, Safety and Nutrition            \$60.00; Must Pre-register</p>
<p><b>Recognizing and Reporting Child Abuse and Neglect</b>  <b>Wednesday, July 17th</b>            6:00 p.m. — 8:00 p.m.</p>	<p>Did you know that childcare professionals are mandated by law to report child maltreatment? In this training, you will develop a policy for preventing and reporting child abuse and the signs and symptoms of bullying behaviors and victims' behaviors.</p>	<p>2 hours Health, Safety and Nutrition            \$10.00; Must Pre-Register</p>
<p><b>Roots of Inclusion: Establishing a Solid Foundation for Inclusive Practice</b>  <b>Saturday, July 20th</b>            9:00 a.m. — 12:00 p.m.</p>	<p>This module will focus on establishing the critical foundation needed for developing an inclusive childcare program. We will also explore comprehensive and effective inclusion policies to include in your program handbook.</p>	<p>1 hour Professionalism, 2 hours Special Needs            \$10.00; Must Pre-register</p>

# Training Descriptions July 2024 (continued)

To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<p><b>Learning Math with Dollar and Thrift Store Finds</b>  <b>Tuesday, July 23rd</b>            6:00 p.m. — 9:00 p.m.</p>	<p>Young children love to think and figure things out – reasoning – they do it all day. Math is about thinking, figuring things out and reasoning. Math manipulatives do not have to cost a fortune, many materials can be found at the local dollar store or thrift shop that support mathematical thinking processes.</p>	<p>3 hours Curriculum            \$10.00; Must Pre-Register</p>
<p><b>Switch On — Switch Off: Babies and Technology</b>  <b>Thursday, July 25th</b>            6:00 p.m. — 8:00 p.m.</p>	<p>This workshop explores some of the negative impacts and alternative strategies to screen time for our youngest learners to support healthy child development.</p>	<p>1 hour Child Development,            1 hour Curriculum            \$10.00; Must Pre-Register</p>
<p><b>SIDS, SUIDS, and other Sleep Related Infant Care Deaths</b>  <b>Saturday, July 27th</b>            9:00 a.m. — 11:00 a.m.</p>	<p><b><i>This class fulfills the MSDE requirement for SIDS training.</i></b></p>	<p>2 hours Health, Safety and Nutrition            \$10.00 Must Pre-Register</p>
<p><b>Recognizing and Responding to Challenging Behavior</b>  <b>Tuesday, July 30th</b>            6:00 p.m. — 8:00 p.m.</p>	<p>Participants will learn what challenging behaviors look like, how to identify them, and what they can do to help. Participants will learn how written observations of behaviors help identify patterns and implement strategies to prevent challenging behaviors from occurring.</p>	<p>2 hours Child Development            \$10.00; Must Pre-Register</p>
<p><b>What Happened to the World? Helping Children Cope</b>  <b>Wednesday, July 31st</b>            6:00 p.m. — 8:00 p.m.</p>	<p>Adults largely set the emotional landscape for children. Children depend on us to be strong, to know what is happening and to guide them through turbulent times. Learn ideas and language for responding to children's questions and reactions during these times.</p>	<p>2 hours Community            \$10.00; Must Pre-Register</p>

# August 2024

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 Building Classroom Communities
4	5	6	7 Basic Health and Safety including Breast Feeding	8 Universal Design for Learning for Infants and Toddlers	9	10 Working with Mixed Age Groups  Medication Administration
11	12	13	14 Helping Boys Blossom: Strength-Based Approaches for Teaching Boys	15 Growing Vegetable Soup: Connecting Children to Healthy Foods	16	17 Educational Equity: Promoting Practices to Create Equitable Classrooms
18	19	20 Open-Ended Art: For the Preschool Child	21 You Can Do This! Accommodating All Children and the Americans with Disabilities Act	22 Fit From the Start	23	24 Baby Blocks — Helping Infants and Toddlers Grow
25	26	27	28	29	30	31

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# Training Descriptions August 2024

To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<b>Building Classroom Communities</b> <b>Saturday, August 3rd</b> 9:00 a.m. — 12:00 p.m.	This training addresses the various components involved in creating a supportive classroom community. In such a classroom environment, teachers and children come to know and care about each other and develop mutual regard and concern for each other, so that everyone can learn and grow.	3 hours (1.5 hours Community, 1.5 hours Curriculum) \$10.00; Must Pre-register
<b>Basic Health and Safety including Breast Feeding</b> <b>Wednesday, August 7th</b> 6:00 p.m. — 9:00 p.m.	This training will satisfy the CCDF (Child Care and Development Fund) Health and Safety Requirements and the requirement for the Breastfeeding Workshop. This training is meant to be highly interactive and is based on the research-based concept of “learning disfluency” which challenges the learner to 1. Think about what they know; 2. Through discussion and research confirm or expand their knowledge base; and 3. Share their experience with others.	3 hours Health, Safety and Nutrition \$10.00; Must Pre-register
<b>Universal Design for Learning for Infants and Toddlers</b> <b>Thursday, August 8th</b> 6:00 p.m. — 9:00 p.m.	This workshop will discuss how to individualize individualization to meet the needs of all our littlest learners. Universal Design for Learning and how this supports the needs of all children while continuing to ensure that every child is fully included.	3 hours (1.5 hours Curriculum, 1.5 hours Special Needs) \$10.00; Must Pre-register
<b>Working with Mixed Age Groups</b> <b>Saturday, August 10th</b> 9:00 a.m. — 12:00 p.m.	Working with a group of children who are different ages presents childcare providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules and meet the needs of each child.	2 hours Child Development, 1 hour Curriculum \$10.00; Must Pre-register
<b>Medication Administration (In-person)</b> <b>Saturday, August 10th</b> 9:00 a.m. — 3:30 p.m.	<b>Note: This class will be held at the Julie Center — 100 S Washington Street, Baltimore MD 21231.</b> <b>This class fulfills the MSDE/OCC requirements for all Child Care professionals.</b>	6 hours Health, Safety and Nutrition \$60.00; Must Pre-register
<b>Helping Boys Blossom: Strength-Based Approaches for Teaching Boys</b> <b>Wednesday, August 14th</b> 6:00 p.m. — 9:00 p.m.	In this training, participants will clarify their role in supporting boys’ growth, barriers that are created, and strength-based approaches to help boys blossom.	3 hours (1 hour Child Development, 1 hour Curriculum, 1 hour Special Needs) \$10.00; Must Pre-register
<b>Growing Vegetable Soup: Connecting Children to Healthy Foods</b> <b>Thursday, August 15th</b> 6:00 p.m. — 8:00 p.m.	This workshop explores ways to connect children to healthy foods, discovering where their food comes from and ways in which they can interact with food in the classroom.	2 hours Health, Safety and Nutrition \$10.00; Must Pre-register
<b>Educational Equity: Promoting Practices to Create Equitable Classrooms</b> <b>Saturday, August 17th</b> 9:00 a.m. — 12:00 p.m.	In this training, participants will define equity, equality, and the differences between the two. Participants will be able to implement practices into their classroom to support educational equity.	3 hours (1 hour Child Development, 2 hours Professionalism) \$10.00; Must Pre-register
<b>Open-Ended Art: For the Preschool Child</b> <b>Tuesday, August 20th</b> 6:00 p.m. — 9:00 p.m.	Art engages children’s hands, minds, emotions and helps develop valuable cognitive, socio-emotional, and multisensory skills. This course is designed for teachers to learn to identify the many developmental skills children can master through open-ended art activities, and how self-directed art fosters brain development, creativity, and self-esteem – inclusive for all early art learners	3 hours Curriculum \$10.00; Must Pre-register

# Training Descriptions August 2024 (continued)

To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<p><b>You Can Do This!</b>  <b>Accommodating All Children and the Americans with Disabilities Act</b>  <b>Wednesday, August 21st</b>                      6:00 p.m. — 9:00 p.m.</p>	<p>This workshop session provides an overview of the characteristics of inclusive child care and ways caregivers can support different needs for different children. Participants will discuss and develop ideas for identifying program modifications and accommodations for children who have special needs or disabilities. This workshop does not satisfy any training required by OCC regulations.</p>	<p>3 hours Special Needs                      \$10.00; Must Pre-register</p>
<p><b>Fit From the Start</b>  <b>Thursday, August 22nd</b>                      6:00 p.m. — 9:00 p.m.</p>	<p>In this interactive training, participants will learn the definition of obesity and the factors leading to a rise in the obesity rates of children (and adolescents). Participants will discover strategies to utilize in their child care setting and curriculum to encourage healthy eating habits and movement activities for all young children.</p>	<p>3 hours                      (1.5-hours Health, Safety and Nutrition;                      1.5-hours Curriculum)                      \$10.00; Must Pre-register</p>
<p><b>Baby Blocks — Helping Infants and Toddlers Grow</b>  <b>Saturday, August 24th</b>                      9:00 a.m. — 12:00 p.m.</p>	<p>Playing with blocks is timeless. Block play provides endless opportunities for the enhancement and development of emerging skills in infants and toddlers. This workshop looks at the stages of block play and how to develop strategies to support your youngest learners through block play.</p>	<p>3 hours Curriculum                      \$10.00; Must Pre-register</p>

# September 2024 WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5 Reality Bites: Understanding and Addressing Biting	6	7 Teaching Parents About School Readiness
8	9	10	11	12	13	14 Infants & Toddlers: Developing a Sense of Self  Medication Administration
15	16	17 Creating a Language Rich Environment	18 The Changing Face of Child Care	19 Including All Children and the Americans with Disabilities Act	20	21 Managing Stress at Any Age
22	23	24	25 Improving Transitions in Your Program	26 Big Anxiety, Small Child	27	28 Stress Reducing Strategies for Early Childhood Programs
29	30					

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Course and Date:	Course Description:	Topic and Cost:
<b>Reality Bites: Understanding and Addressing Biting</b> <b>Thursday, September 5th</b> 6:00 p.m. — 8:00 p.m.	In this training, participants will learn why a child's development can be a key factor in understanding why children bite. Included are strategies on how to handle several types of biting situations as well as how to discuss a biting incident with parents.	2 hours Child Development \$10.00; Must Pre-register
<b>Teaching Parents About School Readiness</b> <b>Saturday, September 7th</b> 9:00 a.m. — 11:00 a.m.	This training will teach techniques to actively create meaningful family engagement in the school readiness process. The information will allow early care professionals to help families be more familiar with all areas of school readiness.	2 hours Community \$10.00; Must Pre-register
<b>Infants &amp; Toddlers: Developing a Sense of Self</b> <b>Saturday, September 14th</b> 9:00 a.m. — 12:00 p.m.	As infant and toddler caregivers, our values and practices shape our responses to the children we care for and children quickly become sophisticated in interpreting our behaviors and responses. Infants take these adult responses to heart and incorporate them into their sense of self. It is our responsibility to respond in ways that keep infants rooted in their culture and firmly attached to their family. This interactive training will explore how children develop a sense of self through interaction with and how caregivers can support these interactions with specific "Caregiving Gifts" that help support a healthy social identity and sense of belonging.	3 hours (1hr Child Development, 1hr Community, 1 hour Professionalism \$10.00; Must Pre-register
<b>Medication Administration (In-person)*</b> <b>Saturday, September 14th</b> 9:00 a.m. — 3:30 p.m.	<b>Note: This class will be held at the Julie Center — 100 S Washington Street, Baltimore MD 21231. This class fulfills the MSDE/OCC requirements for all Child Care professionals.</b>	6 hours Health, Safety and Nutrition \$60.00; Must Pre-register
<b>Creating a Language Rich Environment</b> <b>Tuesday, September 17th</b> 6:00 p.m. — 8:00 p.m.	Language plays a key role in our ability to function within our environments. Participants will learn ways to foster language skills in the children they work with and how to identify when there is a possible delay.	2 hours Curriculum \$10.00; Must pre-register
<b>The Changing Face of Child Care</b> <b>Wednesday, September 18th</b> 6:00 p.m. — 8:00 p.m.	As changes in the daily operations in Child Care continue to evolve, we will review the ways that Child Care has had to adapt to the world around us. We have had to adapt to the ongoing changes that offering Child Care including our cleaning protocols, how we socialize using social distancing and cohorts and how we engage with parents.	2 hours Health, Safety and Nutrition \$10.00; Must Pre-register
<b>Including All Children and the Americans with Disabilities Act</b> <b>Thursday, September 19th</b> 9:00 a.m. — 12:00 p.m.	<b>This class fulfills the MSDE requirement for all childcare professionals.</b>	3 hours Special Needs \$10.00; Must Pre-register
<b>Managing Stress at Any Age</b> <b>Saturday, September 21st</b> 9:00 a.m. — 12:00 p.m.	This training is designed to increase participants' knowledge of stress and how to manage its symptoms. The participants will also examine the similarities and differences of stress in different age groups.	2 hours Health, Safety and Nutrition; 1 hour Professionalism \$10.00; Must Pre-register
<b>Improving Transitions in Your Program</b> <b>Wednesday, September 25th</b> 6:00 p.m. — 9:00 p.m.	Moving from place to place, activity to activity, is often filled with tears, screaming, and tantrums. Learn how you can smooth transitions to make them productive, fun times for children and stress-free for adults.	3 hours Curriculum \$10.00; Must Pre-register



# Training Descriptions **September 2024** (continued)

To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<b>Big Anxiety, Small Child</b> <b>Thursday, September 26th</b> 6:00 p.m. — 9:00 p.m.	This training will introduce participants to anxiety and how this disorder impacts young children. Participants will learn what normal behavior is and what warrants a referral. Classroom strategies and resources will be shared.	3 hours Special Needs \$10.00; Must Pre-register
<b>Stress Reducing Strategies for Early Childhood Programs</b> <b>Saturday, September 28th</b> 9:00 a.m. — 12:00 p.m.	By being aware of stress, understanding its causes and teaching stress management strategies, childcare programs can create a more relaxing and positive environment for everyone.	3 hours (1 hour Child Development, 1 hour Curriculum, 1 hour Health, Safety and Nutrition) \$10.00; Must Pre-register

# October 2024

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Sensory Play for Infants and Toddlers	3 Business Foundations for Family Child Care Module 2 - GOFCC	4	5 Marvelous Math
6	7	8 24H FCC Preservice Module 3/ Part 1	9 Discipline is Teaching: Positive Strategies to Reduce Challenging Behaviors	10 24H FCC Preservice Module 3/ Part 2 But it's Mine! Redirecting Toddlers	11	12 Exploring the Great Outdoors in Autumn Medication Administration
13	14	15	16 All Children are Gifted	17 Basic Health & Safety Including Breastfeeding	18	19 GOFCC Medication Administration Open Ended Art for Preschool Children
20	21	22 24H FCC Preservice Module 4/ Part 1	23 Lesson Planning for Preschool Classrooms	24 24H FCC Preservice Module 4/ Part 2	25	26 Anti-Bias Cultural Competence Awareness
27	28	29	30 Recognizing and Responding to Challenging Behaviors	31		

To register online, go to <https://familytreemd.org/bccrc/>



**ALL CLASSES WILL BE HELD VIRTUALLY UNLESS MARKED IN RED. SEE COURSE DESCRIPTIONS FOR DETAILS.**

**Raising families up.**

24-hour Parenting Helpline: 1.800.243.7337

2108 North Charles Street  
 Baltimore, MD 21218  
 410-889-2300  
[familytreemd.org](https://familytreemd.org)

# Training Descriptions October 2024

To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<p><b>Sensory Play for Infants and Toddlers</b>  <b>Wednesday, October 2nd</b>            6:00 p.m. — 8:00 p.m.</p>	<p>Sensory play enables infants and toddlers to scaffold learning, building on prior experiences. Providers will learn how to use non-traditional everyday sensory items to create discovery baskets to scaffold memory and enhance brain development in Infants and Toddlers.</p>	<p>2 hours Curriculum            \$10.00; Must pre-register</p>
<p><b>Marvelous Math</b>  <b>Saturday, October 5th</b>            9:00 a.m. — 12:00 p.m.</p>	<p>This training will give early care and education professionals the opportunity to learn different math strategies and activities in their classroom. This training is based on the Early Learning Assessment math domain.</p>	<p>3 hours Curriculum            \$10.00; Must pre-register</p>
<p><b>Discipline is Teaching: Positive Strategies to Reduce Challenging Behaviors</b>  <b>Wednesday, October 9th</b>            6:00 p.m. — 8:00 p.m.</p>	<p>Prevention is the best form of intervention! Challenging Behavior is to be expected when working with children but not everyone is equipped with strategies on how to prevent and manage challenging behavior. Participants will learn strategies to both prevent and to handle challenging behavior including natural consequences, discipline, and ways to teach self-discipline. Participants will leave with a “toolkit” of approaches surrounding behavior to use in their early childhood programs.</p>	<p>1 hour Child Development;            1 hour Curriculum            \$10.00; Must pre-register</p>
<p><b>But it’s Mine! Redirecting Toddlers (Developing Social Emotional Competencies)</b>  <b>Thursday, October 10th</b>            6:00 p.m. — 9:00 p.m.</p>	<p>Caregivers intentionally teaching social emotional skills throughout their daily routines, produces many positive outcomes for children. This workshop will present a definition of social emotional skills and presents benefits of promoting social emotional skills. Participants will be introduced to teaching strategies and engage in a “teaching laboratory” to develop tools to use and an action plan for how they will use their tools and strategies.</p>	<p>1.5 hours Child Development;            1.5 hours Curriculum            \$10.00; Must pre-register</p>
<p><b>Exploring the Great Outdoors in Autumn</b>  <b>Saturday, October 12th</b>            9:00 p.m. — 12:00 p.m.</p>	<p>The connections we make as children to the nature of the world around us impact our ability to become attentive, self-confident, respectful, responsible people. Come explore how to incorporate the great outdoors into your program in a meaningful and fun way!</p>	<p>3 hours Curriculum            \$10.00; Must pre-register</p>
<p><b>Medication Administration</b>  <b>Saturday, October 12th</b>            9:00 a.m. — 12:00 p.m.</p>	<p><b>Note: This class will be held at the Julie Center — 100 S Washington Street, Baltimore MD 21231. This class fulfills the MSDE/OCC requirements for all Child Care professionals.</b></p>	<p>6 hours Health, Safety and Nutrition            \$10.00; Must pre-register</p>
<p><b>All Children are Gifted</b>  <b>Wednesday, October 16th</b>            6:00 p.m. — 8:00 p.m.</p>	<p>Understanding the special needs of children prepares child development professionals to create environments and programs for the children in their care.</p>	<p>2 hours Special Needs            \$10.00; Must pre-register</p>
<p><b>Basic Health and Safety Training with Supporting Breastfeeding in Child Care</b>  <b>Thursday, October 17th</b>            6:00 p.m. — 9:00 p.m.</p>	<p>This training will satisfy the CCDF (Child Care and Development Fund) Health and Safety Requirements and the requirement for the Breastfeeding Workshop. This training is meant to be highly interactive and is based on the research-based concept of “learning disfluency” which challenges the learner to 1. Think about what they know; 2. Through discussion and research confirm or expand their knowledge base; and 3. Share their experience with others.</p>	<p>3 hours Health, Safety and Nutrition            \$10.00; Must pre-register</p>
<p><b>Open Ended Art for Preschool Classrooms</b>  <b>Saturday, October 19th</b>            9:00 a.m. — 12:00 p.m.</p>	<p>Art engages children’s hands, minds, emotions and helps develop valuable cognitive, socio-emotional and multisensory skills. This course is designed for teachers to learn to identify the many developmental skills children can master through open-ended art activities, and how self-directed art fosters brain development, creativity and self-esteem- inclusive for all early art learners</p>	<p>3 hours Curriculum            \$10.00; Must pre-register</p>

# Training Descriptions **October 2024** (continued)

To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<p><b>Lesson Planning for Preschool Children</b> Wednesday, October 23rd 6:00 p.m. — 9:00 p.m.</p>	<p>This workshop focuses on lesson planning for preschool-aged children in group child care settings. Participants will explore how curriculum can be used as a guide for planning lessons and identify ways lessons can be formulated and flexible based on the individualized, unique differences of each child.</p>	<p>1.5 hours Curriculum; 1.5 hours Professionalism \$10.00; Must pre-register</p>
<p><b>Anti-Bias Cultural Competence Awareness</b> Saturday, October 26th 9:00 a.m. — 12:00 p.m.</p>	<p>Everyone has a cultural, ethnic, racial, linguistic and/or religious heritage that influences their beliefs, values and behaviors. Creating culturally competent programs that are responsive to the staff members, community and families served can reduce possible conflicts and provides multiple benefits for everyone. Participants will identify and develop strategies to promote cultural competence.</p>	<p>3 hours Community \$10.00; Must pre-register</p>
<p><b>Recognizing and Responding to Challenging Behaviors</b> Wednesday, October 30th 6:00 p.m. — 8:00 p.m.</p>	<p>This workshop reviews the importance of recognizing challenging behaviors. Participants will learn what challenging behaviors look like, how to identify them, and what they can do to help. Participants will also learn how to create written observations of behaviors to identify patterns and implement strategies to prevent challenging behaviors from occurring.</p>	<p>2 hours Child Development \$10.00; Must pre-register</p>



# Important Policies

## MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals can be found here (<https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>).

If you are not satisfied with the way your concern is handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659-7701 or at [MCCRNinfo@marylandfamilynetwork.org](mailto:MCCRNinfo@marylandfamilynetwork.org). As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.



## LOCATE COMPLAINT POLICY

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well. Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined: Less Serious Complaint – No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child. Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child. Serious Complaint: any threat to the immediate health, safety, or welfare of a child. When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided. When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the “hold” on the provider/facility until the agency’s disposition of the complaint is known. Should the investigation result in no action, the “hold” status is removed from that provider’s/facility’s records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE’s actions in writing. A provider may appeal the LOCATE Director’s decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network. It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents’ and children’s rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, Director, LOCATE: Child Care at 410-659-7701.

## Important Registration Policies

When registering for training classes at BCCRC please remember the following:

- **Pre-registration is required. Registration and payment must be received three days in advance of the training.**
- **Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration.**
- Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
- A confirmation letter will be sent for all classes — please read your letter carefully. You will not receive reminders for each class.
- Payment can be made by check, money order or credit card. **No cash please.**
- Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
- Workshops are for adults only. Please make child care arrangements in advance — children will not be admitted to a training class.
- Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.

### TO REGISTER FOR CLASSES:

- Register with credit card on-line at [www.bccrc.org](http://www.bccrc.org). To receive a registration form via email contact Jennell Bailey at [jbailey@familytreemd.org](mailto:jbailey@familytreemd.org).
- Remember — registrations must be received at BCCRC three days prior to the scheduled training.

## Important Telephone Numbers and Contacts

### Baltimore City Child Care Resource Center

Main Number.....410-889-2300  
 LOCATE:ChildCare[tollfree].....1-877-261-0060  
 FAX.....410-685-2100

### Other Agencies

Office of Child Care – Region II.....410-554-8300  
 MDStateDepartmentofEducation.....410-767-0100  
 CCS Provider Helpline [toll free].....1-866-243-8796  
 Protective Services.....410-361-2235  
 Medical Assistance/WIC.....410-396-9427  
 ChildCareFoodProgram.....410-767-0214  
 MarylandFamilyNetwork.....410-659-7701  
 Maryland State Child Care Association (MSCCA)  
 Christina Peusch, Executive Director.....410-820-9196  
 MSCCA, Baltimore City Chapter  
 Jennifer Dorsey, President.....443-835-0738  
 Baltimore Child Care Coalition  
 Email.....baltimorechildcarecoalition@gmail.com  
 The Family Tree.....410-889-2300  
 24-hour Parenting Helpline:.....1-800-243-7337

## Bulletin

For more information about any of the articles in this newsletter, call BCCRC at 410-889-2300, mention the article and we will direct your call to the BCCRC staff member who can help you.

### E-mail us at:

[childcare@bccrc.org](mailto:childcare@bccrc.org)

### Our mailing address is:

The Family Tree —  
 BCCRC  
 2108 N. Charles Street  
 Baltimore, MD 21218

### Our fax number is:

410-685-2100



The Baltimore City Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network and The Family Tree.

