

# Bulletin

WINTER 2025

CURRENT NEWS AND TRAINING CALENDAR FROM BCCRC

## What can BCCRC do for you?

Supporting the ECE Community in Baltimore City



**H**ere at BCCRC we are here to support ALL Early Childhood Professionals. Do you work in a Child Care program? Are you a Family Child Care provider? Do you own or operate a Child Care program? We are here to support you! Read below to learn what we can do for you, and the best part is most of the services we provide are free of charge for you as a child care professional.

- **Professional Development** – Always invest in yourself! Take a look at our training calendar, we offer many trainings every month. In November we are switching things up a bit and focusing on one domain each month in our training calendar, in November that focus is Literacy. We will also continue to offer several COMAR training courses each month.
- **Coaching** – We are here to assist you in providing high quality, developmentally appropriate care for children ages birth through school-age for both Family Child Care and Center Based Child Care

- **Teaching Strategies & Developmentally Appropriate Practices**
- **Lesson Planning and Curriculum Planning**
- **Story Time**
- **Technical Assistance** – Many people wonder what Technical Assistance is when it comes to child care. We will come into your program and help break down:
  - **Environment Assistance** including informal ITERS & ECERS ratings.
  - **MD EXCELS**; we can help you level up.
  - **Accreditation support.**
  - **CDA Support** with creating the CDA portfolio and one-on-one coaching through the application process.
- **We also have a team of mental health consultants** who will come out into your classroom/program to support your teachers with:
  - **Challenging Behaviors**
  - **Social Emotional Learning**
  - **Peer Interactions**
  - **Calming Strategies**



**The Family Tree**  
**Baltimore City**  
**Child Care Resource Center**  
A LifeBridge Health Group

**Raising families up.**

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Baltimore, MD 21218  
410-889-2300  
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## Learning and Growing Together

### Connect with Community of Practice

Join us for a Community of Practice and connect with other providers in Baltimore City that are doing the same demanding work as you. Each Community of Practice offers a safe place to come together to share, learn and have fun together. Most of our Community of Practices are free, they are virtual and meet once per month. We have several different Community of Practice opportunities; see below for a detailed list.

- **Domains of Learning;** Let's learn about the Early Learning Standards – Join us for our NEW Community of practice as we learn about the Domains of Learning and how we can make learning visible in our programs. This Community of Practice will include educators from various roles in the Early Education field. We would like classroom teachers (infant care, two's prek and school-age), family childcare owners, small center owners. If you work in Early Childhood Education, you are welcome to join us. This new cohort is launching November 19th, contact Sue Penix for more details. SPenix@familytreemd.org.

- **STREAM in a Backpack & Little Explorers Baby STEM:** Do you have difficulty finding science activities for your children? Do you want to expand and enhance your STREAM (Science, technology, reading, engineering, arts and math) offerings both inside and outside your classroom? Join BCCCRC's STREAM in a Backpack and Little Explorers Baby STEM Community of Practice and learn new and creative ways to expand your science and nature-based activities for infants through school-agers. We meet on Zoom the third Monday of each month, 6:30 pm to 7:30 pm.

- **Providers Support Group:** We are here as a resource to you! Join us the 3rd Tuesday of each month at 12:30 on zoom to share your questions or concerns about children's social and emotional development.

- **Director's Roundtable:** Join our Baltimore City Director's Round Table Group. A safe space for directors and/or assistant directors to network, receive support from each other and strategize ways to tackle the many complexities of running a childcare program.

- **Coming in January:** Early Childhood Leadership Group: We are excited to share that we are revamping our Director's Roundtable to include all Early Childhood Leaders voices. This Community of Practice will bring ALL ECE leaders to the table. Join us if you are a Family Child Care Business Owner, Large Family Child Care Program, Child Care Center Director, Owner of a Child Care Program, Administrator of an Early Childhood program, etc., more information will be shared via an e-blast as well as our Facebook page. This Community of Practice is for ALL ECE Leaders!

In addition to Community of Practices we also offer Learning Communities for Early Childhood Educators. These learning communities are designed to run approximately six months from start to finish and provide a safe place to learn and grow together. Each Learning Community offers a coach to facilitate the group, a detailed agenda with checkpoints to assist you in meeting your desired goals and outcomes and most importantly a space to share what is working for you and to talk through the areas where you may be experiencing some challenges. The learning Communities we are currently offering are detailed below.

- **CDA –** contact Sue Penix for more details spenix@familytreemd.org

- **Accreditation –** Mark your calendars and join us for an Information Session on December 10th. We are offering two information sessions, one from 1:30pm to 2:30pm and again from 6:30pm to 7:30pm. Register today by clicking the link below. <https://us02web.zoom.us/meeting/register/tZEtcemhrjwuGdfbC3oOlcNzZCUaZvnw5qBd>

- **Building Better Businesses with BCCCRC –** Mark your calendars for our Strengthening Business Practices training series beginning in Spring 2025, more information coming soon.



# Making Meaningful Connections

Remember that piece about investing in yourself? When you take training with BCCRC, we have the support built in to help you implement what you learned in that training into your classroom and/or program. Email one of our Early Childhood Coaches and schedule time with one of our Early Childhood Coaches. They will come out to your program and provide hands-on support. Chaquana Truitt Ctrutt@familytreemd.org and/or Jenae Bell, jbell@familytreemd.org

## Flip IT! Transforming Challenging Behavior's

Are you interested in supporting the social and emotional development of young children and reducing their instances of challenging behaviors? FLIPIT® is a strategy that offers a simple, kind, strength-based, commonsense, and effective four-step process to address children's day to day challenging behavior. The four steps are embodied in the FLIP mnemonic, which stands for

- F –Feelings**
- L –Limits**
- I –Inquiries**
- P –Prompts**

FLIP IT is nothing new but transforms best practice into a strategy that is easy to remember, applicable in a variety of challenging situations and portable.

Flip IT! Transforming Challenging Behavior's is a two-day training course and offers 6 Core of Knowledge hours in Child Development. Register today for our Flip It! - Transforming Challenging Behavior, training on Wednesday, February 26th and Thursday, February 27th by clicking the link below.

<https://us02web.zoom.us/join/register/tZwvcOqsrD0jHtcVZAj0Nt6QPLZ30j3Q8AVD>

## Diving into the Domains

Join BCCRC and your Baltimore City Quality Assurance Specialist as we dive into the 7 Domains in Early Childhood, give specific examples of each of the Domains and share ways you can make the 7 domains of learning visible in your program. This training is very interactive, come ready to play and make sure you have on your thinking cap. Click this link to find out more: <https://training.bccrc.org/p-10079-ddd.aspx>

# Money Matters



Did You Know? The Enoch Pratt free Library offers FREE Computer Classes presented by the Pratt Center for Technology Training. They offer Beginner, Intermediate and Advanced classes ranging from Introduction to Computer Basics, Google Apps Basics, Chromebook Basics, Introduction to Google Workspace, and Introduction to Microsoft Office, just to name a few. If you are interested in learning more, or have any questions call 443-984-4944 or send an email to [computer.class@prattlibrary.org](mailto:computer.class@prattlibrary.org).

To sign up for classes, visit <https://calendar.prattlibrary.org/search?search=computer+classes>. Click the name, select desired date(s) click register, complete the personal information page, then click the register button. An email account is required to register for online/virtual classes. In-person training is also available. Use your smartphone to scan this QR code to see the full list of computer classes on [Prattlibrary.org](https://prattlibrary.org).



## E-Learning Opportunities

Did you know the Maryland Child Care Resource Network has a collaborative partnership with ProSolutions Training? ProSolutions is an E-Learning platform that brings high quality e-learning to child care providers in Maryland. All Trainings are approved by the MSDE Office of Child Care for Core of Knowledge hours. Successful completion also includes CEU's for every workshop at no extra charge. Training is available in both English and Spanish! <https://www.prosolutionstraining.com/md/index.cfm>

## Thankful for Community Partners

Thank you to The Maryland Book Bank and all of the dedicated child care professionals that came to support our Back-to-School Book Bank event. A book is one of the best gifts you can give a child; 1,187 books were donated at the event to child care programs! Thank you for investing in your programs the power of literacy!

# Family Resources



When talking with educators I am constantly reminded how much you do for the families in your care and thought this would be a place to share resources with you that you can pass on to your families. Read below to learn about BCCCRC's Parent Leadership Specialist and share this information with the families you serve.

Parent Coalition We would like to introduce to you our new Parent Leadership Specialist, Nea Abrams. Nea works with families in Baltimore city who have children between birth through three years old. Do you have families in your program that would like to share details about the challenges they face as a family, any needs and experiences revolving around child care and what parental support they need? Join our Parent Coalition! Together we can build your skills so you can become an advocate for your child and other families in Baltimore city.

Share Nea's contact information with those families you serve, she would love to welcome them to our Parent Coalition. [nabrams@familytreemd.org](mailto:nabrams@familytreemd.org)

What else does our Parent Leadership Specialist do? Nea will help connect parents to digital platforms where they can access information about local child care options, parenting tips, community events and Child Care Scholarship navigation assistance and where to find help with the Maryland Child Care Scholarship application.

Another great resource we have here in Baltimore City is the Family Tree, here at the Family Tree we provide many services for families. Please share with your families if you feel they could use the support.

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## Educational Readiness of ALL Children in Baltimore

The Baltimore City Early Childhood Advisory Council (ECAC) is a partnership of diverse early childhood educators, service providers, funders, public organizations, community advocates, researchers, and families. Members share a strong commitment to supporting families in Baltimore, sharing resources, and advocating for improved educational outcomes for young learners prenatal to five.

The Baltimore City Early Childhood Advisory Council is committed to ensuring that all Baltimore City children enter school ready to learn. Council members are dedicated to this commitment and represent many early childhood partners. They lead, support, and provide the early childhood services available to families. Learn more About how you can join The Baltimore City Early Childhood Advisory Council (ECAC) by emailing [ecacbaltimorecity@gmail.com](mailto:ecacbaltimorecity@gmail.com).

# MSDE – Updates for you to know.

## Complete the 2024 Annual Basic Health and Safety Update Training

The 2024 Annual Basic Health & Safety Update Training is available now on MSDE CANVAS webpage. This training meets the regulations for the annual health and safety training, as required by the office, by the end of each 12-month period.

The course can be accessed from the following link: <https://msde.instructure.com/courses/578/pages/basic-health-and-safety-annual-update-2024-companion-page>

The training must be completed by all child care staff and family child care providers by December 31, 2024. All newly approved family child care providers and staff hired from October to December 2024 must complete the training by March 31, 2025. This training is also recommended for child care substitutes and volunteers.

The training qualifies for Core of Knowledge/Hours: Health, Safety, and Nutrition/1.5 and it is a 90-minute training. Upon successful completion of the training, the system will produce a "Certificate of Participation." Please download and save the certificate to email to your licensing specialist.

## Updated CDC Respiratory Virus Guidance – Schools and Child Care Programs

The Maryland Department of Health (MDH) and Maryland State Department of Education

The Maryland Department of Health (MDH) and Maryland State Department of Education (MSDE) recommend that schools and child care programs follow the U.S. Centers for Disease Control and Prevention's (CDC) Operational Guidance for K-12 Schools and Early Care and Education Programs

## Maryland's Early Learning Standards Now Available Online

We are thrilled to announce that Maryland's Early Learning Standards are now available online.

The standards are structured around five comprehensive domains and consider diverse populations of children, such as those with disabilities, early multilingual learners, and those experiencing homelessness.

### The Five Domains

- Social-Emotional Development
- Approaches to Learning
- Language and Literacy
- Early Cognition and STEAM
- Physical Well-being and Motor Development

The standards are applicable across various early childhood settings, including family homes, schools, and centers.

To download a PDF version of the new standards, please visit: <https://blueprint.marylandpublicschools.org/ece/>.



# Growing Opportunities for Family Child Care (GOFCC):

## Are you interested in starting a family child care business in your home?

The Baltimore City Child Care Resource Center offers a program, called Growing Opportunities for Family Child Care [GOFCC] that provides free support to individuals that want to pursue the registration process for a Family Child Care home.

### Requirements to participate:

- Live in Baltimore City
- Be 18 or older
- Want to have a child care business in your home
- Own your home or have landlord approval if you rent your home

### We provide:

- Free required training
- Individualized coaching to support you from beginning to end
- Free business training and coaching

### INTERESTED IN LEARNING MORE?

#### HAVE QUESTIONS ABOUT FAMILY CHILD CARE?

Call or Text Dazhane Clark (GOFCCCoach): 667-405-6941 or submit an interest form: <http://www.familytreemd.org/gofcc>

## ¿Está interesado en iniciar un negocio de cuidado infantil familiar en su casa?

El Centro de recursos para el cuidado infantil familiar de la ciudad de Baltimore ofrece un programa llamado Crecientes oportunidades para el cuidado infantil familiar (GOFCC, por sus siglas en inglés) que brinda apoyo gratuito a las personas que desean continuar con el proceso de registro para un hogar de cuidado infantil familiar.

### Requisitos para participar:

- Vivir en la ciudad de Baltimore
- Tener 18 años o más
- Querer que tener un negocio de cuidado infantil familiar en su casa
- Ser dueño de su casa o tener la aprobación del propietario si alquila su casa

### Proporcionamos

- Capacitaciones requeridas gratuitas
- Asistencia individualizada con el proceso de licencia
- Capacitaciones empresarial gratuita

### ¿INTERESADO EN APRENDER MÁS? ¿TIENE PREGUNTAS SOBRE EL CUIDADO INFANTIL FAMILIAR?

Llame o envíe un mensaje de texto a Courtney Ross (entrenadora de GOFCC): 667-355-8820 Envíe un formulario de interés: <https://forms.office.com/r/iUmaNxvT30>



## Maryland Child Care Initiatives help you earn extra Money for your program

### Do you participate in MD EXCELS?



Maryland EXCELS is happy to announce that bonuses will continue through June 2025 for programs that improve their quality ratings. All programs participating in Maryland EXCELS will automatically receive a bonus when they do one of the following:

- Publish any quality rating for the first time
- Maintain a Quality Rating 4 or 5

Bonuses range between \$1,000-\$13,500 depending on a program's type and capacity.

Learn more: <https://marylandexcels.org/commitment-to-quality/maryland-excels-bonuses/>

Looking for help with improving your quality rating? Contact your regional Quality Assurance Specialist for assistance. Click the link below or scan the QR code to learn more about the Bonus Structure. If you need help, contact our Early Childhood Coaches, all experts in assisting Programs, to increase their Maryland Excel level. <https://marylandexcels.org/commitment-to-quality/>

## Looking for Training? Need Assistance?



Just open the camera on your phone, focus it on the QR code here, click the link that pops up on your phone and you will be redirected to our training calendar. Trainings can also be found on our website,

<https://www.familytreemd.org/bccrc/>

# November 2024

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Pancake, Pancake
3	4	5 Election Day	6 Working with mixed aged groups	7 Once Upon a Storytime	8	9 Medication Administration
10	11 Veterans Day TFT Closed	12 Creating a Language Rich Environment	13 Take a Look in a Book	14 SIDS, SUIDS and other Sleep Related Infant Deaths Diving into the Domains	15	16
17	18	19	20 Positive Words for Positive Actions	21 Its a simple story, tell it!	22	23 Including All Children and the Americans with Disability Act
24	25	26	27	28 Thanksgiving TFT Closed	29 TFT Closed	30

To register online, go to <https://familytreemd.org/bccrc/>



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# Training Descriptions November 2024

To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<b>Pancakes, Pancakes!</b> <b>Saturday, November 2nd</b> 9:00 a.m. — 12:00 p.m.	Using Eric Carle’s book, Pancakes, Pancakes!, participants will delve into language skills such as responding to questions, retelling a text, and vocabulary; along with direction-following.	3 hours Curriculum \$15.00; Must pre-register
<b>Working with Mixed Aged Groups</b> <b>Wednesday, November 6th</b> 6:00 p.m. — 9:00 p.m.	Working with a group of children who are different ages presents child care providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules and meet the needs of each child.	3 hours (2-hours Child Development, 1-hour Curriculum) \$15.00; Must pre-register
<b>Once Upon a Storytime</b> <b>Thursday, November 7th</b> 6:00 p.m. — 8:00 p.m.	Once Upon a Storytime teaches child care professional best practices surrounding oral story telling. This training will provide ideas for storytelling, creating props and child engagement. Storytelling is a beneficial skill in children’s oral language development and lends itself to acquiring critical pre-reading skills.	2 hours Curriculum \$15.00; Must pre-register
<b>Medication Administration</b> <b>Saturday, November 9th</b> 9:00 a.m. — 3:30p.m.	<b>Note: This class will be held at the Julie Center- 100 S Washington St, Baltimore, MD 21231. This class fulfills the MSDE/OCC requirement for all childcare professionals.</b>	6 hours Health, Safety and Nutrition \$65.00; Must pre-register
<b>Creating a Language Rich Environment</b> <b>Tuesday, November 12th</b> 6:00 p.m. — 9:00 p.m.	Language plays a key role in our ability to function within our environments. Participants will learn ways to foster language skills in the children they work with and how to identify when there is a possible delay.	3 hours Curriculum \$15.00; Must pre-register
<b>Take a Look in a Book: Infant and Toddler Emergent Literacy</b> <b>Wednesday, November 13th</b> 6:00 p.m. — 8:00 p.m.	In this training you will learn how language-rich interactions and environments help children develop communication skills, patience, empathy, and literacy—all of which are critical to success in school and beyond.	2 hours Curriculum \$15.00; Must pre-register
<b>SIDS, SUIDS and other Sleep-Related Infant Deaths</b> <b>Thursday, November 14th</b> 6:00 p.m. — 8:00 p.m.	As infant and toddler caregivers, it is important to understand SIDS and sleep-related deaths, including the many strategies which can be implemented to reduce the risk of sleep-related death. Participants will review what is SIDS and sleep-related death, review recent research and statistics, gain greater understanding of the role child care plays in keeping infants safe, and the recommendations and strategies for keeping children safe. This class fulfills the MSDE requirement for SIDS training.	2 hours Health, Safety & Nutrition \$15.00; Must pre-register
<b>Diving Into the Domains</b> <b>Thursday, November 14th</b> 4:30 p.m. — 6:30 p.m.	Join MSDE’s - Baltimore City’s Quality Assurance Specialist for a training specifically about the Domains of Learning. This training covers the 7 Domains in Early Childhood and gives specific examples of each of the Domains. This is a very interactive training!	2 hours Curriculum \$15.00; Must pre-register
<b>Positive Words for Positive Actions</b> <b>Wednesday, November 20th</b> 6:00 p.m. — 9:00 p.m.	Learn how to make your child care environment more positive. Using positive language when talking to children gives them an understanding of the expectations we have. Learn how easy it is to reword your directions and other guidance techniques you can use in your child care.	3 hours Child Development \$15.00; Must pre-register
<b>It’s a Simple Story, Tell It</b> <b>Thursday, November 21st</b> 6:00 p.m. — 9:00 p.m.	Storytelling is an integral part of our lives. We can enhance communication and encourage language development and social competence by expanding our capacity to tell stories.	3 hours Curriculum \$15.00; Must pre-register
<b>Including All Children and the Americans with Disabilities Act</b> <b>Saturday, November 23rd</b> 9:00 a.m. — 12:00 p.m.	This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training will meet the 3-hour training requirement for MSDE.	3 hours Special Needs \$15.00; Must pre-register

# December 2024

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 Creating Culturally Rich Environments w/ Loose Parts	5 I can Pretend Too! Dramatic Play for Toddlers and Twos	6	7 A Child's Eye View
8	9	10	11 Supporting Children with Disabilities, Delays and Special Health Care Needs Center Aide Orientation	12 Engaging Indoor Activities for Inclement weather	13	14 Medication Administration
15	16	17 Reducing Stress and Burnout for those caring for kids	18 Vertical Learning Creative Uses of Classroom Walls	19 Including All Children and the Americans with Disabilities Act	20	21
22	23	24 Christmas Eve TFT Closed	25 TFT Closed	26	27	28
29	30	31				

To register online, go to <https://familytreemd.org/bccrc/>



**ALL CLASSES WILL BE HELD VIRTUALLY UNLESS MARKED IN RED. SEE COURSE DESCRIPTIONS FOR DETAILS.**

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# Training Descriptions December 2024

To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<b>Creating Culturally Rich Environments with Loose Parts</b> Wednesday, December 4th 6:00 p.m. — 9:00 p.m.	Young children are naturally curious about the people and places in their world, beginning with their family and local community. Creating an environment filled with loose parts that encourages exploration of their local culture and its people is an important component of early education.	3 hours Community \$15.00; Must pre-register
<b>I Can Pretend Too! Dramatic Play Experiences for Toddlers &amp; Two's</b> Thursday, December 5th 6:00 p.m. — 8:00 p.m.	Toddlers and Twos engage in dramatic play differently than preschoolers, for toddlers and twos it is all about the objects/materials being offered and how the child imitates how to use the object or material. This workshop looks at how toddlers and twos engage in dramatic play based on their development as well as strategies for supporting dramatic play in the toddler and two-year-old classroom.	2 hours Curriculum \$15.00; Must pre-register
<b>A Child's Eye View: Inspiring Wonder through Environmental Design</b> Saturday, December 7th 9:00 a.m. — 12:00 p.m.	There are critical components of environmental design that help to foster children's capacity to reach their maximum potential. We must examine our ideas about how children view the environment and how their point of view impacts how they interact with the environment. This workshop takes a look at the child care environment in a new and thought provoking way from a child's eye view.	3 hours Curriculum \$15.00; Must pre-register
<b>Supporting Children with Disabilities, Delays and Special Health Care Needs</b> Wednesday, December 11th 6:00 p.m. — 9:00 p.m.	Providers will identify programs, terms and resources to support children with special needs; identify their role in the IEP/IFSP process and how to support families and children; identify strategies for ensuring access for all children regardless of ability; identify how to select materials, make modifications and adaptations, to enhance learning and motivation for all children.	3 hours Special Needs \$15.00; Must pre-register
<b>Center Aide Orientation</b> Wednesday, December 11th 6:00 p.m. — 9:00 p.m.	This workshop satisfies the regulatory requirement for child care center aides. Participants will review professionalism, the basic of supervisions, and interacting with families.	3 hours Professionalism \$15.00; Must pre-register
<b>Engaging Indoor Activities for Inclement Weather</b> Thursday, December 12th 6:00 p.m. — 9:00 p.m.	How do you keep children learning and engaged during inclement weather? This training will review the teachable moments that exist when children cannot go outside; learn how to choose and plan for a variety of indoor activities that will keep children engaged all day long.	3 hours Curriculum \$15.00; Must pre-register
<b>Medication Administration</b> Saturday, December 14th 9:00 a.m. — 3:30 p.m.	<b>Note: This class will be held at the Julie Center- 100 S Washington St, Baltimore, MD 21231. This class fulfills the MSDE/OCC requirement for all childcare professionals.</b>	6 hours Health, Safety and Nutrition \$65.00; Must pre-register
<b>Reducing Stress and Burnout for those Caring for Kids</b> Tuesday, December 17th 6:00 p.m. — 9:00 p.m.	The child care environment can be stressful at times. Without good self-care, there may be a point when you have nothing left to give due to stress. Through hands-on activities and experiences, as well as self-reflections, providers will explore and increase their familiarity and knowledge with best practices in self-care and ways reduce stress and prevent burnout.	3 hours Health, Safety & Nutrition \$15.00; Must pre-register
<b>Vertical Learning: Creative Uses of Classroom Walls</b> Wednesday, December 18th 6:00 p.m. — 9:00 p.m.	With the concentration of children's activities being on flat horizontal surfaces, the vertical surfaces of the classroom are often overlooked as a place for active child engagement and learning which can support child development. This workshop will take anew and fresh look at the ways to use vertical surfaces to enhance a child's learning experience and how these spaces can benefit child development	3 hours Child Development \$15.00; Must pre-register
<b>Including All Children and the Americans with Disabilities</b> Thursday, December 19th 6:00 p.m. — 9:00 p.m.	This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training will meet the 3-hour training requirement for MSDE.	3 hours Special Needs \$15.00; Must pre-register

# January 2025

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Year's Day TFT Closed	2	3	4 Imagineering in the Classroom
5	6	7	8 The Magic of Magnet Play	9 Sensory Play for Infants and Toddlers	10	11 Medication Administration
12	13	14	15 Infuse STEM in your Program	16 Supporting STEM through Play Basic Health & Safety Including Breastfeeding	17	18
19	20 MLK Jr. Day TFT Closed	21	22 Simple Strategies for Staying Healthy during trying times	23 Discover STEM	24	25 Exploring Scientific Thinking and Inquiry with Children's Literature
26	27	28 Making meaningful connections: Building the foundations of the young brain	29 Early Childhood STEAM	30 Its the questions, not the answers	31	

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To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<b>Imagining in the Classroom</b> <b>Saturday, January 4th</b> 9:00 a.m. — 12:00 p.m.	In today's engineering marketplace it has become apparent that adults who are able to use their creativity and imaginations are in high demand, studies have shown however that adult creativity is on the decline. In this workshop we will look at strategies and materials in which you can use to support the child's innate creative ability and imagination while he or she explores engineering in the classroom.	3-hrs Curriculum \$15.00; Must pre-register
<b>The Magic of Magnet Play</b> <b>Wednesday, January 8th</b> 6:00 p.m. — 8:00 p.m.	Magnets have drawn children and adults alike to explore since they were first discovered. Today's Preschool child is no different – they are drawn to magnets. How we present magnets can help spark a child's development of critical thinking skills and scientific inquiry.	2 hours Curriculum \$15.00; Must pre-register
<b>Sensory Play for Infants and Toddlers</b> <b>Thursday, January 9th</b> 6:00 p.m. — 8:00 p.m.	Sensory play enables infants and toddlers to scaffold learning, building on prior experiences. Providers will learn how to use non-traditional everyday sensory items to create discovery baskets to scaffold memory and enhance brain development in Infants and Toddlers.	2 hours Curriculum \$15.00; Must pre-register
<b>Medication Administration</b> <b>Saturday, January 11th</b> 9:00 a.m. — 3:30 p.m.	<b>Note: This class will be held at the Julie Center- 100 S Washington St, Baltimore, MD 21231. This class fulfills the MSDE/OCC requirement for all childcare professionals.</b>	6 hours Health, Safety and Nutrition \$65.00; Must pre-register
<b>Infuse STEM in your Program</b> <b>Wednesday, January 15th</b> 6:00 p.m. — 8:00 p.m.	Participants will discover how to become more intentional about what they are doing. They will discuss indicators of effective curriculum and learn simple guidelines for infusing STEM in their child care program.	2 hours Curriculum \$15.00; Must pre-register
<b>Supporting STEM through Play</b> <b>Thursday, January 16th</b> 6:00 p.m. — 8:00 p.m.	Participants will learn how to support STEM learning by creating environments that provide opportunities for children to explore, create, and question during play. Participants will identify developmentally appropriate STEM learning activities using several Hatch Early Learning STEM Kits as well as discover ways to use materials already available in their programs.	2 hours Curriculum \$15.00; Must pre-register
<b>Basic Health and Safety Training with Supporting Breastfeeding in Child Care</b> <b>Thursday, January 16th</b> 6:00 p.m. — 9:00 p.m.	This training will satisfy the CCDF (Child Care and Development Fund) Health and Safety Requirements and the requirement for the Breastfeeding Workshop. This training is meant to be highly interactive and is based on the research-based concept of "learning disfluency" which challenges the learner to 1. Think about what they know; 2. Through discussion and research confirm or expand their knowledge base; and 3. Share their experience with others.	3 hours Health, Safety & Nutrition \$15.00; Must pre-register
<b>Simple Strategies for Staying Healthy During Trying Times</b> <b>Wednesday, January 22nd</b> 6:00 p.m. — 8:00 p.m.	During these trying times deep, thoughtful, intentional self-care is critical for every professional in the early care and education field. In this workshop you will learn strategies to help you take care of yourself so you can take care of others.	2 hours Professionalism \$15.00; Must pre-register
<b>Discover STEM</b> <b>Thursday, January 23rd</b> 6:00 p.m. — 8:00 p.m.	STEM focuses on student's engagement and skills from the earliest grades in science, math and technology to help foster interest for their later school years and careers. The ultimate goal is to grow the proficiency level of students in sciences and mathematics. This workshop introduces participants to STEM and its importance as well as relevance in early childhood programs.	2 hours Curriculum \$15.00; Must pre-register

# Training Descriptions **January 2025** (continued)

To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<p><b>Exploring Scientific Thinking and Inquiry w/ Children's Literature</b>  <b>Saturday, January 25th</b>            9:00 a.m. — 12:00 p.m.</p>	<p>Literature is an ideal vehicle to help young children learn about the world and all that lives in it. This workshop explores the many ways of creating a classroom environment that stimulates scientific thinking and inquiry through preparing fun science activities based on children's literature.</p>	<p>3 hours Curriculum            \$15.00; Must pre-register</p>
<p><b>Making Meaningful Connections: Building the Foundations of the Young Brain</b>  <b>Tuesday, January 28th</b>            6:00 p.m. — 9:00 p.m.</p>	<p>This interactive training will build participants knowledge around how a young child's brain develops. Participants will actively engage in "building a brain", explore the importance of developing their own capacity, and learn specific strategies and interactions that grow healthy brains. After engaging with the content of this training, participants will have a better understanding of the core components used to support the growth of all learners.</p>	<p>3 hours            (1-hour child development, 1-hour professionalism, 1-hour Special Needs)            \$15.00; Must pre-register</p>
<p><b>Early Childhood STEAM</b>  <b>Wednesday, January 29th</b>            6:00 p.m. — 9:00 p.m.</p>	<p>In this interactive training, activities from the STEAM Mobil Learning Lab will be shared. Participants will explore how STEAM [Science, Technology, Engineering, Arts and Math] concepts can be encouraged in the early childhood environment. We will take a good look at how these concepts support creative thinking and problem solving skills which lead to future success.</p>	<p>3 hours Curriculum            \$15.00; Must pre-register</p>
<p><b>It's the Questions, not the Answers</b>  <b>Thursday, January 30th</b>            6:00 p.m. — 8:00 p.m.</p>	<p>Participants will learn how to encourage STEM learning and foster children's innate curiosity by using the Inquiry Teaching Model. Providers will reflect on what they are already doing and how they can increase their language and ability to support children with STEM learning.</p>	<p>2 hours Curriculum            \$15.00; Must pre-register</p>

# February 2025

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Emotions Matter
2	3	4	5 New - Enjoying Special Moments w/ Infants and Toddlers	6 Understanding temperament	7	8 Transition Techniques  Medication Administration
9	10	11	12 Jumping into Social Emotional Development	13 Working with Mixed aged groups	14	15
16	17 President's Day TFT Closed	18	19 Why Play Matters	20 SIDS, SUIDS and other Sleep Related Infant Deaths	21	22
23	24	25	26 Infants and Toddlers Developing a Sense of Self  Flip It!	27 Making the most of your circle time  Flip It!	28	

To register online, go to <https://familytreemd.org/bccrc/>



**ALL CLASSES WILL BE HELD VIRTUALLY UNLESS MARKED IN RED. SEE COURSE DESCRIPTIONS FOR DETAILS.**

**Raising families up.**

24-hour Parenting Helpline: 1.800.243.7337

2108 North Charles Street  
Baltimore, MD 21218  
410-889-2300  
[familytreemd.org](https://familytreemd.org)

# Training Descriptions February 2025

To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<p><b>Emotions Matter</b>  <b>Saturday, February 1st</b>            9:00 a.m. — 12:00 p.m.</p>	<p>Children experience many emotions throughout the day. Learn why these emotions, positive and negative, have an impact on their development and learn why it is important to teach children how to handle those emotions.</p>	<p>3 hours Child Development            \$15.00; Must pre-register</p>
<p><b>Enjoying Special Moments w/ Infants and Toddlers</b>  <b>*NEW</b>  <b>Wednesday, February 5th</b>            6:00 p.m. — 8:00 p.m.</p>	<p>Participants will learn how to encourage STEM learning and foster children's innate curiosity by using the Inquiry Teaching Model. Providers will reflect on what they are already doing and how they can increase their language and ability to support children with STEM learning.</p>	<p>2 hours Curriculum            \$15.00; Must pre-register</p>
<p><b>Understanding Temperament: Implications for Working with Young Children</b>  <b>Thursday, February 6th</b>            6:00 p.m. — 9:00 p.m.</p>	<p>In this training, participants will learn the definition of temperament and its nine traits, the three main types of temperament and the term, 'goodness of fit.' Through partner discussions, chart activities and case scenarios, participants will actively investigate the best ways to create an environment that will allow for differences in temperament. Temperament as it relates to children with special needs will be explored along with strategies to encourage peer modeling and the building of social skills.</p>	<p>3 hours            (2-hours Child Development, 1-hour Curriculum)            \$15.00; Must pre-register</p>
<p><b>Transition Techniques</b>  <b>Saturday, February 8th</b>            9:00 a.m. — 12:00 p.m.</p>	<p>How long can a child wait? How many transitions do you have during the day? A transition is any time a child shifts from one activity to another, some are planned, and some are not. We will discuss development, social emotional skills, how long children can wait and then join forces to come up with CSEFEL based transition techniques that will be very effective in making those transitions easier and flow smoothly.</p>	<p>3 hours Child Development            \$15.00; Must pre-register</p>
<p><b>Medication Administration</b>  <b>Saturday, February 8th</b>            9:00 a.m. — 3:30 p.m.</p>	<p><b>Note: This class will be held at the Julie Center- 100 S Washington St, Baltimore, MD 21231. This class fulfills the MSDE/OCC requirement for all childcare professionals.</b></p>	<p>6 hours Health, Safety and Nutrition            \$65.00; Must pre-register</p>
<p><b>Jumping Into Social Emotional Development</b>  <b>Wednesday, February 12th</b>            6:00 p.m. — 8:00 p.m.</p>	<p>Children's social and emotional health affects their overall development and learning. Participants will explore the importance of developing social-emotional skills in young children and how they can support those skills with simple materials. Participants will experience using social-emotional materials and will create materials to utilize in their own program.</p>	<p>2 hours Curriculum            \$15.00; Must pre-register</p>
<p><b>Working with Mixed Aged Groups</b>  <b>Thursday, February 13th</b>            6:00 p.m. — 9:00 p.m.</p>	<p>Working with a group of children who are different ages presents child care providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules and meet the needs of each child.</p>	<p>3 hours            (2 hours Child Development, 1 hour Curriculum)            \$15.00; Must pre-register</p>
<p><b>Why Play Matters</b>  <b>Wednesday, February 19th</b>            6:00 p.m. — 8:00 p.m.</p>	<p>This interactive training will seek to build participants knowledge and understanding of the importance of play in the physical, cognitive and social development of children. This training will discuss the various aspects of play and the roles that each type plays in the growth and development of children. This training will conclude with discussing strategies for integrating developmentally appropriate practices into curriculum and daily activities to meet the individual needs of child</p>	<p>2 hours Child Development            \$15.00; Must pre-register</p>

# Training Descriptions February 2025 (continued)

To register, click on the course title in pink.

Course and Date:	Course Description:	Topic and Cost:
<p><b>SIDS, SUIDS and other Sleep-Related Infant Deaths</b>  <b>Thursday, February 20th</b>                      6:00 p.m. — 8:00 p.m.</p>	<p>As infant and toddler caregivers, it is important to understand SIDS and sleep-related deaths, including the many strategies which can be implemented to reduce the risk of sleep-related death. Participants will review what is SIDS and sleep-related death, review recent research and statistics, gain greater understanding of the role child care plays in keeping infants safe, and the recommendations and strategies for keeping children safe. This class fulfills the MSDE requirement for SIDS training.</p>	<p>2 hours Health, Safety &amp; Nutrition                      \$15.00; Must pre-register</p>
<p><b>Infants and Toddlers Developing a Sense of Self</b>  <b>Wednesday, February 26th</b>                      6:00 p.m. — 9:00 p.m.</p>	<p>As infant and toddler caregivers, our values and practices shape our responses to the children we care for and children quickly become sophisticated in interpreting our behaviors and responses. Infants take these adult responses to heart and incorporate them into their sense of self. It is our responsibility to respond in ways that keep infants rooted in their culture and firmly attached to their family. This interactive training will explore how children develop a sense of self through interaction with and how caregivers can support these interactions with specific “Caregiving Gifts” that help support a healthy social identity and sense of belonging.</p>	<p>3 hours                      (1-hour Child Development, 1-hour Community, 1-hour Professionalism)                      \$15.00; Must pre-register</p>
<p><b>Making the Most of your Circle Time</b>  <b>Thursday, February 27th</b>                      6:00 p.m. — 8:00 p.m.</p>	<p>This training is an in-depth dissection of the major components that commonly influence successful circle time structure, behavior, and philosophies, including a detailed comparison of small group vs whole group.</p>	<p>2 hours Curriculum                      \$15.00; Must pre-register</p>

# Important Policies

## MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals can be found here (<https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>).

If you are not satisfied with the way your concern is handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659-7701 or at [MCCRNinfo@marylandfamilynetwork.org](mailto:MCCRNinfo@marylandfamilynetwork.org). As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.



## LOCATE COMPLAINT POLICY

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well. Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined: Less Serious Complaint – No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child. Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child. Serious Complaint: any threat to the immediate health, safety, or welfare of a child. When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided. When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the “hold” on the provider/facility until the agency’s disposition of the complaint is known. Should the investigation result in no action, the “hold” status is removed from that provider’s/facility’s records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE’s actions in writing. A provider may appeal the LOCATE Director’s decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network. It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents’ and children’s rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, Director, LOCATE: Child Care at 410-659-7701.



## Important Registration Policies

When registering for training classes at BCCRC please remember the following:

- **Pre-registration is required. Registration and payment must be received three days in advance of the training.**
- **Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration.**
- Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
- A confirmation letter will be sent for all classes — please read your letter carefully. You will not receive reminders for each class.
- Payment can be made by check, money order or credit card. **No cash please.**
- Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
- Workshops are for adults only. Please make child care arrangements in advance — children will not be admitted to a training class.
- Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.

### TO REGISTER FOR CLASSES:

- Register with credit card on-line at [www.bccrc.org](http://www.bccrc.org). To receive a registration form via email contact Jennell Bailey at [jbailey@familytreemd.org](mailto:jbailey@familytreemd.org).
- Remember — registrations must be received at BCCRC three days prior to the scheduled training.

## Important Telephone Numbers and Contacts

### Baltimore City Child Care Resource Center

Main Number.....410-889-2300  
 LOCATE:ChildCare[tollfree].....1-877-261-0060  
 FAX.....410-685-2100

### Other Agencies

Office of Child Care – Region II.....410-554-8300  
 MDStateDepartmentofEducation.....410-767-0100  
 CCS Provider Helpline [toll free].....1-866-243-8796  
 Protective Services.....410-361-2235  
 Medical Assistance/WIC.....410-396-9427  
 ChildCareFoodProgram.....410-767-0214  
 MarylandFamilyNetwork.....410-659-7701  
 Maryland State Child Care Association (MSCCA)  
 Christina Peusch, Executive Director.....410-820-9196  
 MSCCA, Baltimore City Chapter  
 Jennifer Dorsey, President.....443-835-0738  
 Baltimore Child Care Coalition  
 Email.....baltimorechildcarecoalition@gmail.com  
 The Family Tree.....410-889-2300  
 24-hour Parenting Helpline:.....1-800-243-7337

## Bulletin

For more information about any of the articles in this newsletter, call BCCRC at 410-889-2300, mention the article and we will direct your call to the BCCRC staff member who can help you.

### E-mail us at:

[childcare@bccrc.org](mailto:childcare@bccrc.org)

### Our mailing address is:

The Family Tree —  
 BCCRC  
 2108 N. Charles Street  
 Baltimore, MD 21218

### Our fax number is:

410-685-2100



The Baltimore City Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network and The Family Tree.

